

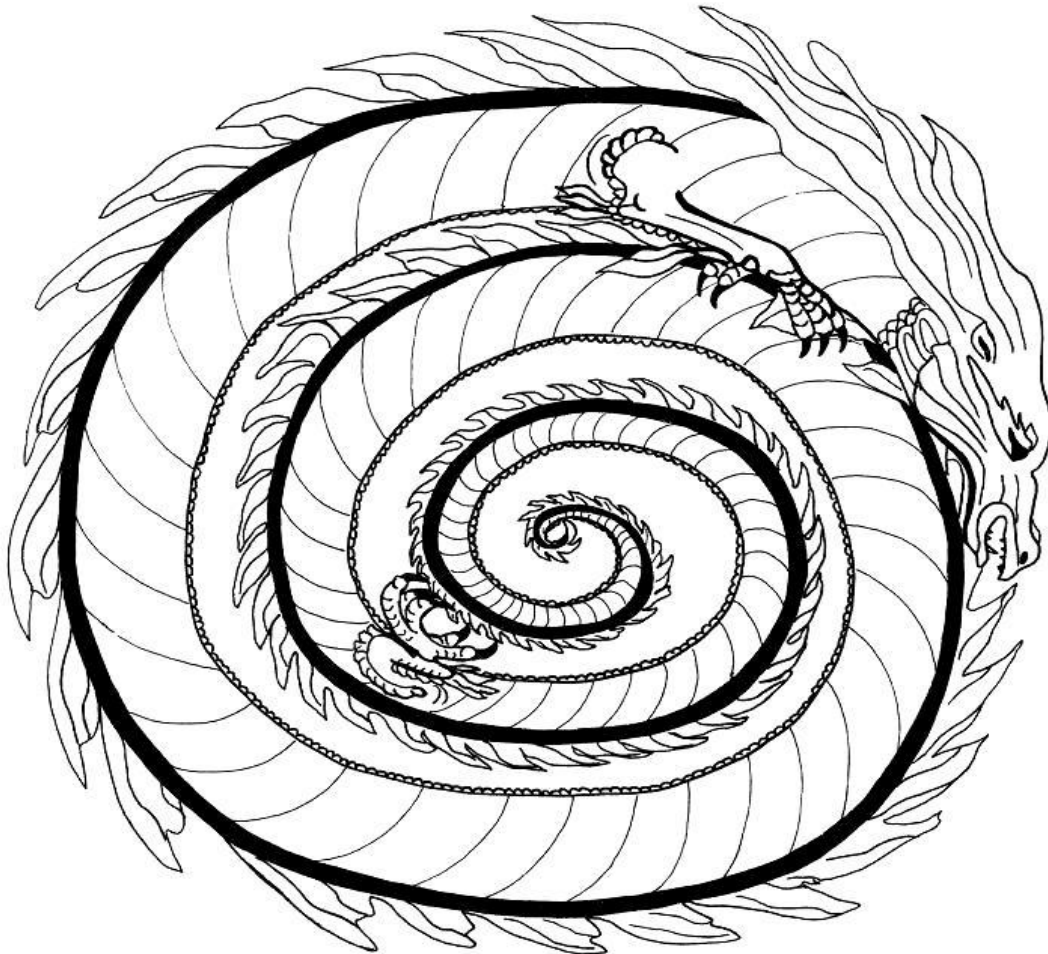
**72 mandalas for painting in
meditation - mandalas worldwide
Presentation by Michael
Palomino 2005 / 2007**

Dragón mándalas



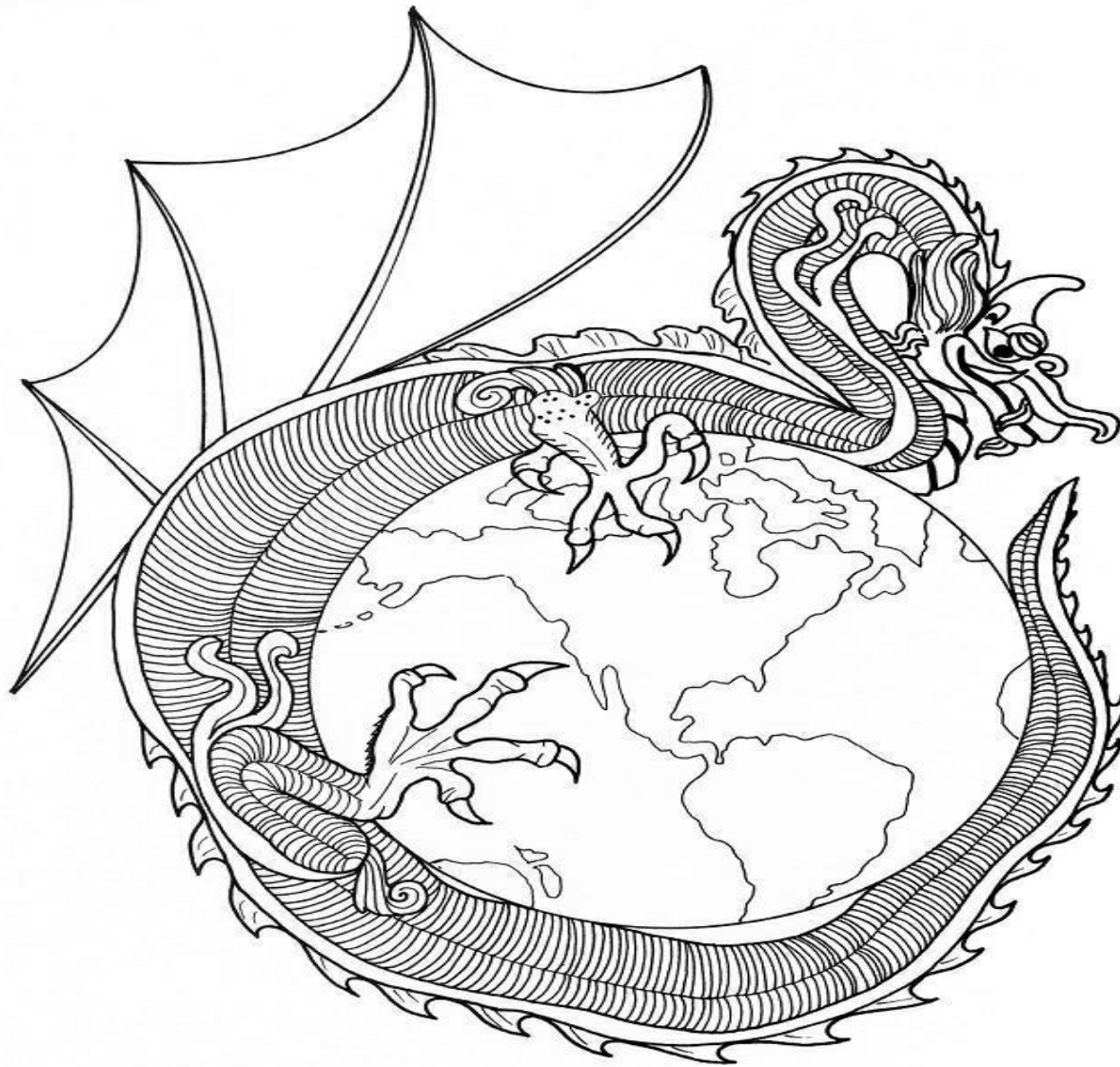
- The Dragon is looking for the Lucky Pearl
The Chinese dragon, representation for the eternal moving life and effort is chasing a lucky pearl here, the symbol of perfection, infinity and purity.

Dragon mandalas



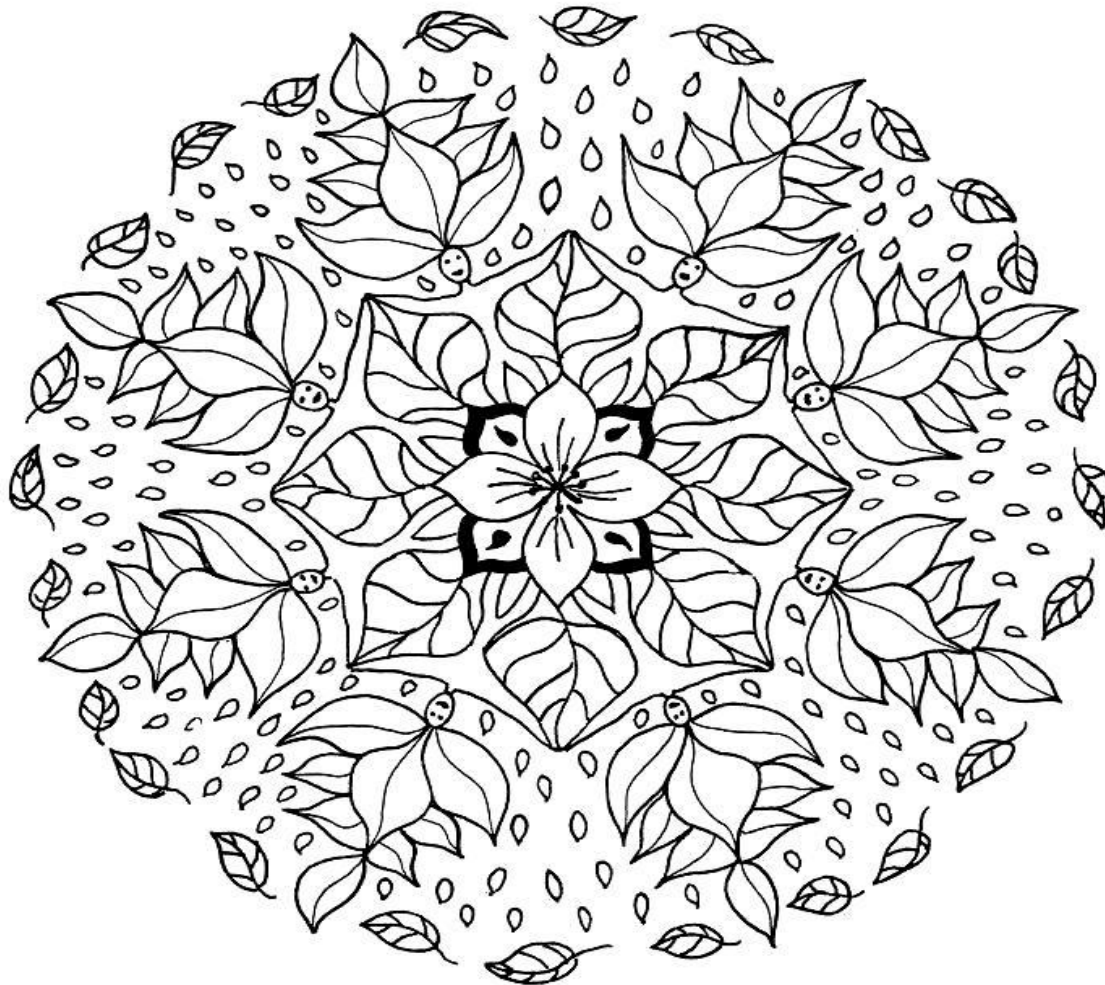
- The fire dragon in spiral form
The fire dragon stands for the stupendous power of Creation

Dragon mandalas



- The World's dragon is creating life to Earth. The dragon as the aggregation of the good nature powers. By the aggregation of mind and matter he is awakening Earth to life.

Elf mandalas



- Mandala with Flower Elfs

Elf mandalas



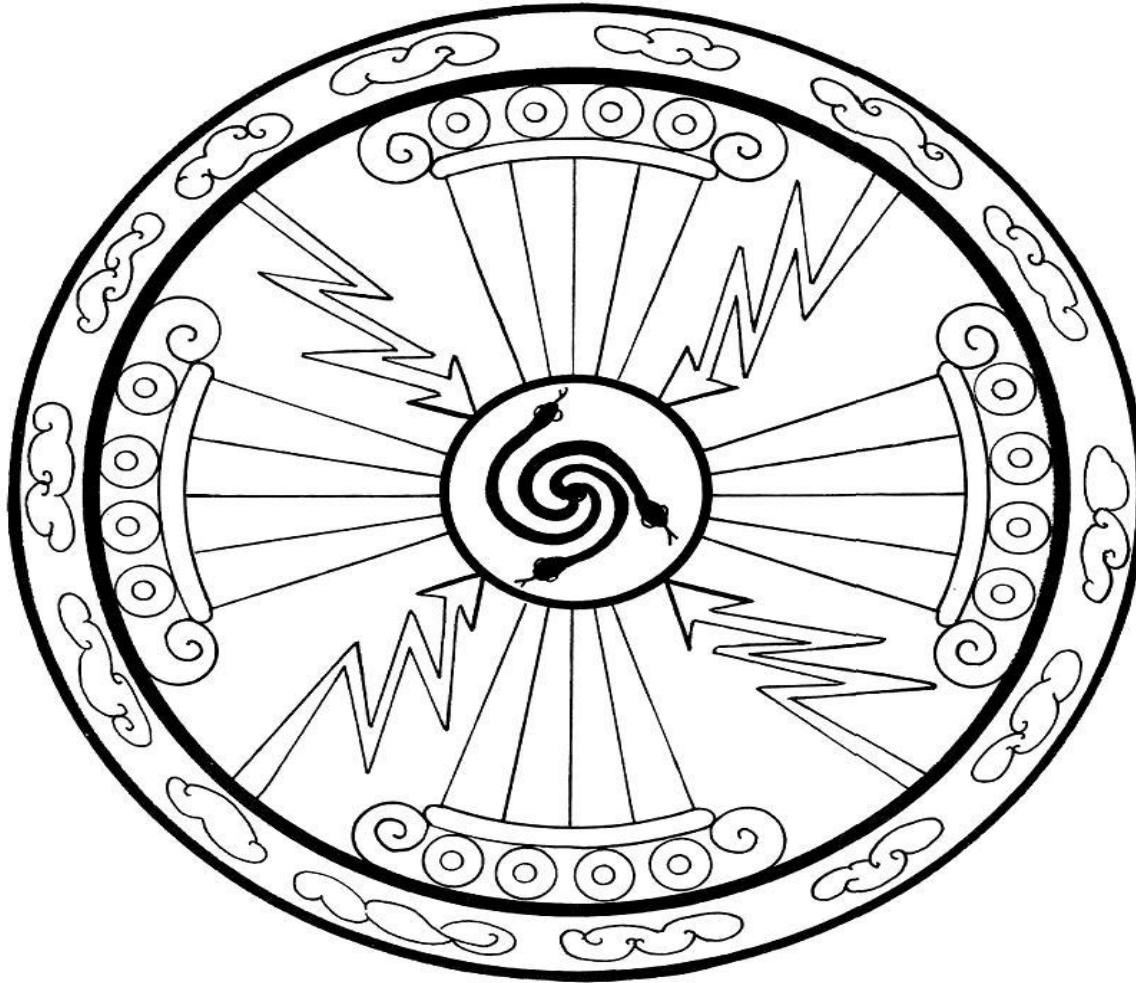
- Young Elfs in a Rose Mandala
The rose stands for light, love and life, but also for secrecy. Here the rose is put together with the elfs who are vitalizing and developing the rose.

Elf mandalas



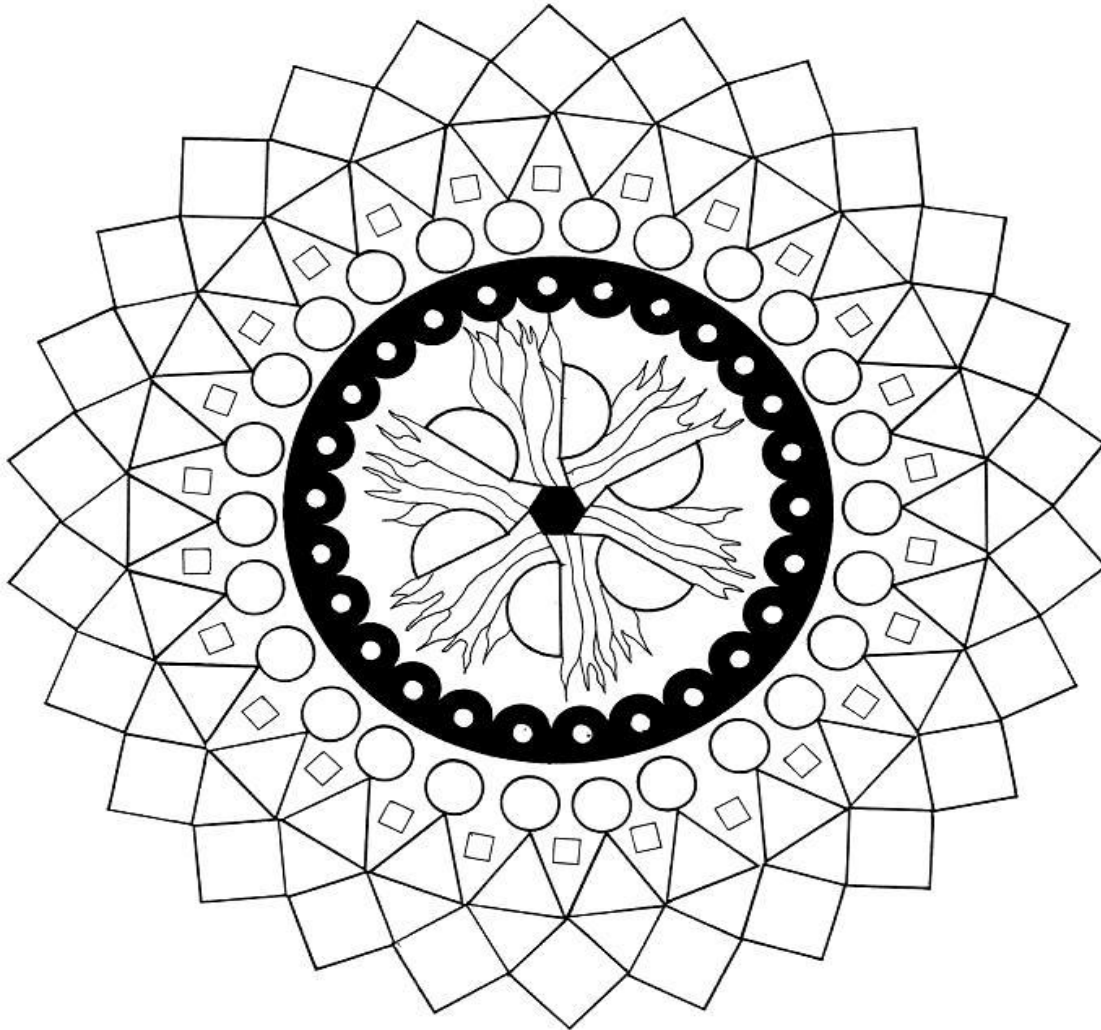
- Elf Mandala:
Dance into
the Autumn /
Fall
[in the leaves
of vine].

Energy mandalas



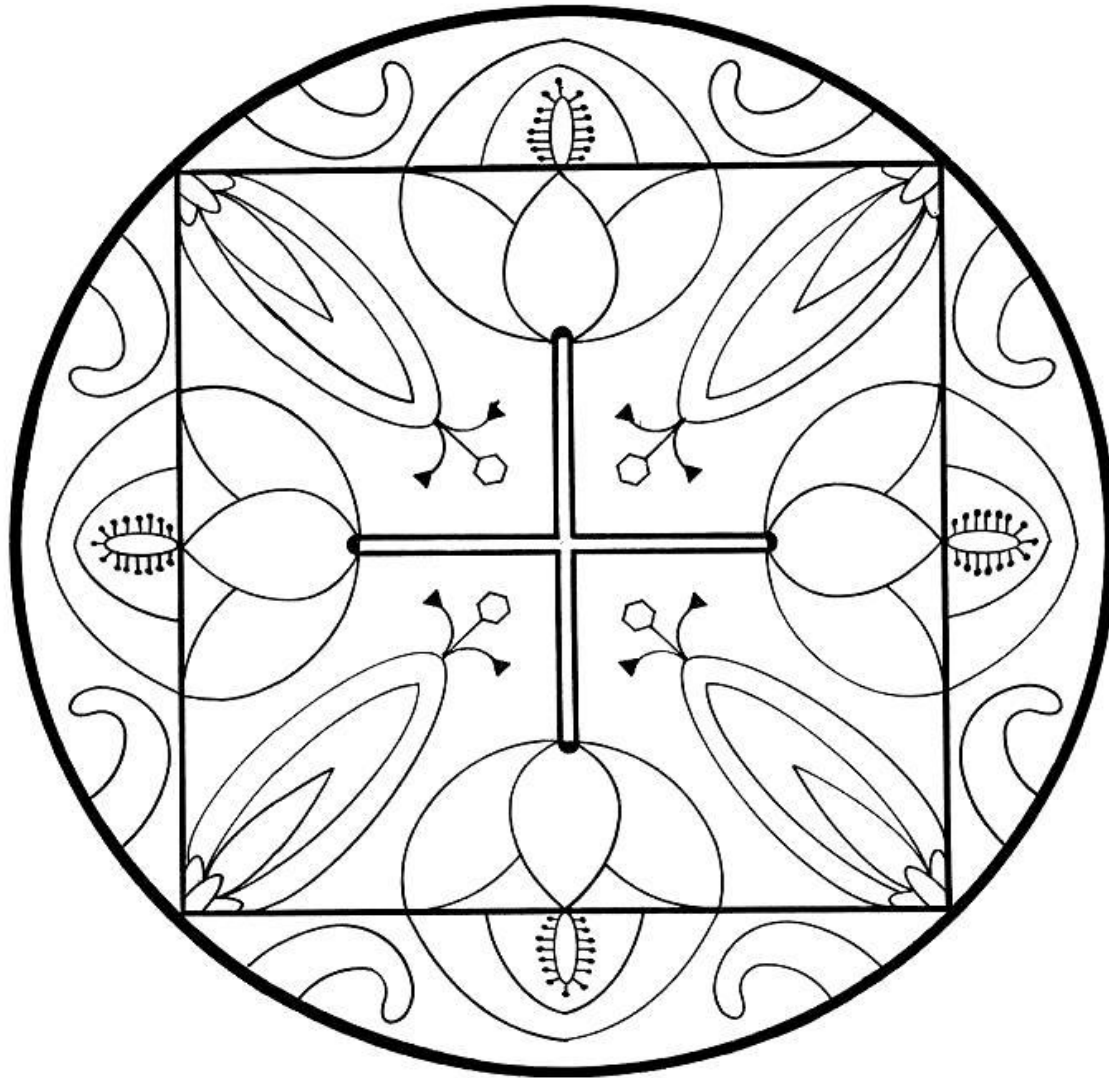
- Energy Mandala
In the outer circle Heaven is presented which is supported by four piles. The inner circle shows the development of life starting from the cosmic center. The flashes are representing Heaven's energy giving life and fertility.

Energy mandalas



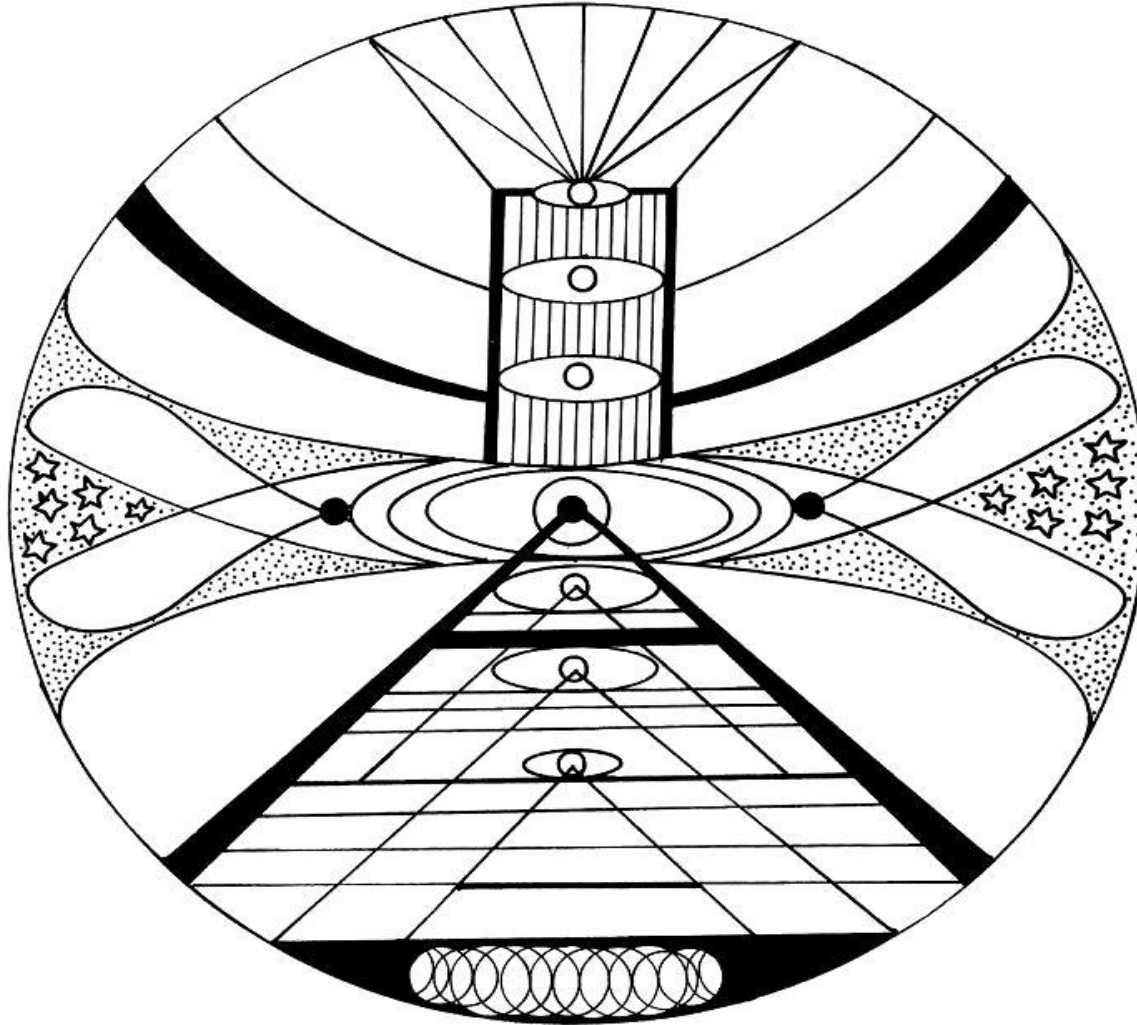
- Energy Mandala of the Four Elements
Presentation of the four elements and each other's penetration in the symbolism of the stupas (Buddhist temple): square = Earth, circle = water, triangle = fire, semicircle = air.

Energy mandalas



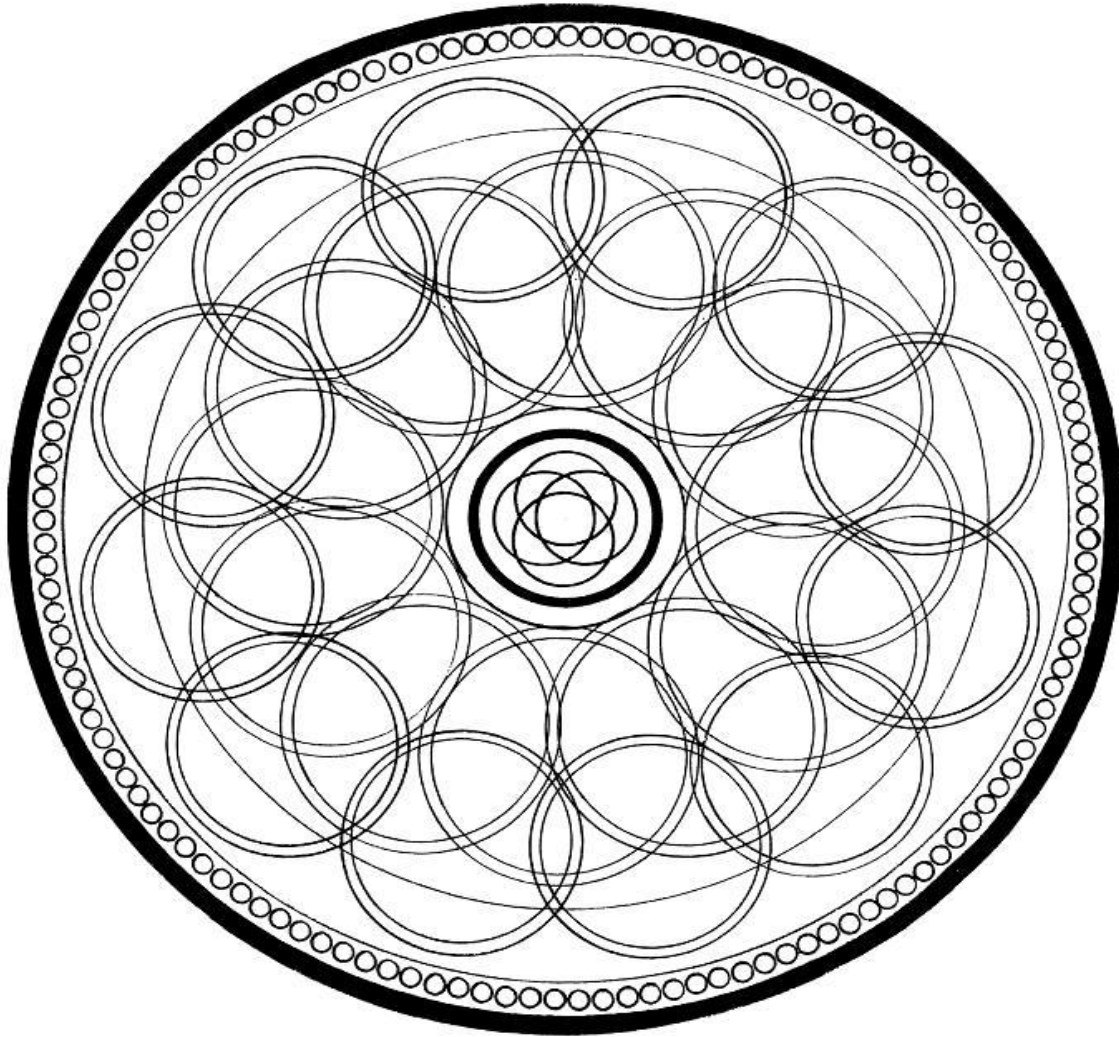
Spring
Mandala

Energy mandalas



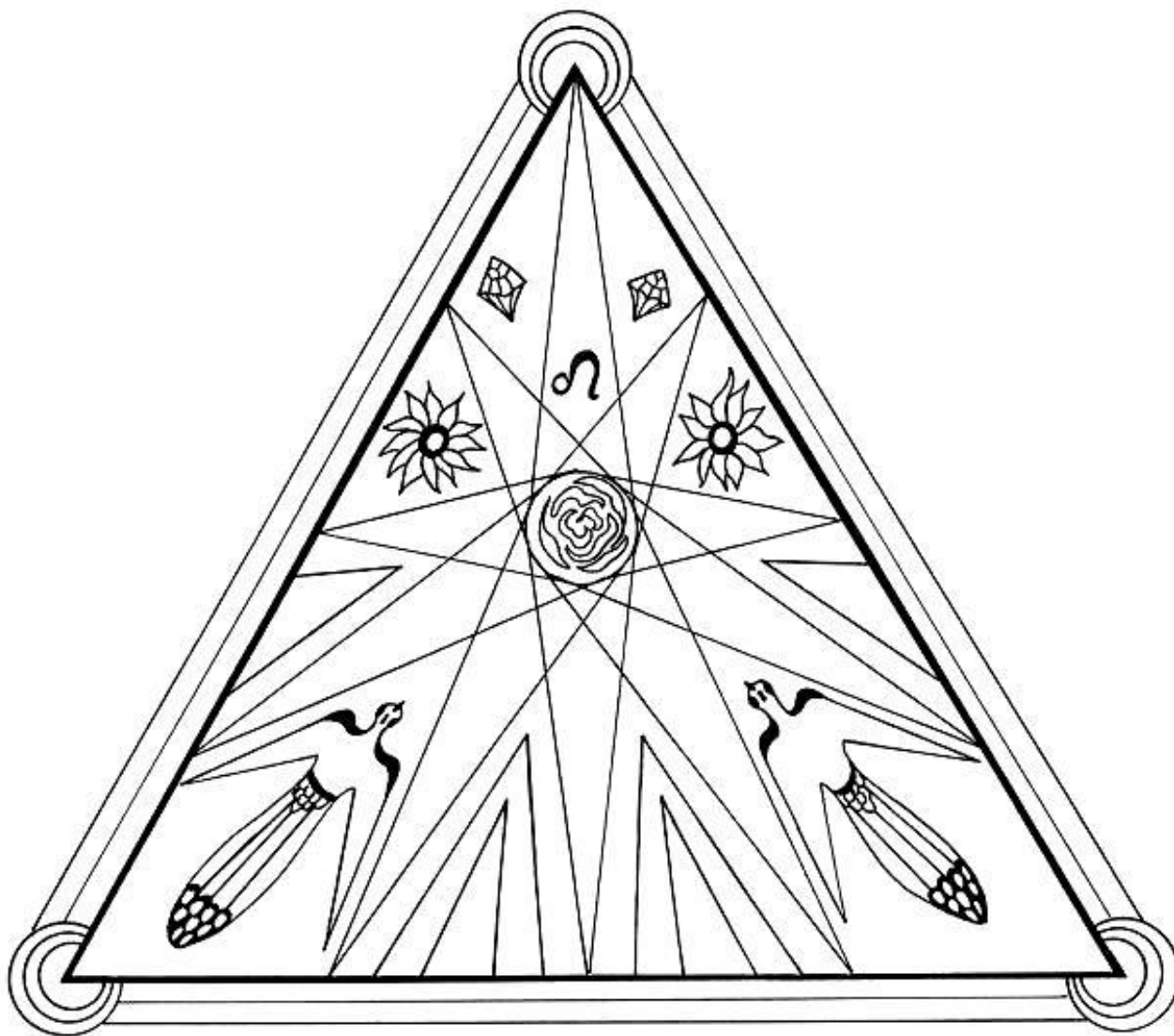
Cosmic Mandala
Presentation of the
seven spheres
(ellipses and circles)
and their conjunctions

Energy mandalas



Circle Mandala -
Atomic Structures
Circles which are
labyrinthine
presenting the
atomic structures.

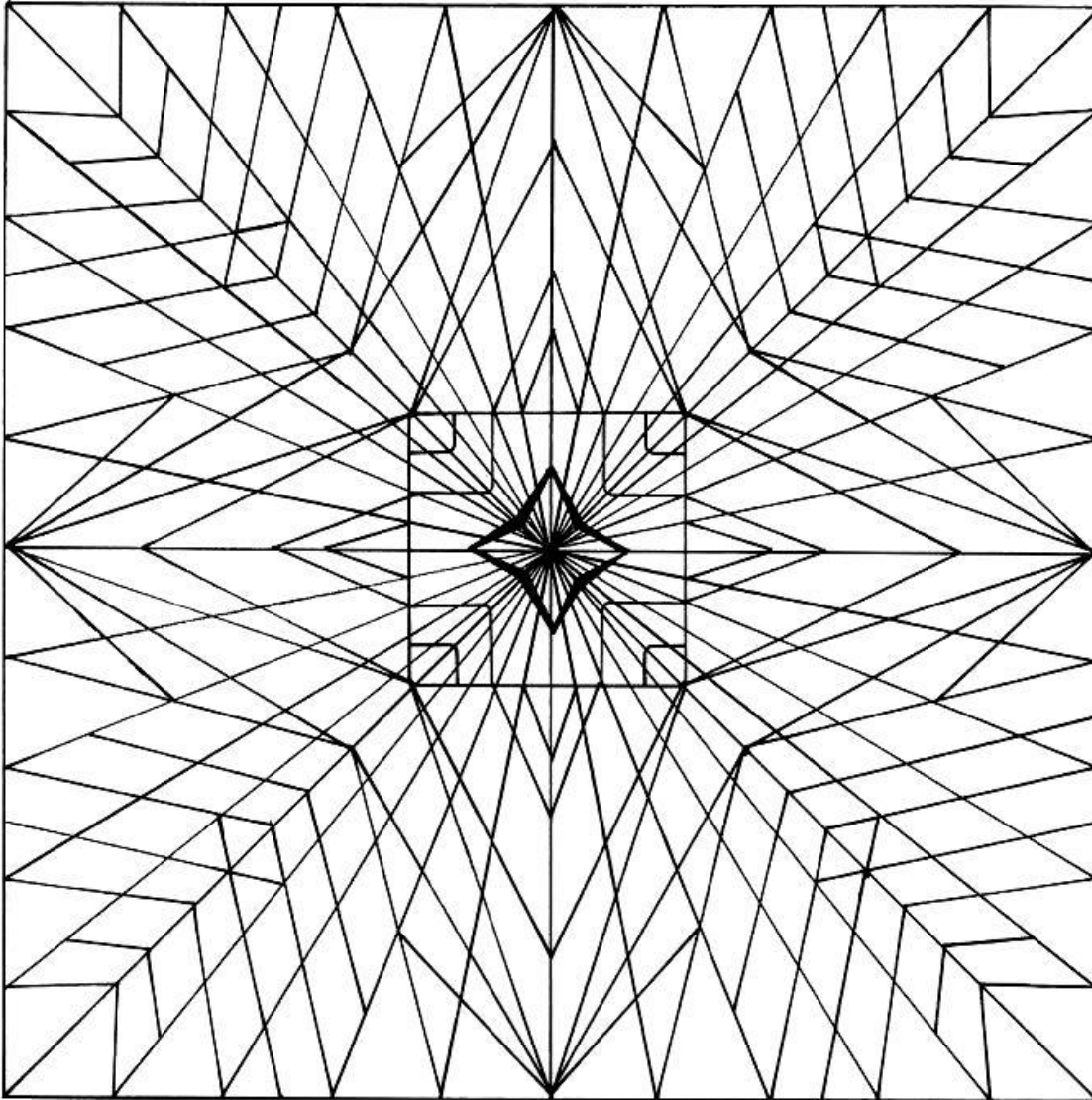
Energy mandalas



Fire Mandala

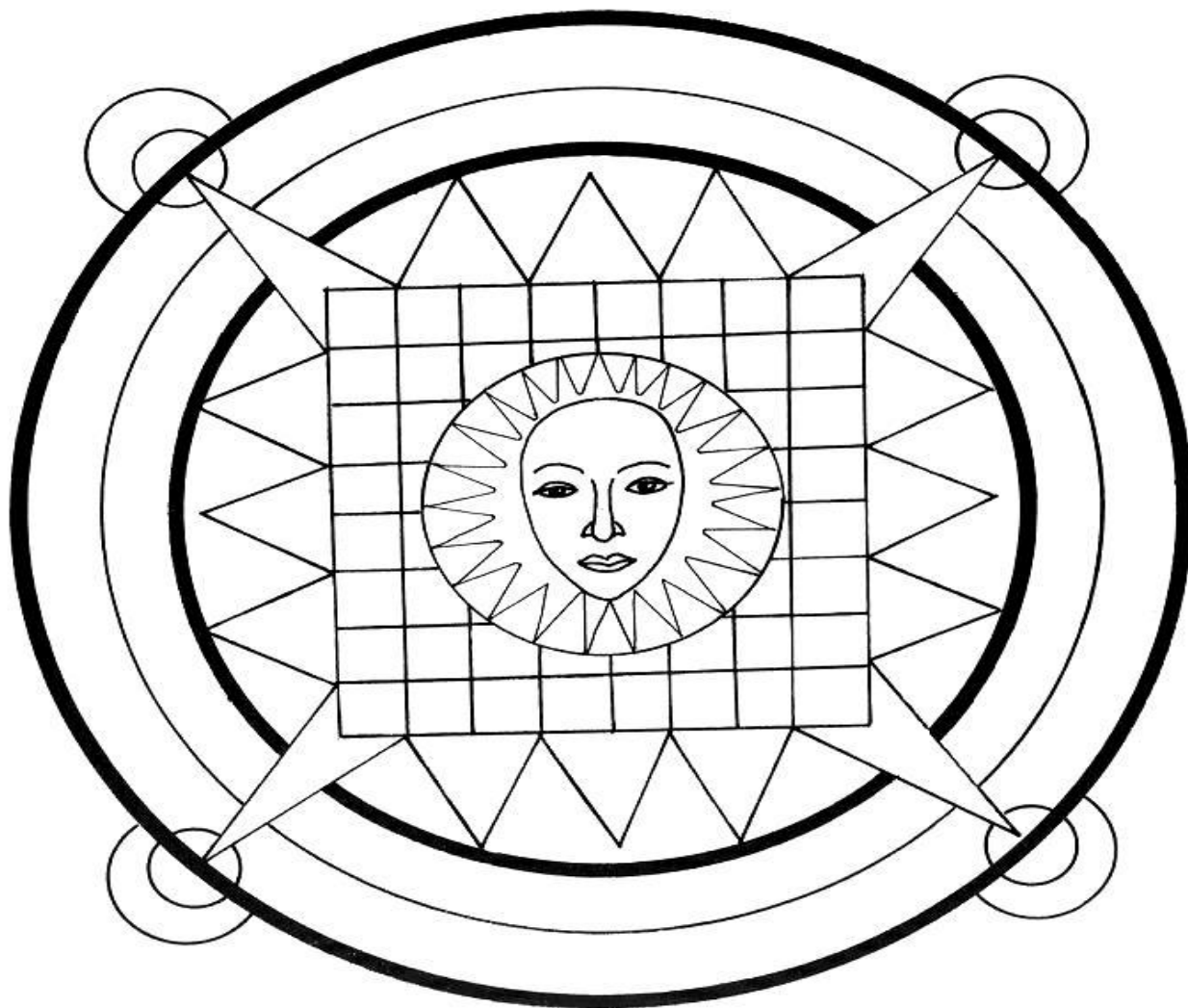
The triangle [orientated to the top] represents the fire principle, associated with the Sun (planet), the peacock (animal), the diamond (stone), the Lion (zodiac sign) and the rose (plant).

Energy mandalas



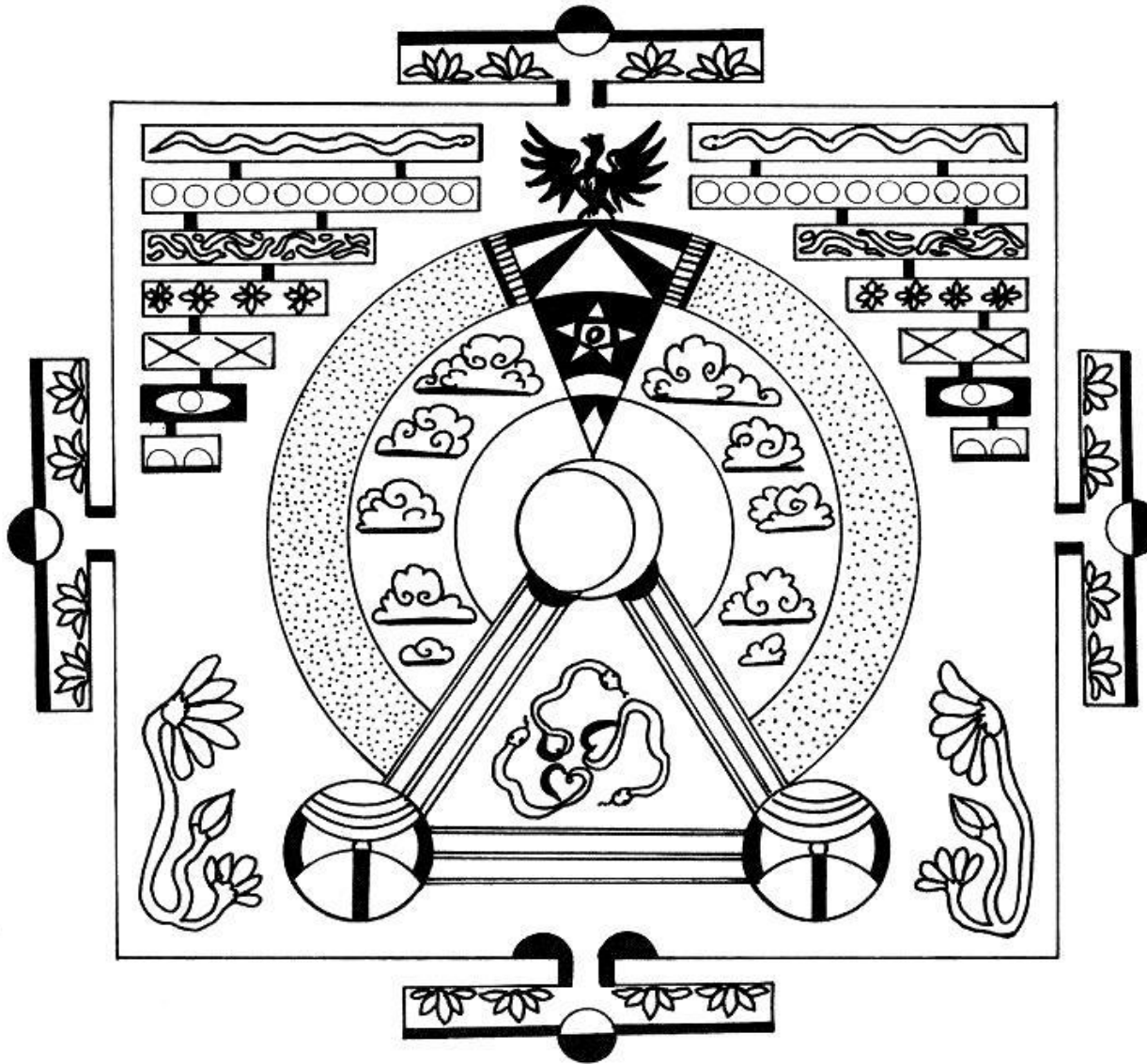
- Web Mandala with Star figures
The main lines are starting from the center going outward.
Together with the diagonal lines they form new geometric forms as triangles, rhombs and squares, and these are forming new stars as well.

Energy mandalas



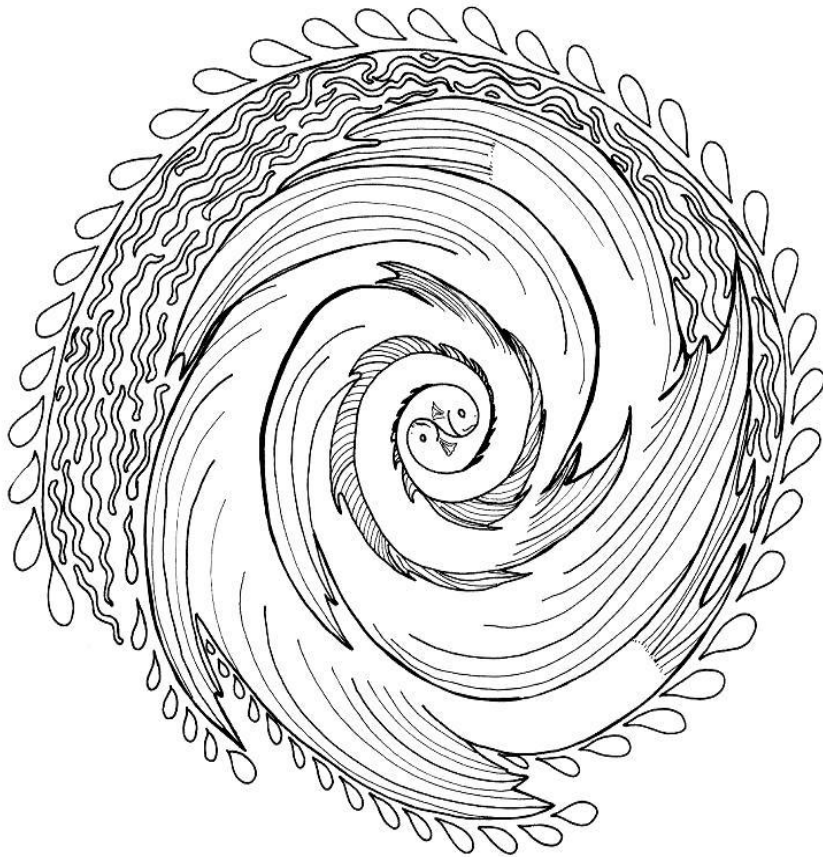
Sun's
Face

Energy mandalas



- Magic Energy Mandala
Symbol of the unification of the inner and the outer worlds to a cosmic unity. At the base is the ninth key (3 hearts formed by 3 snakes) as a symbol of the unification of male and female principle. On the right and on the left the symbol of the doubled axis is placed representing growing and waning moon, also representing life and death.

Energy Mandalas: Swirl Mandalas



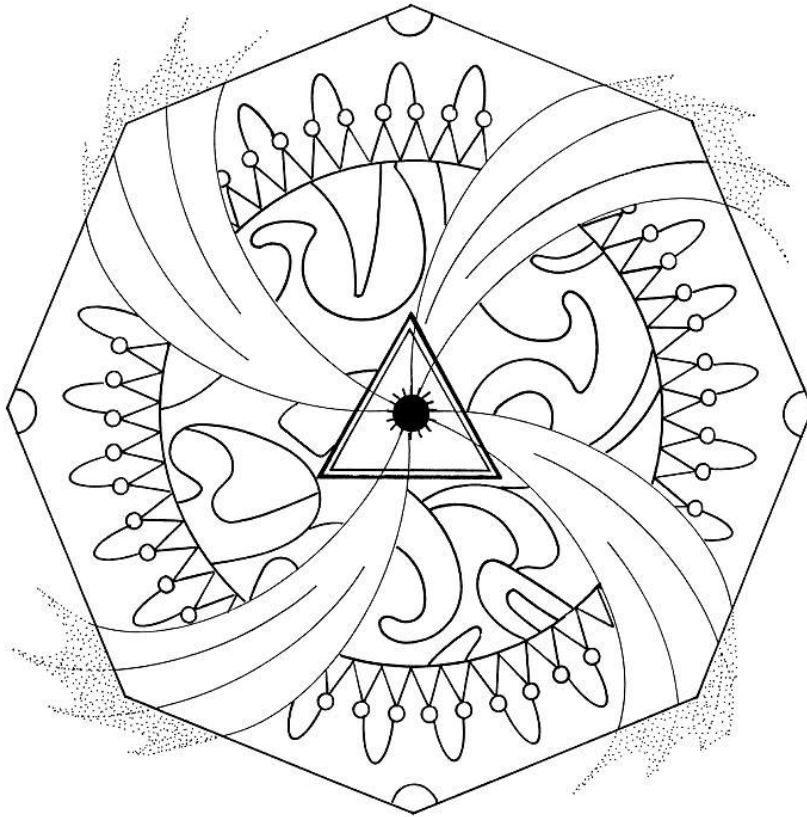
- The basic swirl with fishes in yin yang form
It is represented by two fishes engulfing one another representing the female and the male principle (Yin and Yang).

Energy Mandalas: Swirl Mandalas



- Water mandala with fishes symbolizing water energy [in form of a swirl].

Energy Mandalas: Swirl Mandalas



- Mandala of the manifestation: energy whirl with triangle in cosmic triangle
Four energy swirls are unifying in the cosmic triangle.

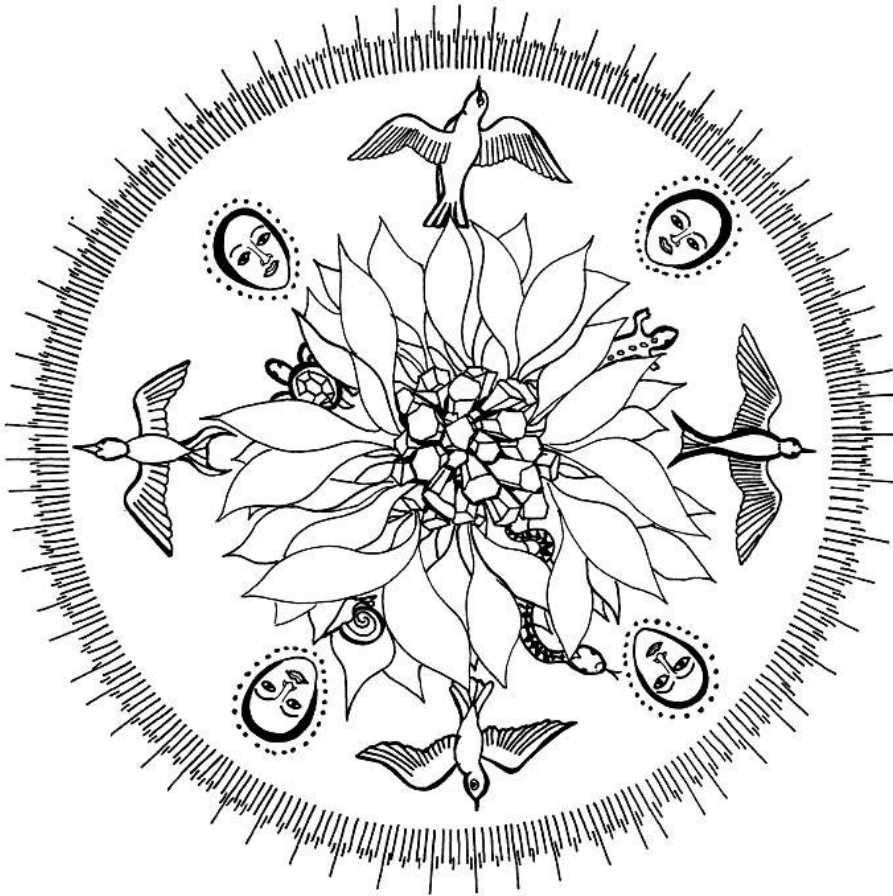
Cognition Mandalas



The Labyrinth

The labyrinth stands for restlessness and the eternal search until the center of the mystic origin is reached.

Cognition Mandalas

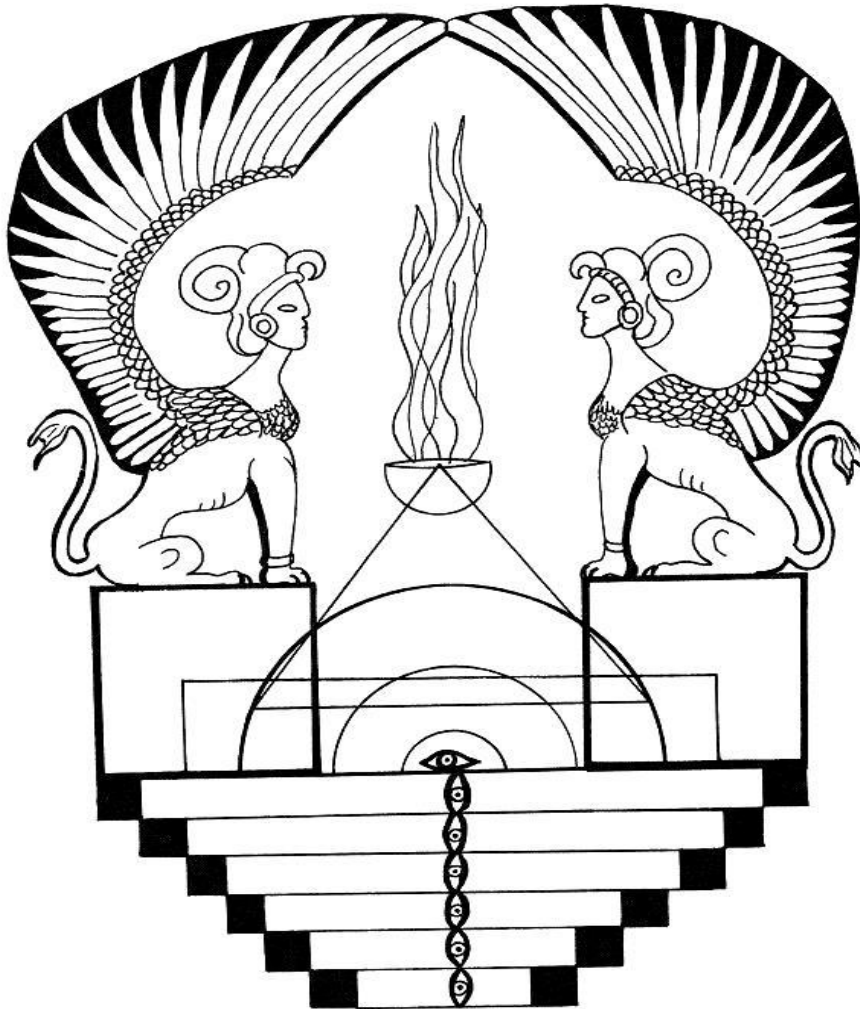


Life Mandala with rise of the consciousness

This mandala represents the rise of the consciousness starting from the unconscious life of the crystals and plants, passing the more conscious life of the animals and arriving the consciousness of the human beings.

[Supplement: The rating has to be individual. Some spirits of "human beings" are not even raising the spirit of nudibranch].

Cognition Mandalas



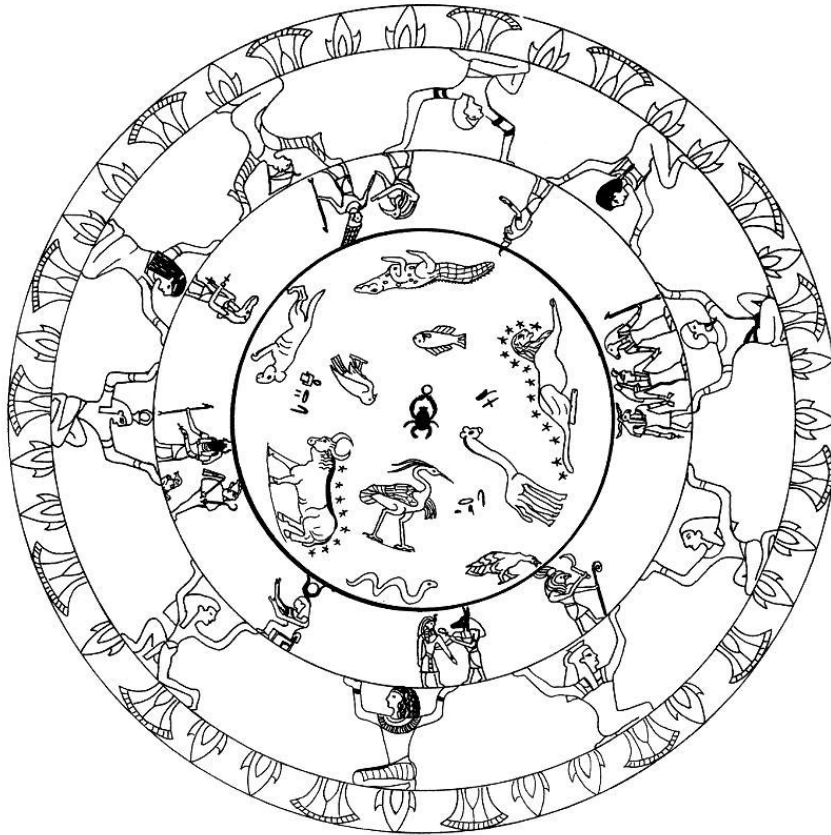
- › Sphinx Mandala: two sphinx and initiation in seven steps
This mandala is symbolizing the way of initiation of the human beings and symbolizing the mystery of it's existence [seven eyes on seven steps are representing the steps of cognition]. The sphinx unifies the four elements represented by the four beings [?].

Cognition Mandalas



- The Siddha Chakra with lotus flower and cognition path
Religious diagram of the Dshainas from Rajasthan (India). It represents an eight petaled lotus telling the path to the highest step of life which is reached in the middle.

Mandalas in Geographic Order



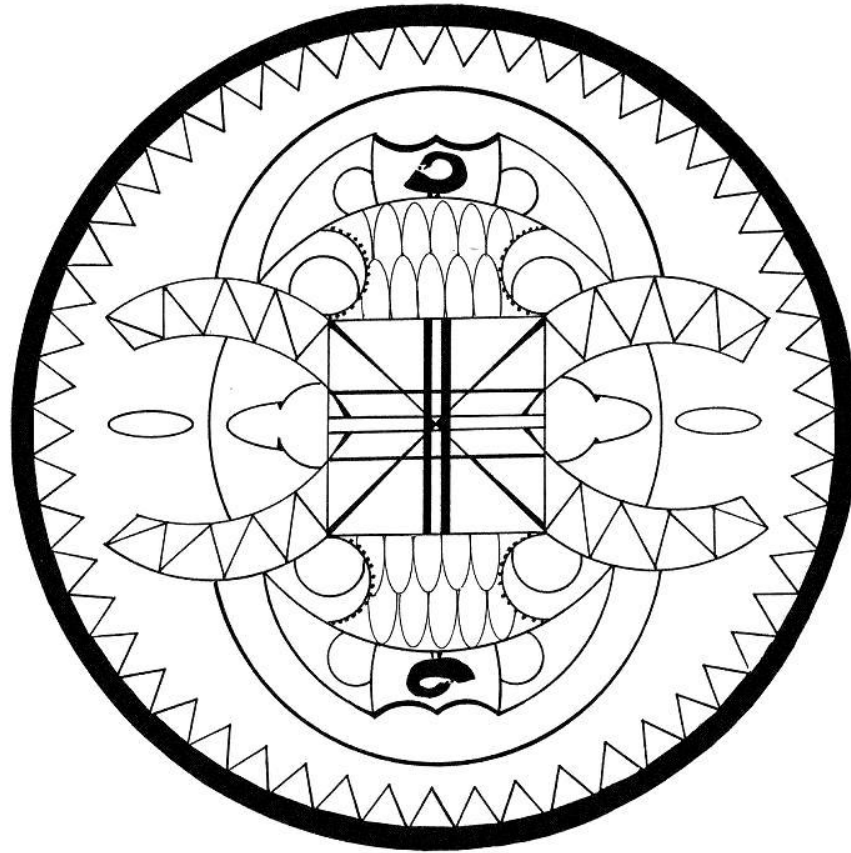
- Africa: Egypt: Astronomy and Worlds
The mandala is empathized with a ceiling painting from the grave of Sethos I. It describes the spheres of influence and the dependencies of the different spheres: the star's world, the gods' world, the world of human beings, and in the outer circle the presentation of the material base of life, field crops and papyrus.

Mandalas in Geographic Order



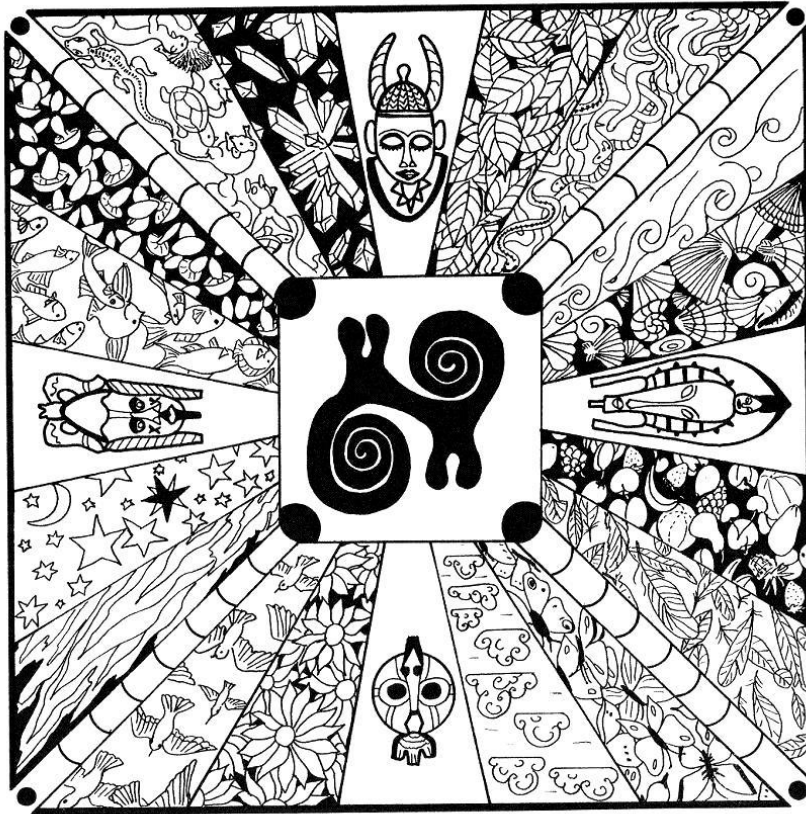
- African Ashanti Mandala with doubled crocodile, sign of God Traditional symbolism of the Ashanti (Ghana). The doubled crocodile in the middle represents the unity in the diversity; the crocodile itself is classified immortal. The mandala is based on a holy chair which represents the holy energies on Earth. In the upper part in the middle of the stylized face the sign of the highest overall God is shown.

Mandalas in Geographic Order



- › African Ashanti mandala with scorpion and bird
Traditional symbolism of the Ashanti (Ghana). The doubled scorpion stands for justice and judgment because for a fair decision at least two sides have to be researched. The scorpion is one of the oldest and most successful animals on Earth. The sign of the bird turning back his head to catch his lost egg stands for the possibility for turning back in all situations of life.

Mandalas in Geographic Order



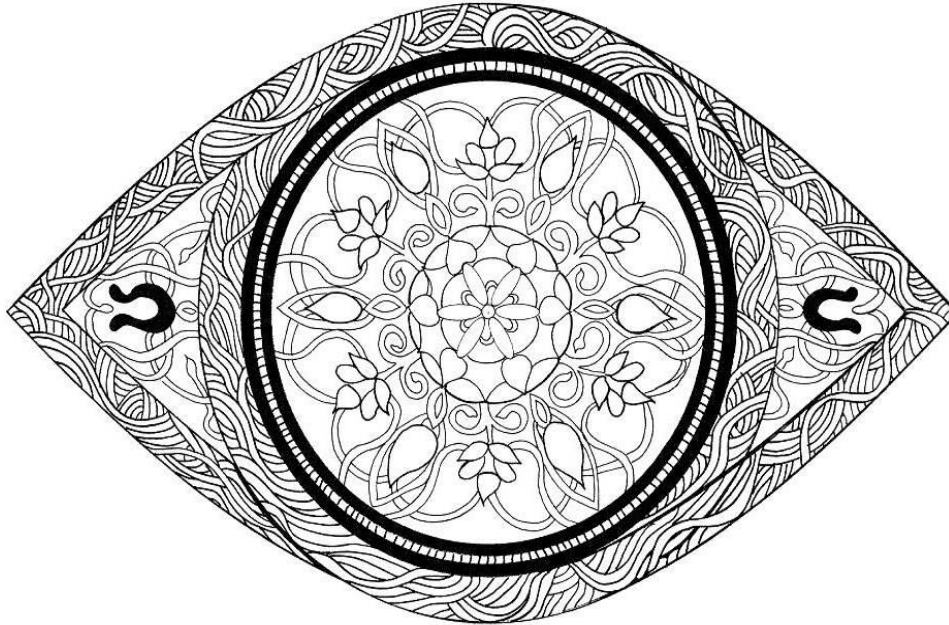
- African Mandala of Ghana, symbolism of unification, masks of the four basic elements
Symbolism from Ghana: The sign in the middle shows the unification of all things and creatures. The masks are standing for the four elements in stylized presentation of animals. The different groups are describing the different living spaces which are forming a unity together.

Mandalas in Geographic Order



- America", Inuit
Mandala: the god of
the Naskapi
Mostly the tribe of the
Naskapi is presenting
his highest God as a
mandala creature.

Native Indian Mandalas



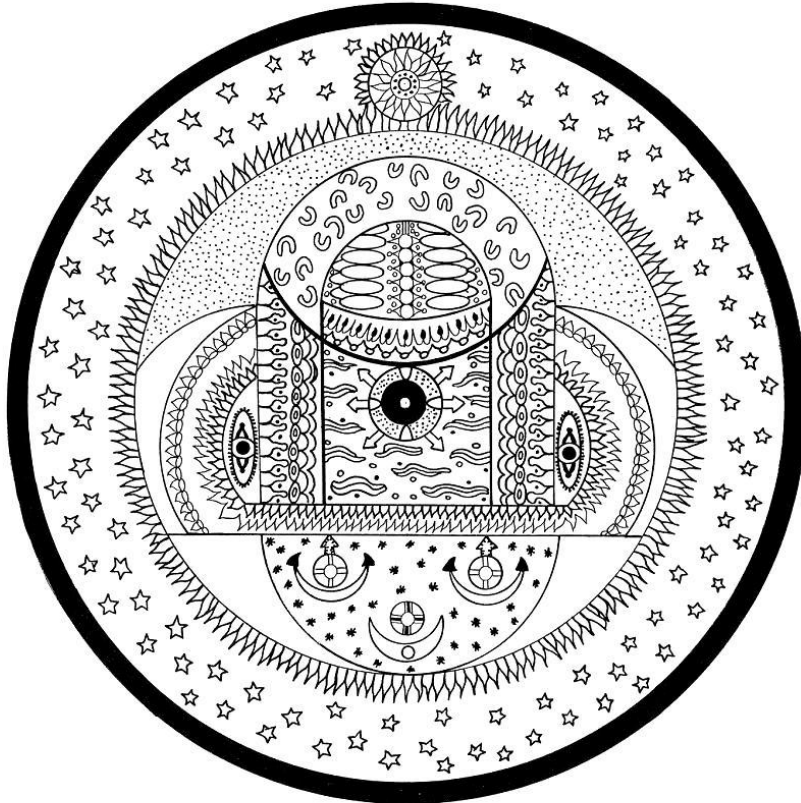
- **Asia: Arab Eye Mandala**
The inner circle stands for the divine wisdom, the outer oval stands for the female principle. The eye is projecting the outer world inwards and the inner world outwards at the same time.

Native Indian Mandalas



- Asia: Assyrian Wing Circle
The wing circle was a favoured symbol of the secret philosophies between 3000 and 1000 a.c. from Egypt to the Two River's Land. The circle represents a special protection and the prime forces effect. Later this symbol was transmitted into the symbolism of the archangels.

Native Indian Mandalas



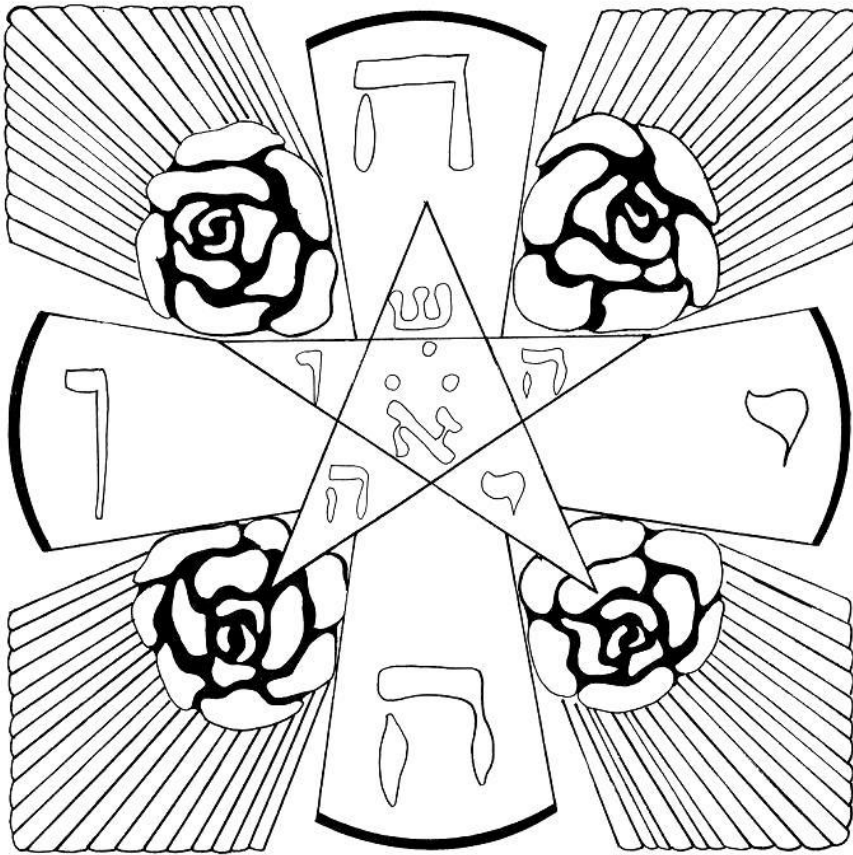
India: Cosmic
Spheres
Display of different
cosmic spheres.

Native Indian Mandalas

- India: Shiva's Dance on a Demon
Shiva - one of the main gods in Hinduism - represents the destruction and creation of nature. In his swirling cosmic dance he is moving the World. He is dancing it on the back of the demon of forgetfulness and carelessness. He is surrounded by a corona of flames and light.

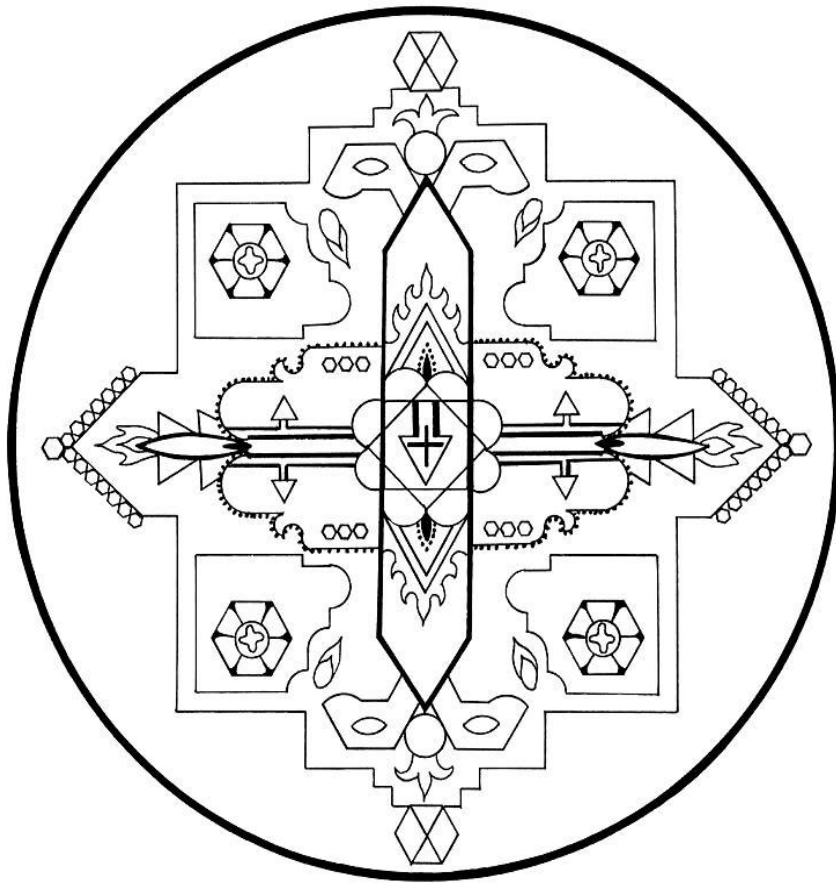


Native Indian Mandalas



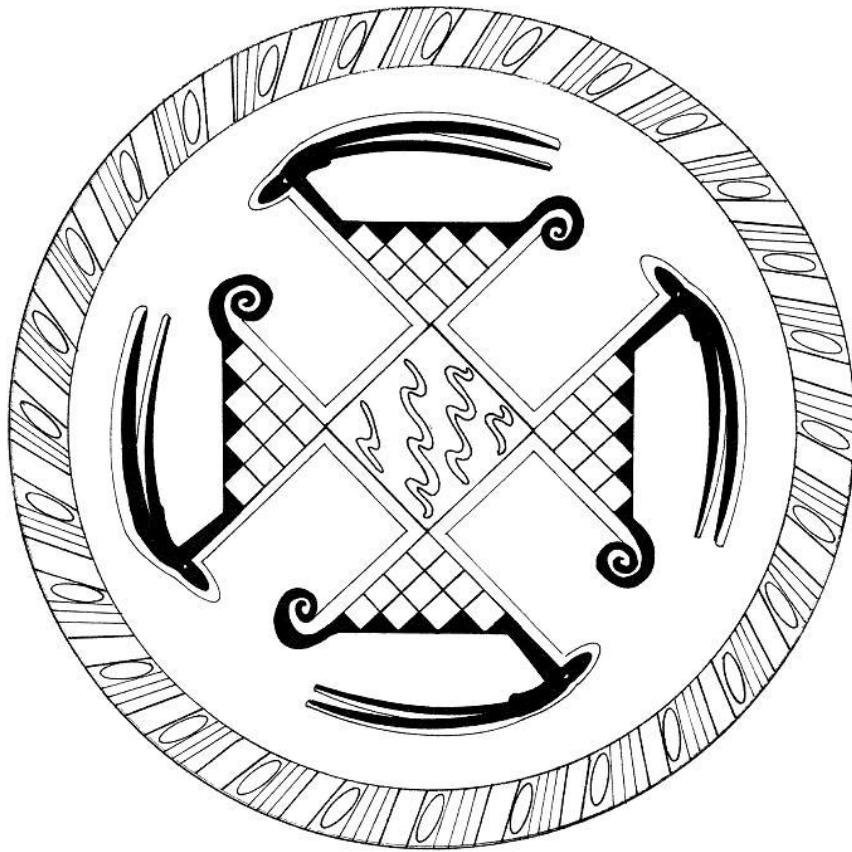
- Jewish mandala: The rose cross, five pointed star and Jahwe in Hebrew
Holy symbol of the secret philosophy of the rose cross group. It represents the development of the spiritual force of the human being. On the cross the name of God JHWH is written in Hebrew letters.

Native Indian Mandalas



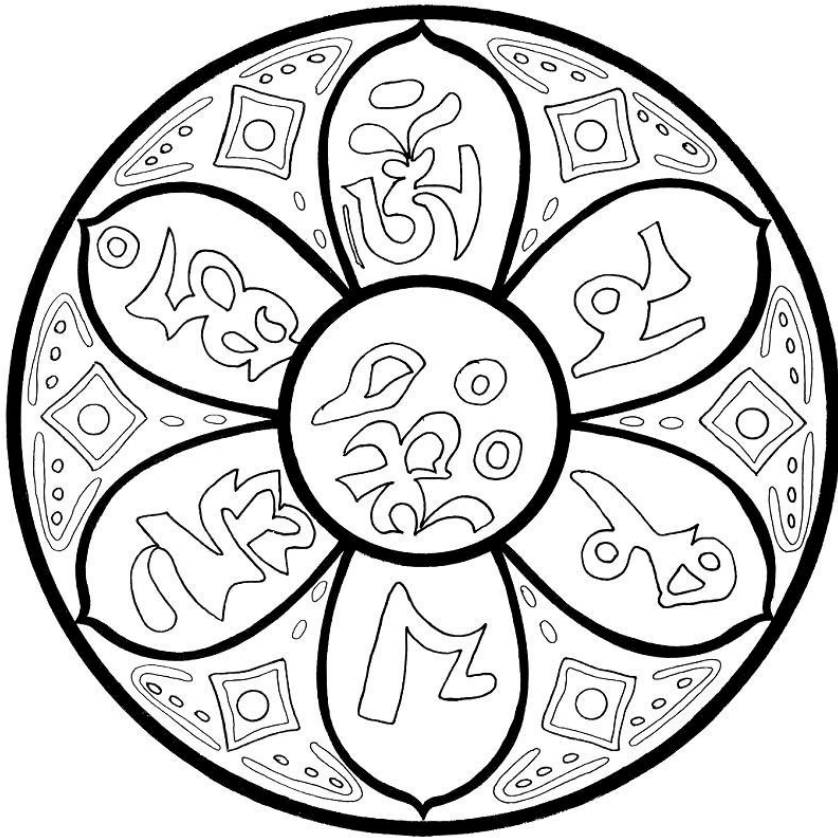
Persian Mandala:
ornamentation
The ornamental base
is typical for the
Persian art of knotting
carpets.

Native Indian Mandalas



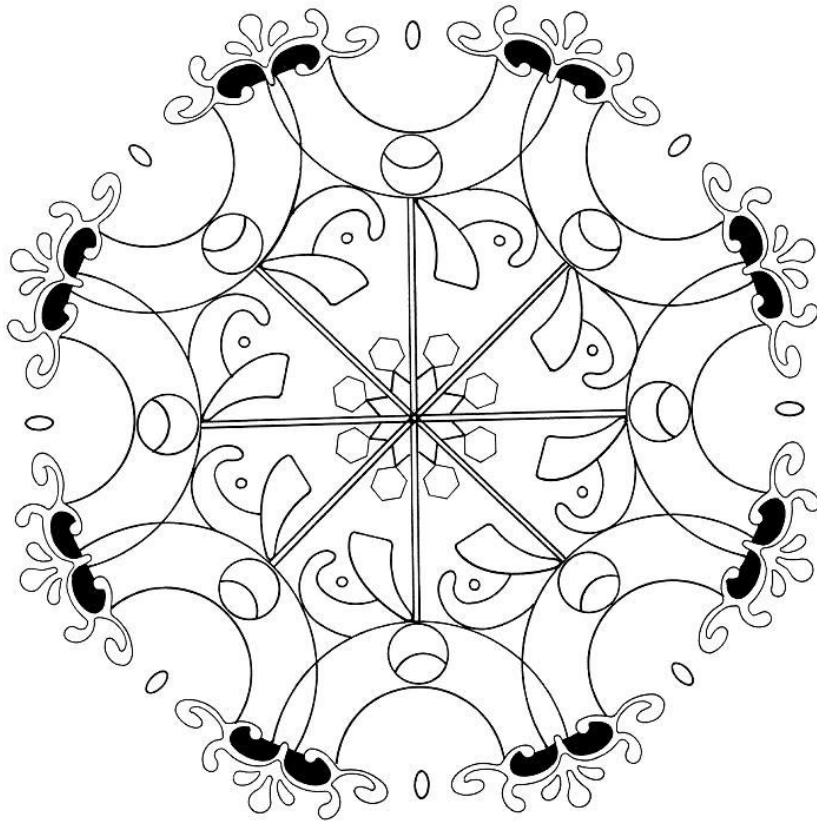
- Sumerer: Water God Ea, goat, fish and water
Symbolic representation of Sumeric God Ea, God of the Water. He was drawn as a mixed being of goat and fish or - as here - as a mixed being of goat and water. In both cases fertility of earth and of water should be expressed.

Native Indian Mandalas



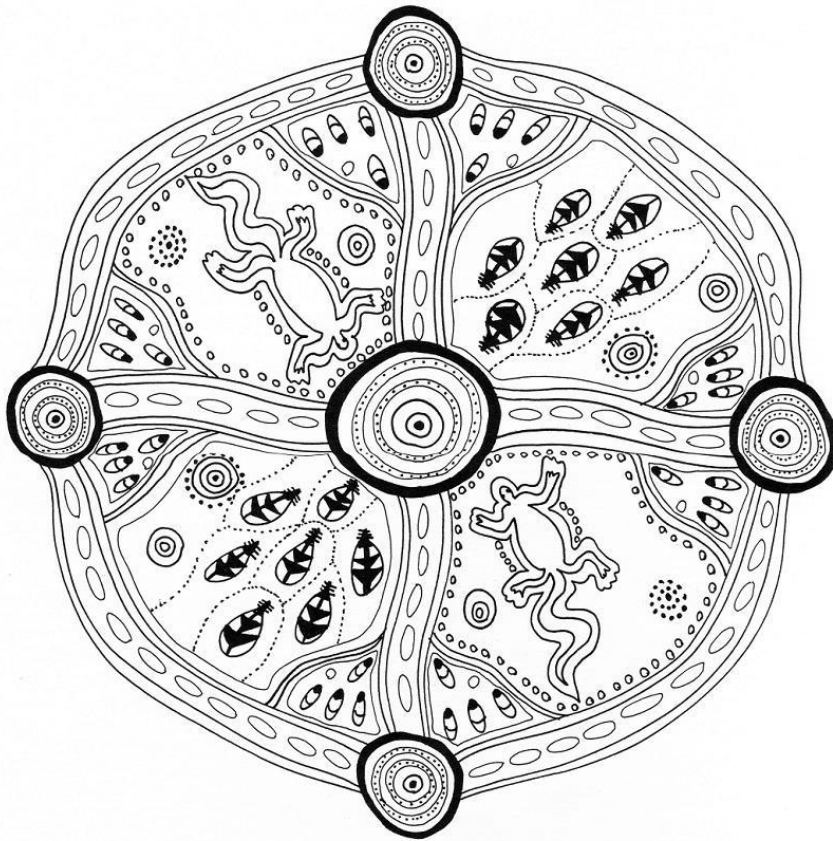
- Tibet: Om mantra "Om Mani Padme Hum" ("Prized is the Crystal in the Lotus") The inner circle stands for enlightenment. In the petals of the lotus the mantra is written Tibet letters.

Native Indian Mandalas



- Turkey: Flower Mandala with Turkish Ornaments

Native Indian Mandalas



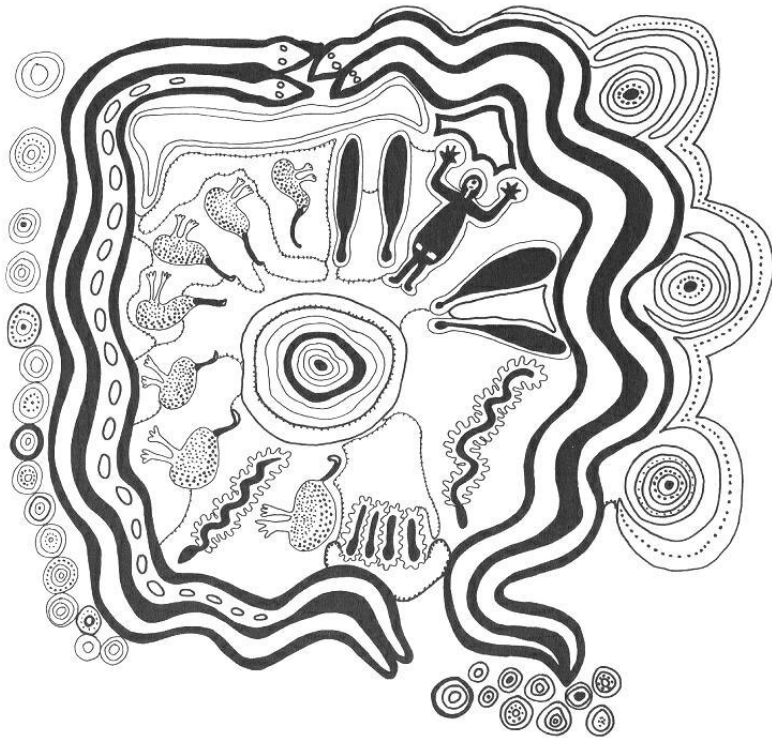
- Australia: lizards, insects with energies of Earth
Mandala of the Australian natives showing the Earth energies with the connected insects and lizards.

Native Indian Mandalas



- Aborigines: ghost of Earth, power of snake, energy lines
In the center stands an Earth ghost in connection with the female snake power, surrounded by the different energy field lines of the Earth, represented by circles and waves.

Native Indian Mandalas



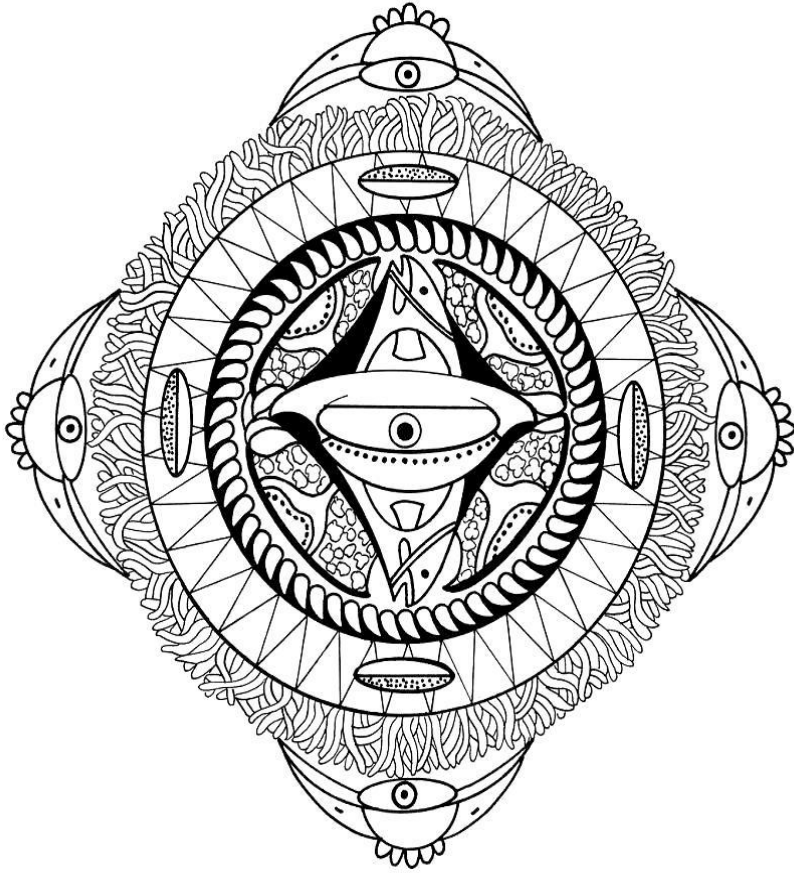
- Aborigines: doubled rainbow snake and presentation of the power of menstruation
Here is shown a rainbow snake in the doubled rhythm as a twin snake which represents the collective creative power of women in menstruation. The power can be used for destruction and for healing as well.

Native Indian Mandalas



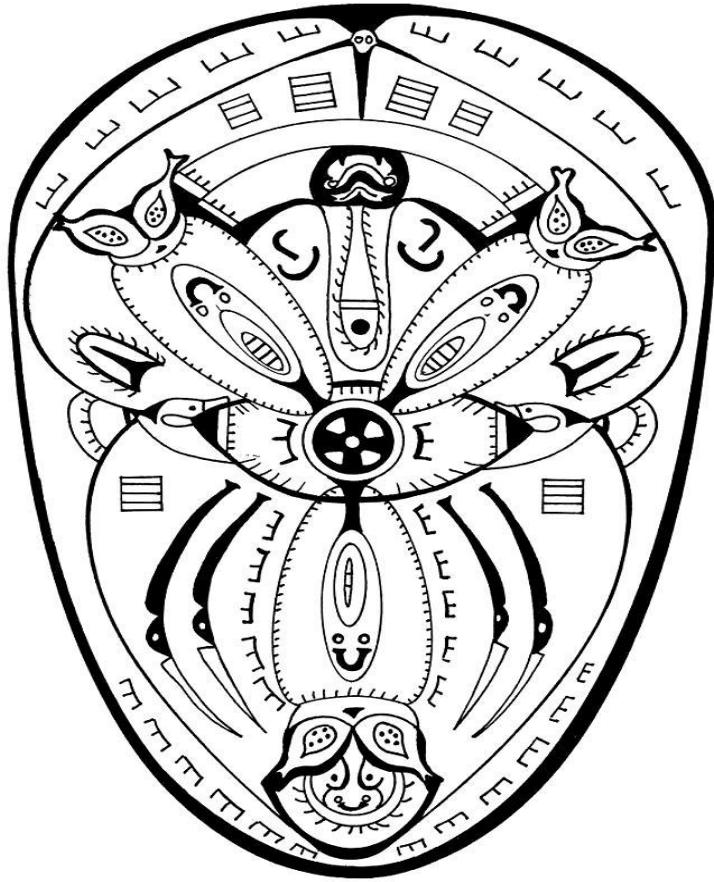
- Europe:
Mediterranean Sea:
Symbol of Octopus
In the cultures of the
Mediterranean Sea
the octopus embodies
the development of
the creation out of a
mystic center.

Native Indian Mandalas



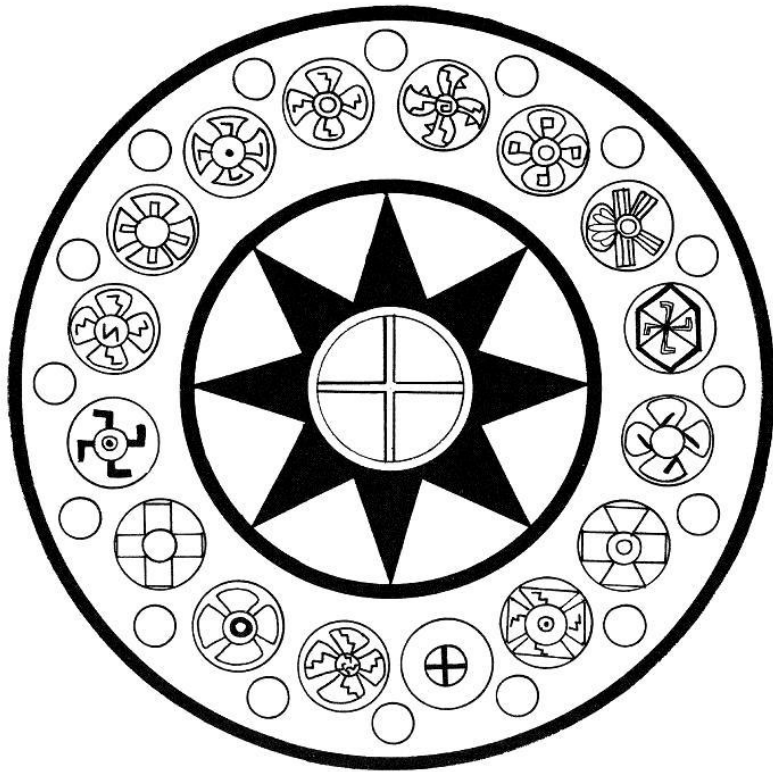
- Southern Sea:
Polynesia: Face, Fish
and Bird
Polynesian display of
a very stylized face
with a bird and a fish
plaited.

Native Indian Mandalas



- Polynesia: Painting of a Shield
Typical Polynesian protection mandala how it was drawn in former times on the shields of the warriors.

Native Indian Mandalas



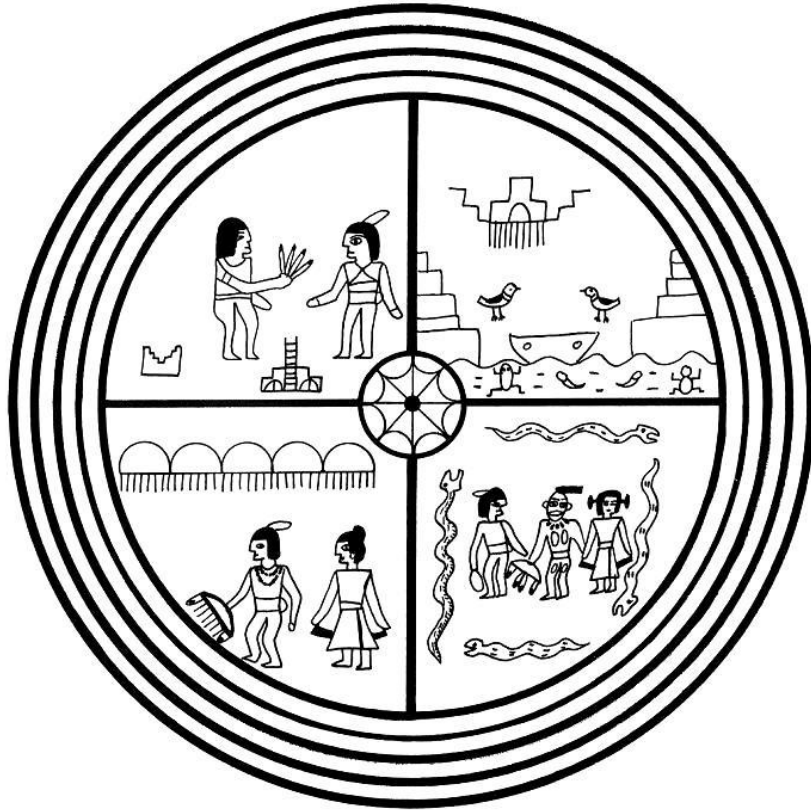
- Lemuria: Motherland Mu and cross symbols
[Thesis where Lemuria has been are very different, from California to the Indian Ocean]. In the middle is the emblem of motherland Mu consisting of a cross and an eight pointed star. It is surrounded by further 16 cross symbols which are all representing the "Big Four" and which are directly connected with motherland Mu. These signs were found on stone slabs in Mexico.

Native Indian Mandalas



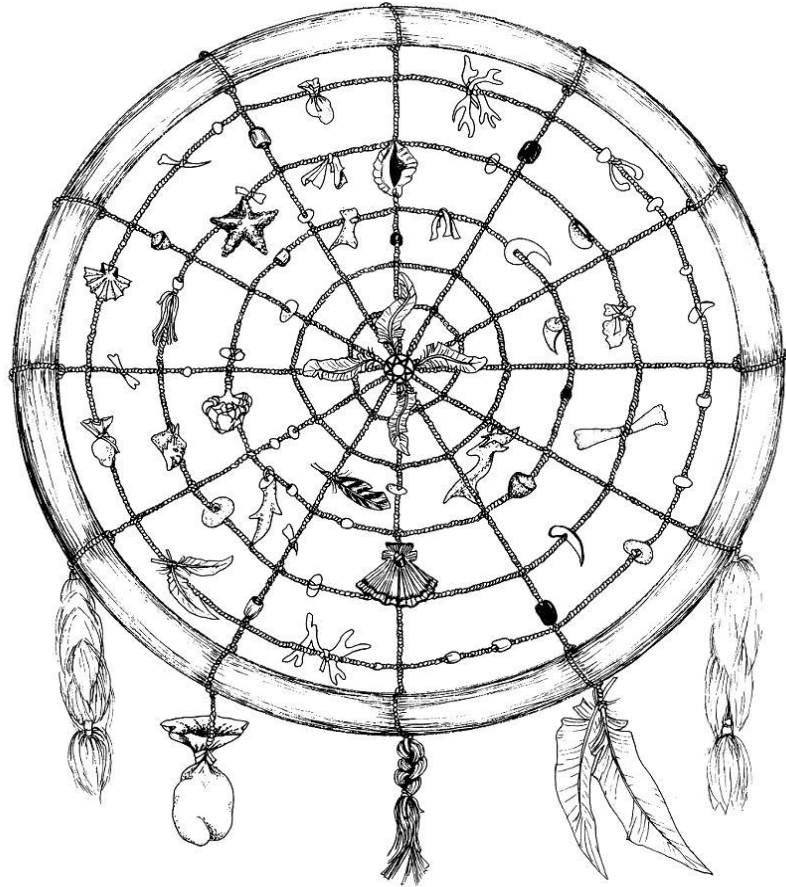
- Aztec native mandala: shield of Sun with symbols of the day
Aztec sun shield with signs of the day (beginning in the middle above, then going clockwise): crocodile, wind, house, lizard, snake, skull, stag, rabbit, water, dog, monkey, grass, pipe, ocelot, eagle, vulture, movement, firestone knife, rain, flower.

Native Indian Mandalas



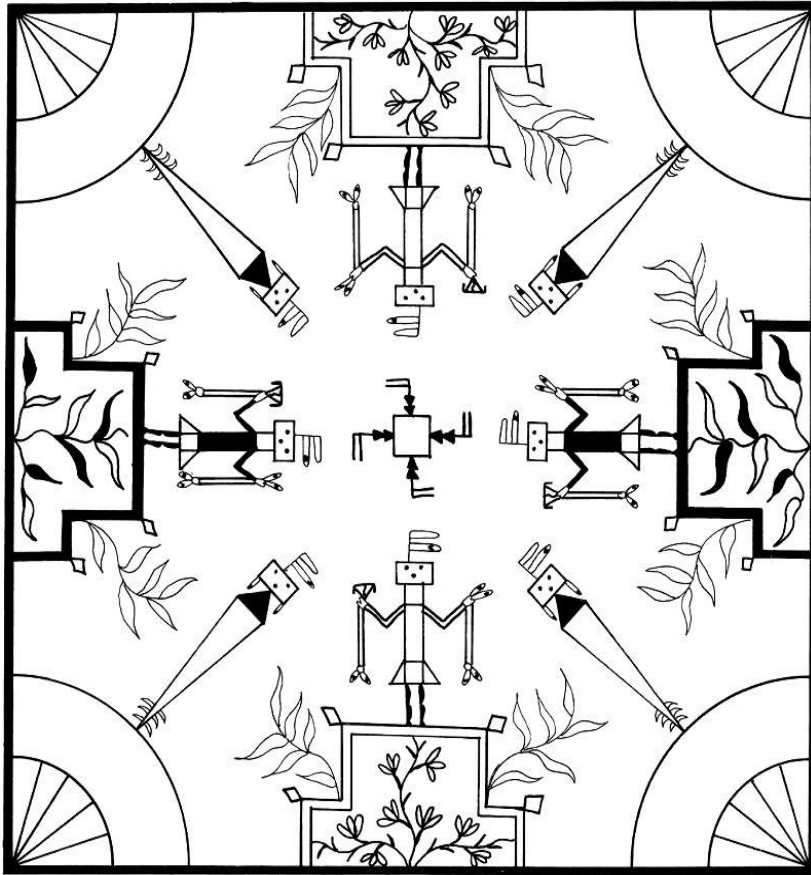
- Hopi native mandala with a legend of the snake
Classic Hopi mandala telling the story of the legend of the snake (beginning left above, going clockwise).

Native Indian Mandalas



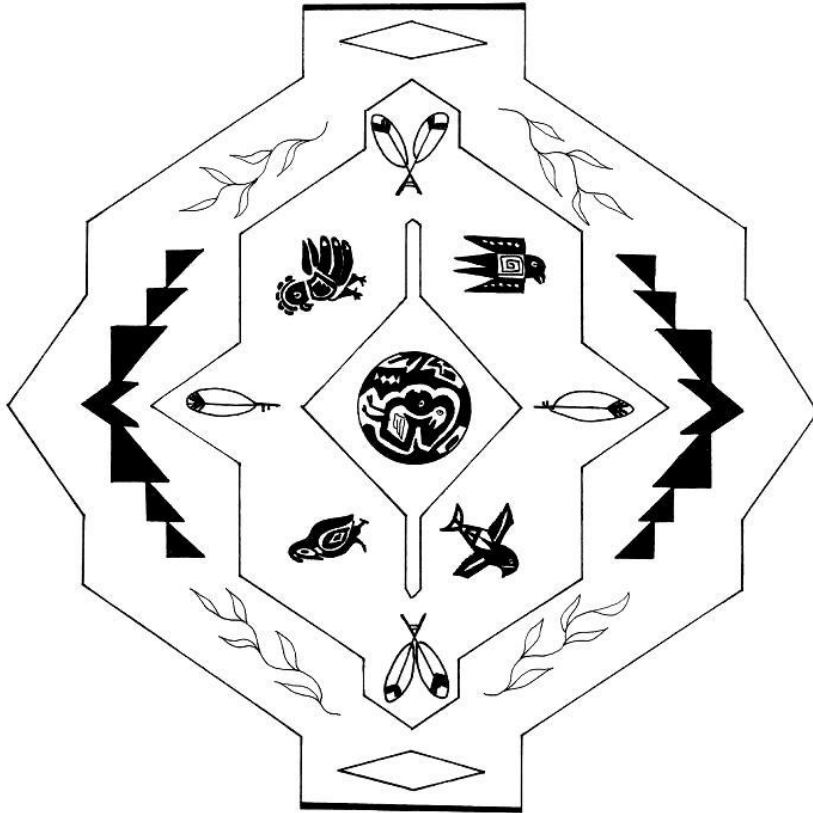
- Native mandala:
medicine wheel
It's a magic medium
of the natives used for
protection or healing.

Native Indian Mandalas



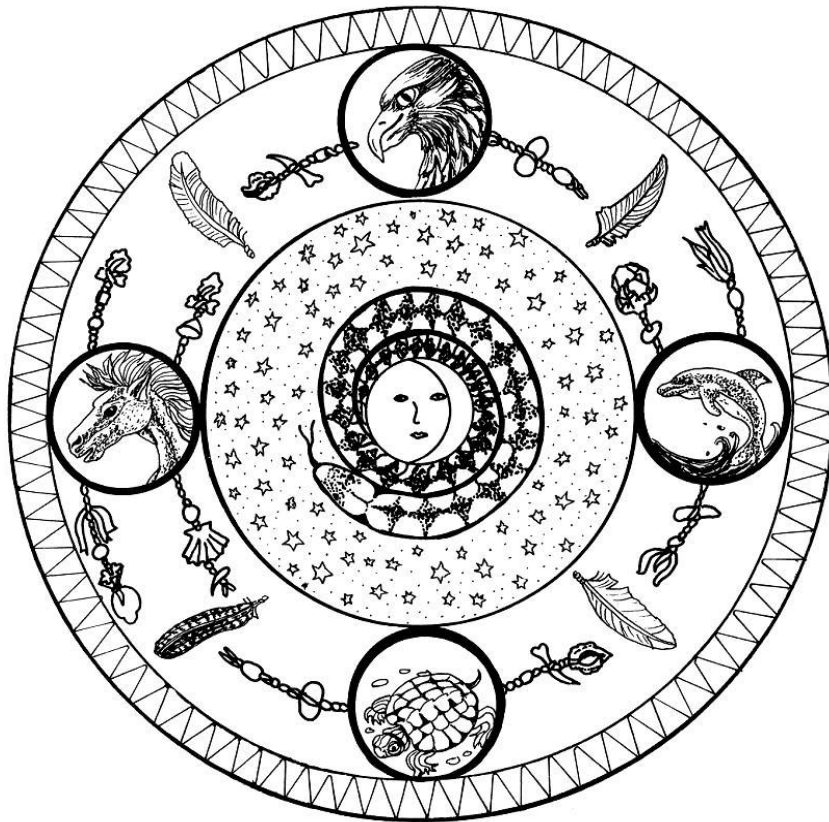
- Navajo native mandala: World order in a picture of sand
Classic sand picture of the Navajos describing the World order.

Native Indian Mandalas



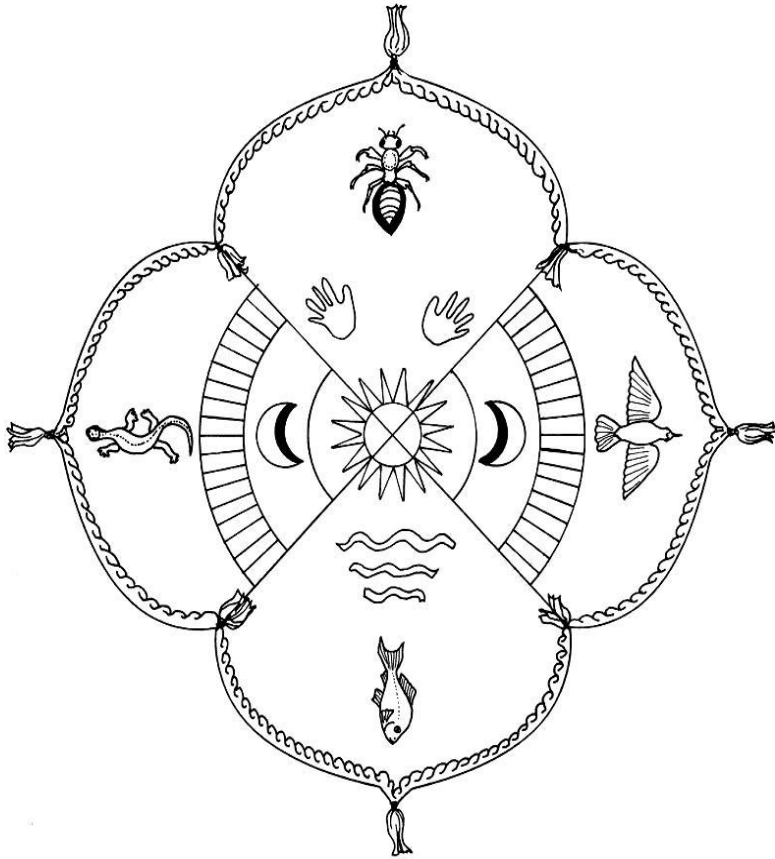
- Native mandala of shamanism: animal and human
It shows the relation between human being and nature.

Native Indian Mandalas



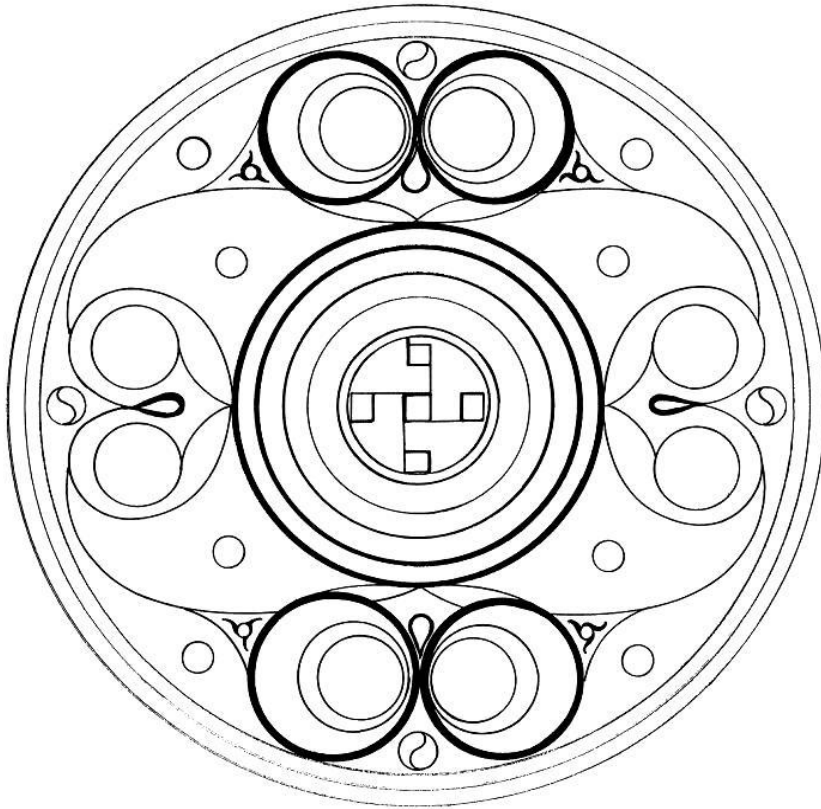
- Native mandala: Sun, moon, snake, and the Classical Elements
In the middle is placed the unification of the force of Sun and moon in the cosmos, embraced by the snake which is always renewing itself (life energy). In the outer circle the four elements are represented in form of animals: The eagle represents the air and the raised, the dolphin stands for the water and intelligence, the turtle stands for Earth and patience, and the horse stands for fire and force.

Native Indian Mandalas



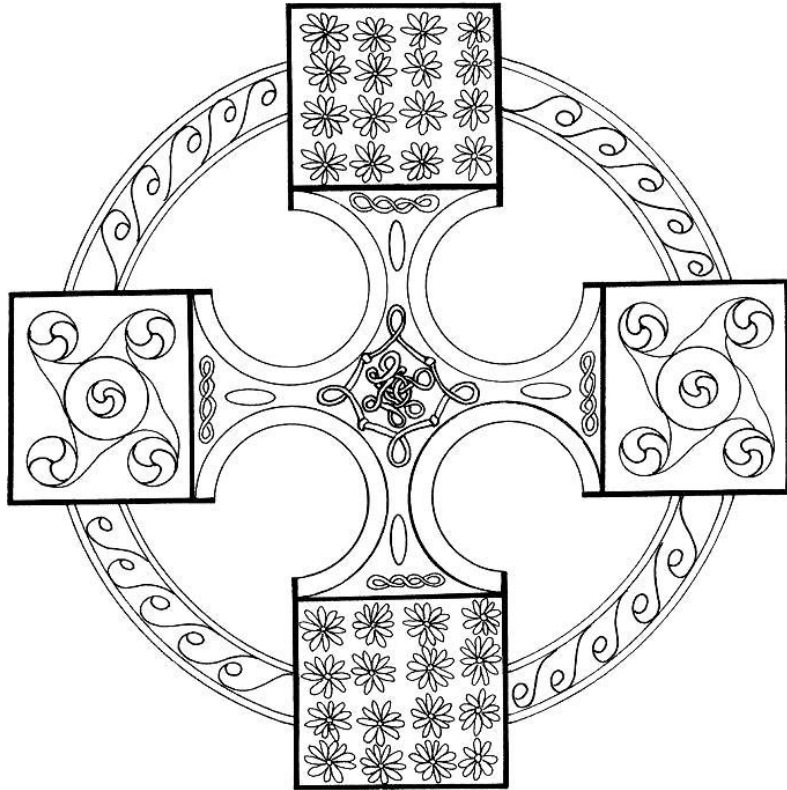
- Native mandala with presentation of the Classical Elements with Sun and moon
Presentation of the four elements, represented by animals. The human being is included (imprints of the hands). Life is determined by the sun and the growing and the waning moon.

Celtic Mandalas



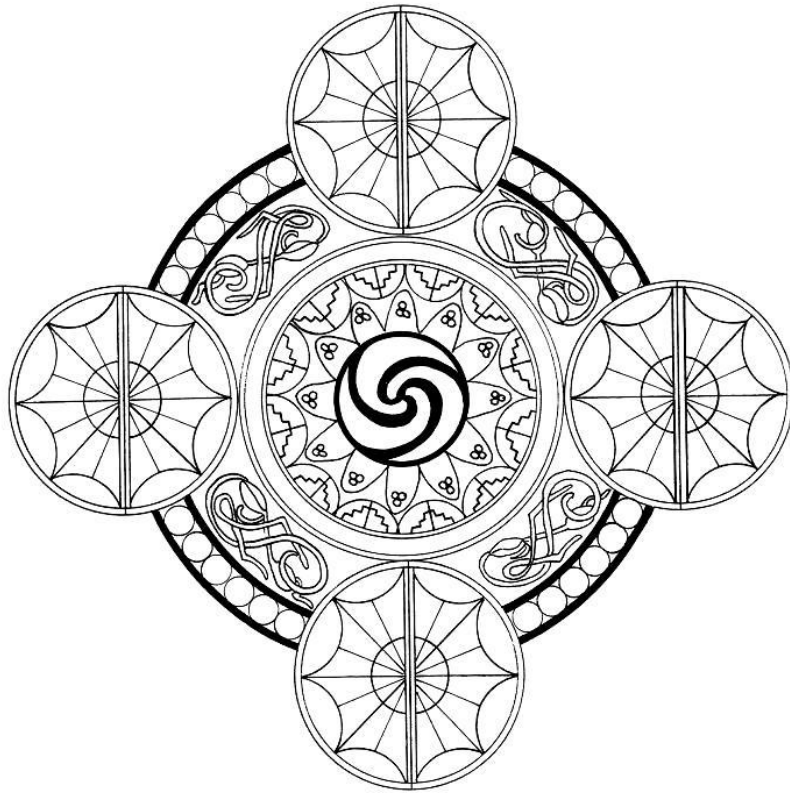
- Celtic mandala: protection shield with ghost and energies
This mandala was engraved on a shield for protection. The innermost little square represents the unconsciousness, the four outer squares represent the human spirit referred to the physic World. The circles represent different forms of physical and spiritual energies.

Celtic Mandalas



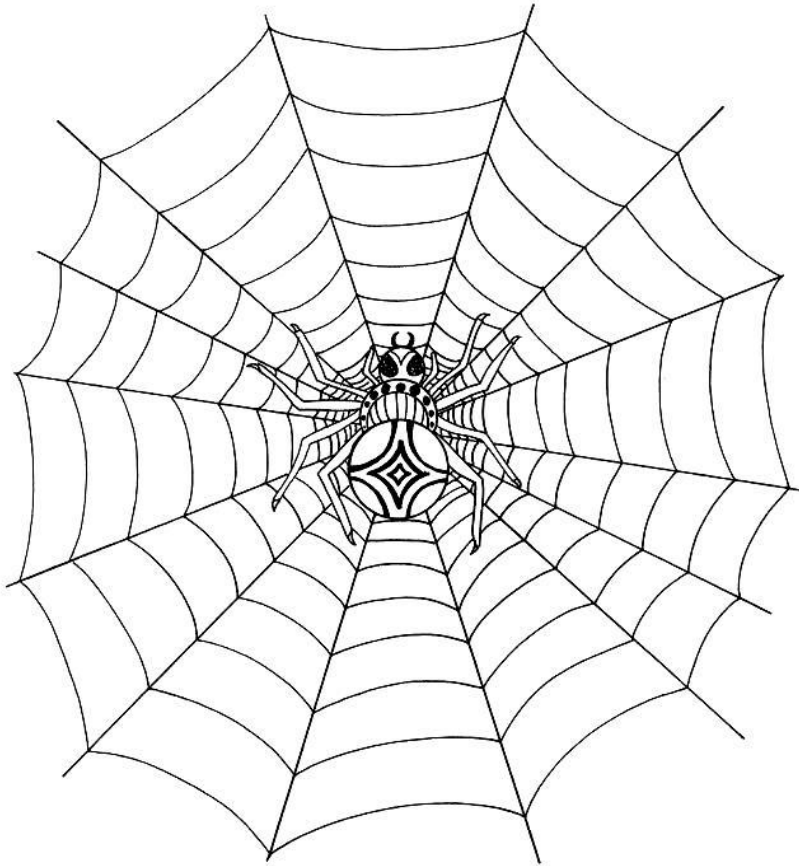
- Celtic Mandala: male cross in connection with female form of a circle, the eternal knot in the middle
The Celtic cross is many centuries older than the Christian cross connecting the circle (female energy) with the cross (male energy). In the middle is a knot as a sign for eternity.

Celtic Mandalas



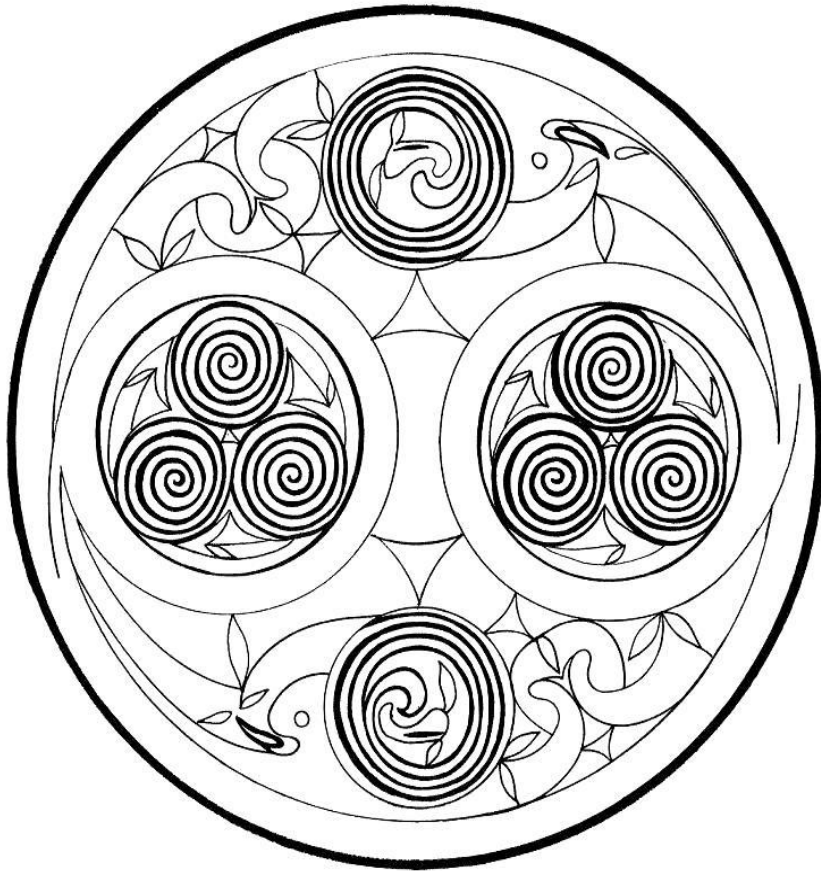
- Celtic mandala: ornamentation with spiral of origin. Here is shown the Celtic habit to pompous elaboration and to ornaments. In the middle is the helix as a symbol for the origin of the creation's energy.

Celtic Mandalas



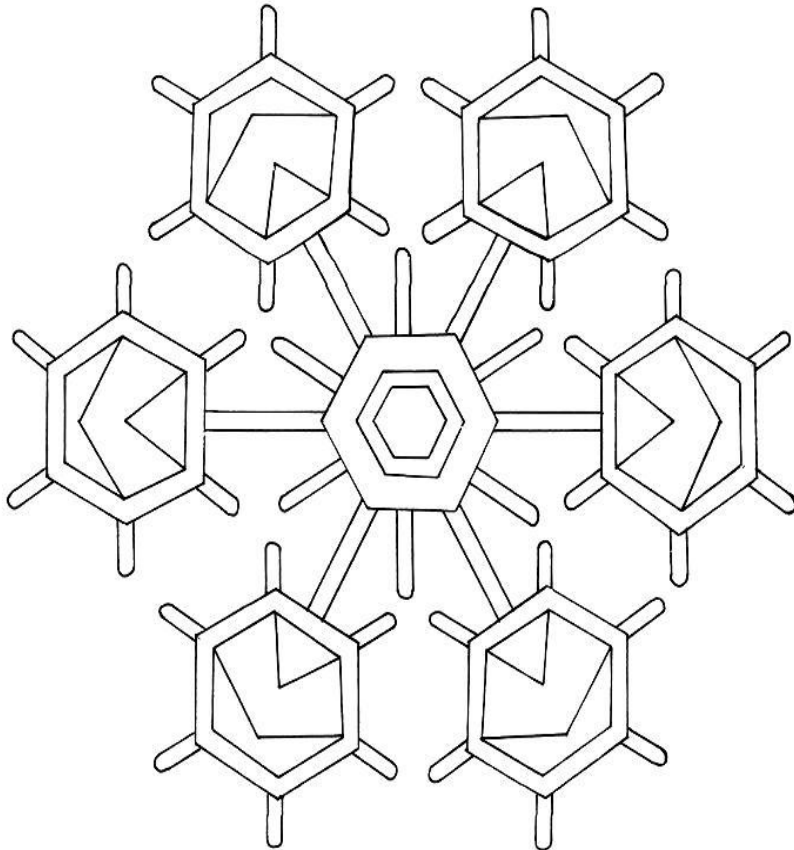
- Celtic mandala: spider web holding together the World
In Celtic world the web stands for a tissue which holds the World together.

Celtic Mandalas



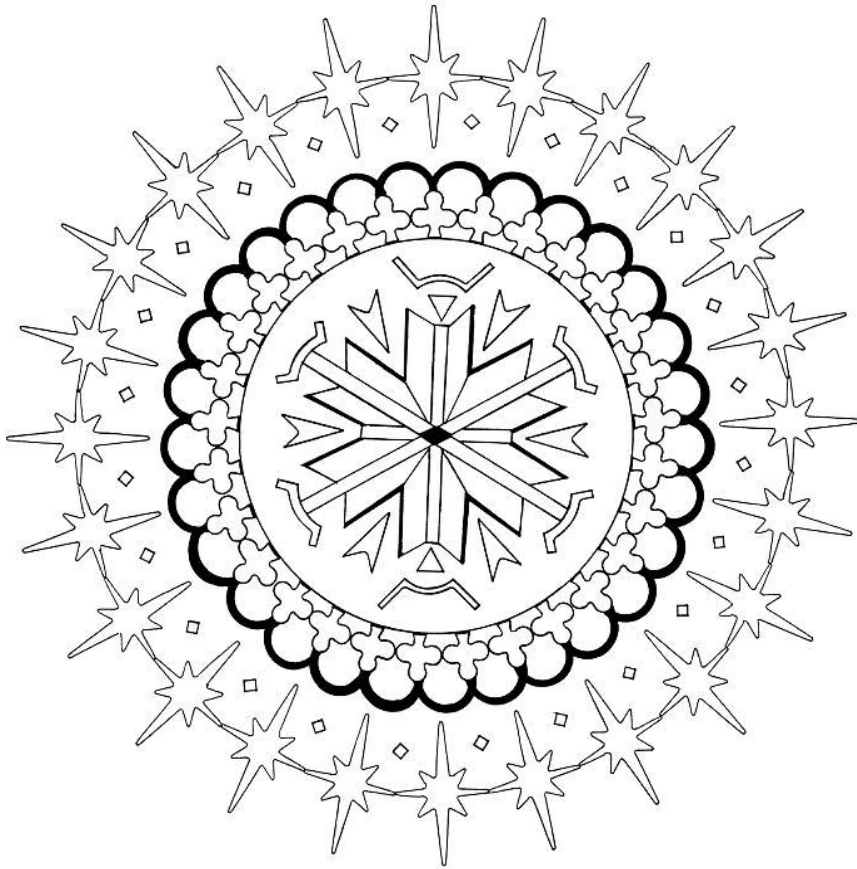
- Celtic mandala: spirals as flux of energies
For the Celtic symbolism it's typical to have many different helix pictures. They describe the flowing of the physical and spiritual energy.

Crystal Mandalas



- Six pointed ice crystal mandala
Every ice crystal is unique. As a common character all have a structure of six angles.

Crystal Mandalas



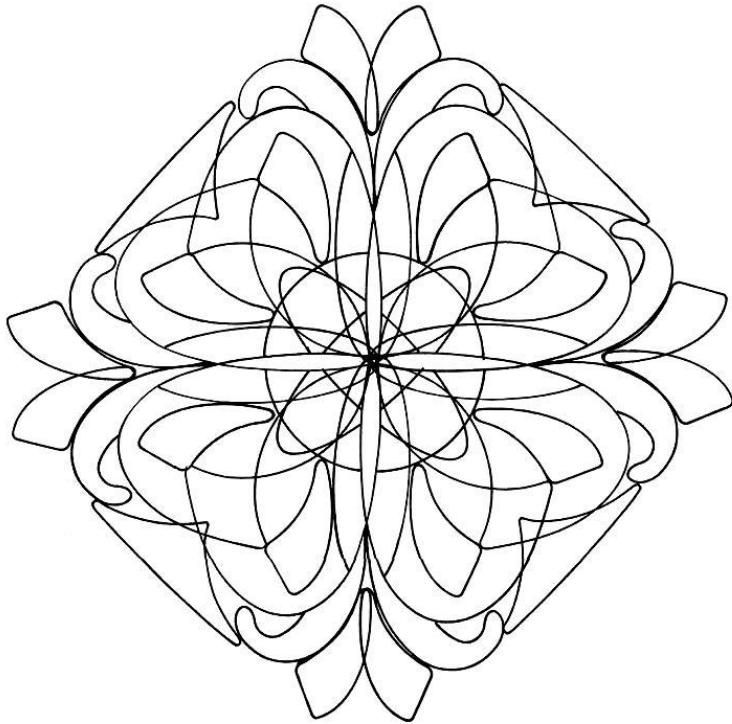
- Norwegian crystal mandala: ice crystals and flowers
The mandala shows the traditional Norwegian symbolism of stylized ice crystals and ice flowers.

Nature Mandalas



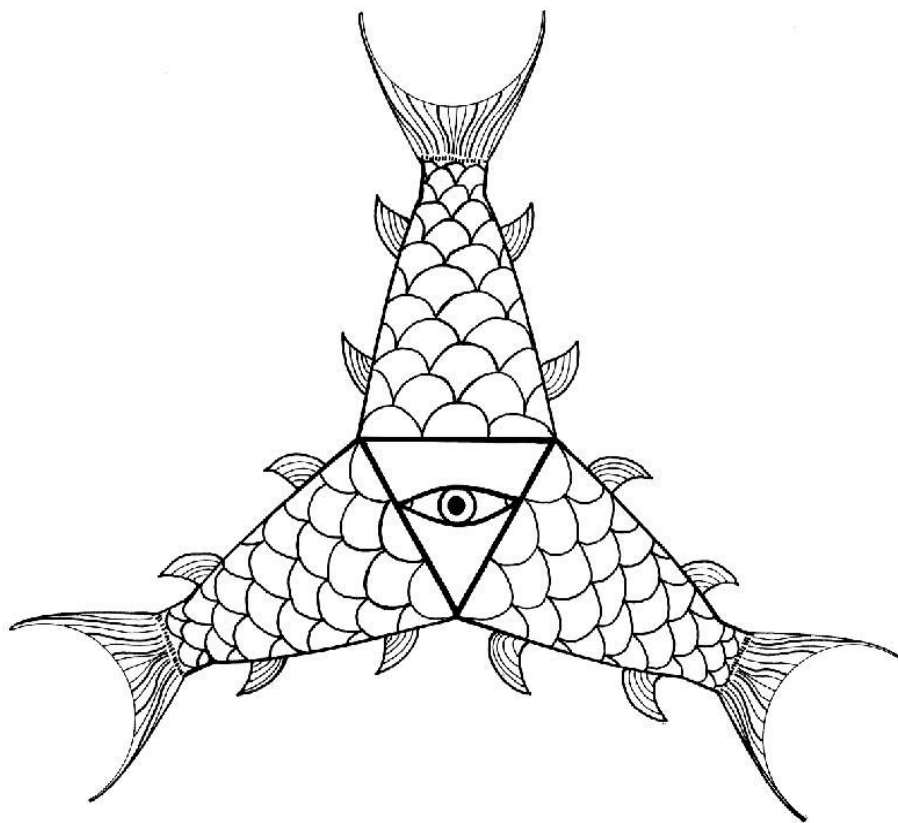
- Nature mandala:
trees and ghosts of trees
Trees with their tree
ghosts. The roots
band together in the
center.

Nature Mandalas



- Flower mandala,
scheme
A stylized flower
based on figure four.

Religious Mandalas and Esotericism



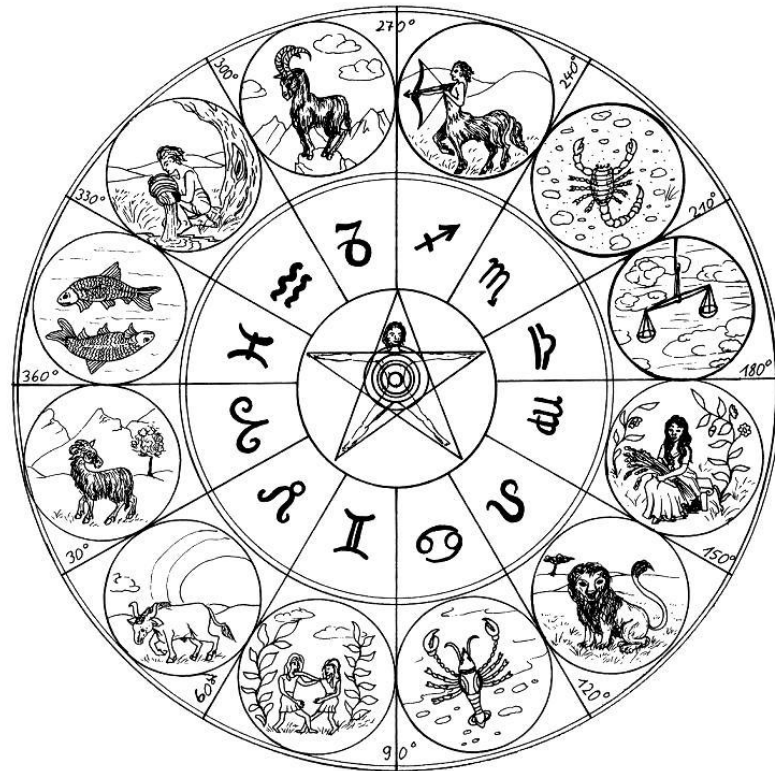
Buddhist eye mandala:
presentation of the eye
and of death
The eye of the Buddha
fish is showing the
glowing eye of the spirit
striving to the top, striving
to the inner side and to
the outer side at the
same time.

Religious Mandalas and Esotericism



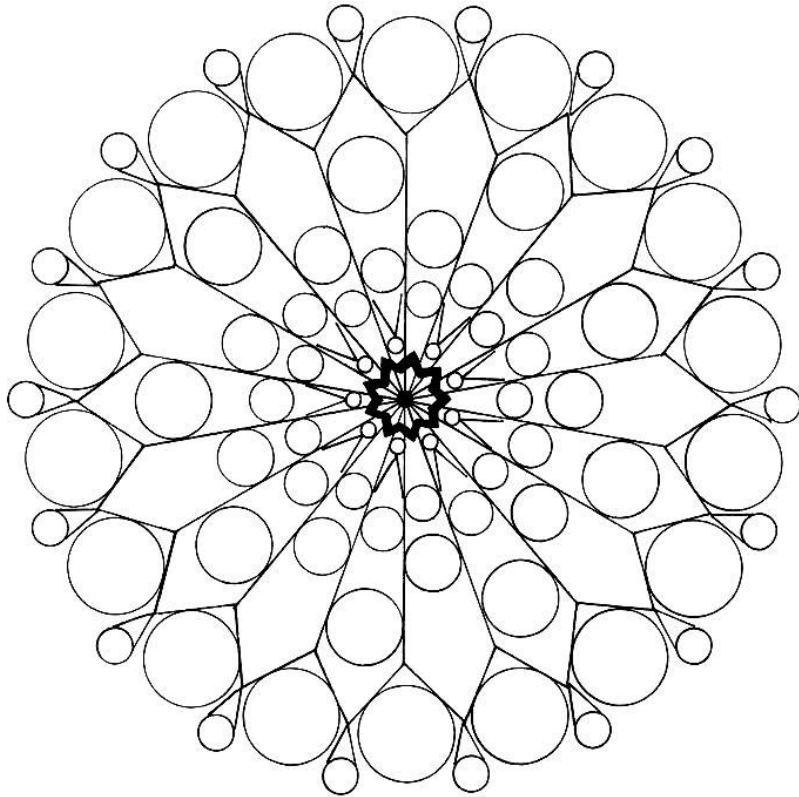
- Creation mandala -
ouroboros is giving life to Earth
Description of the relation
of the human beings to
the cosmos. In the outer
circle is shown [the
dragon] Ouroboros biting
his own tail as a symbol
of the eternal circuit of the
existence.

Religious Mandalas and Esotericism



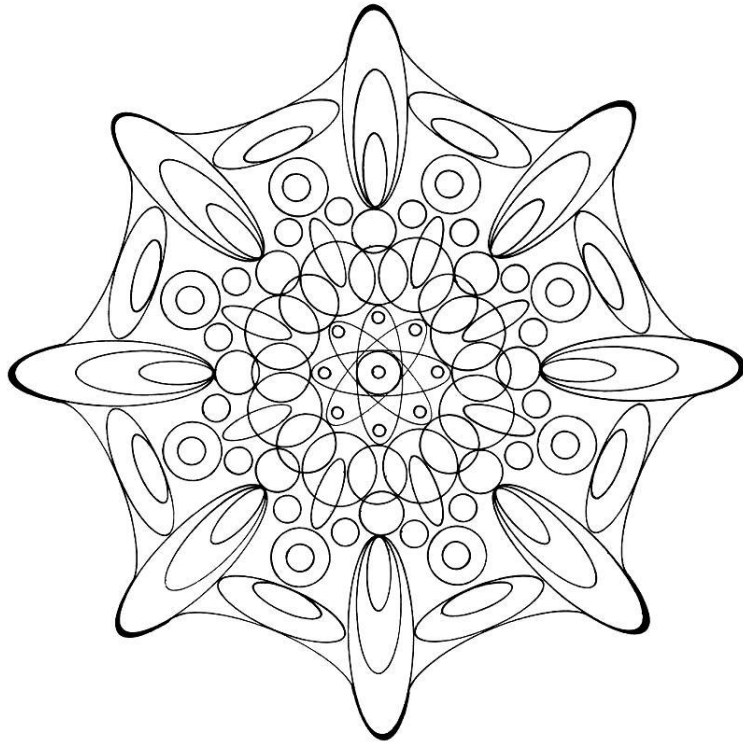
- Circle of Zodiac signs:
astrological zodiac
In the middle is the
human being drawn in a
five pointed star, as a
unity, as microcosm in
the universe. In the first
circle are graphic
symbols of the zodiac
signs, in the outer circle
are the zodiac signs.

Rose window mandalas



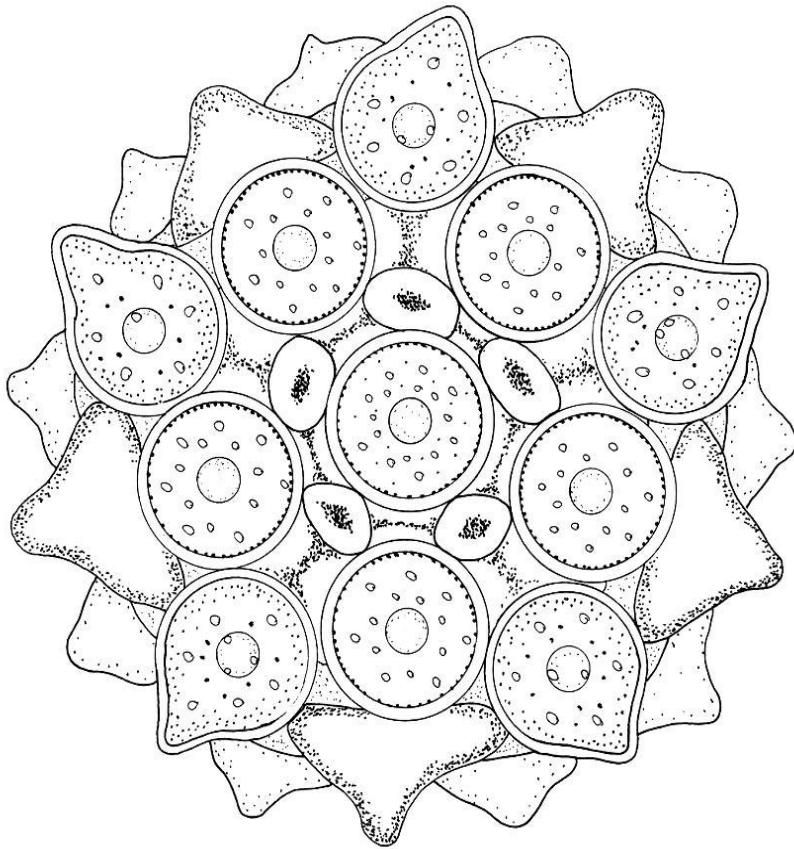
- Rosette mandala of a cathedral glass window, scheme derived from the rosette windows in the Christian sacral art. Rosette formed mandala consisting of circles and ellipses

Rose window mandalas



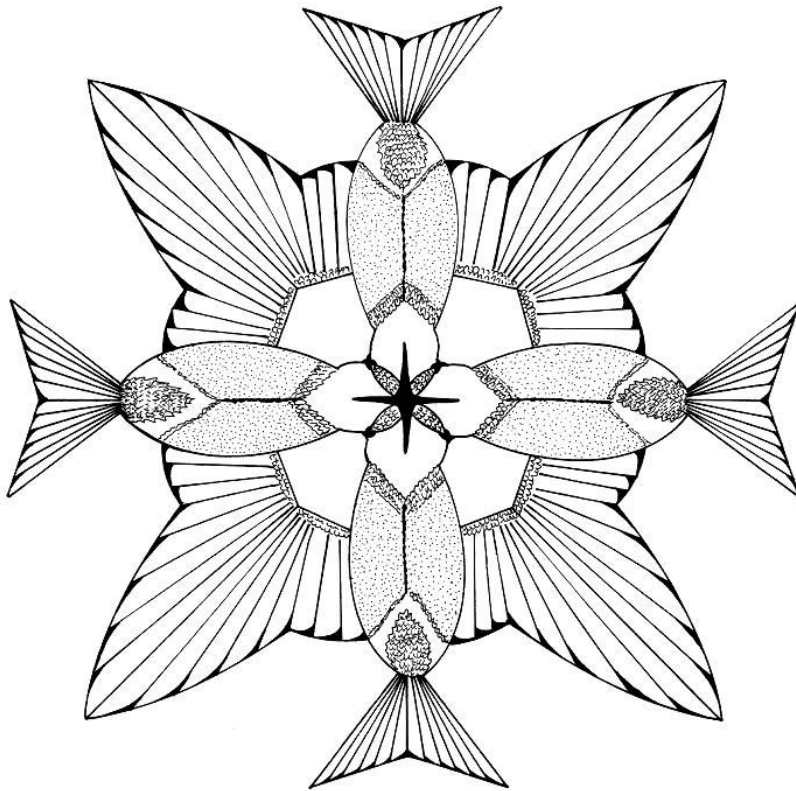
- Rosette formed mandala consisting of circles and ellipses

Animal Mandalas



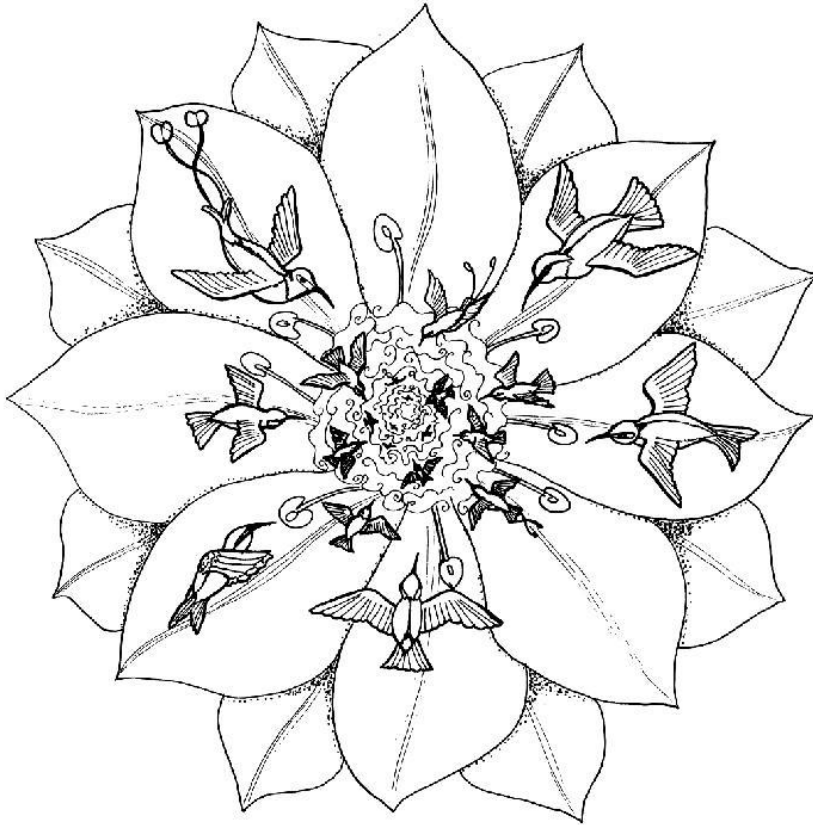
- Green alga: cornered hollowed star
It's a green alga widespread in the plankton of the still waters. It consists of several cells connected to a symmetric colony.

Animal Mandalas



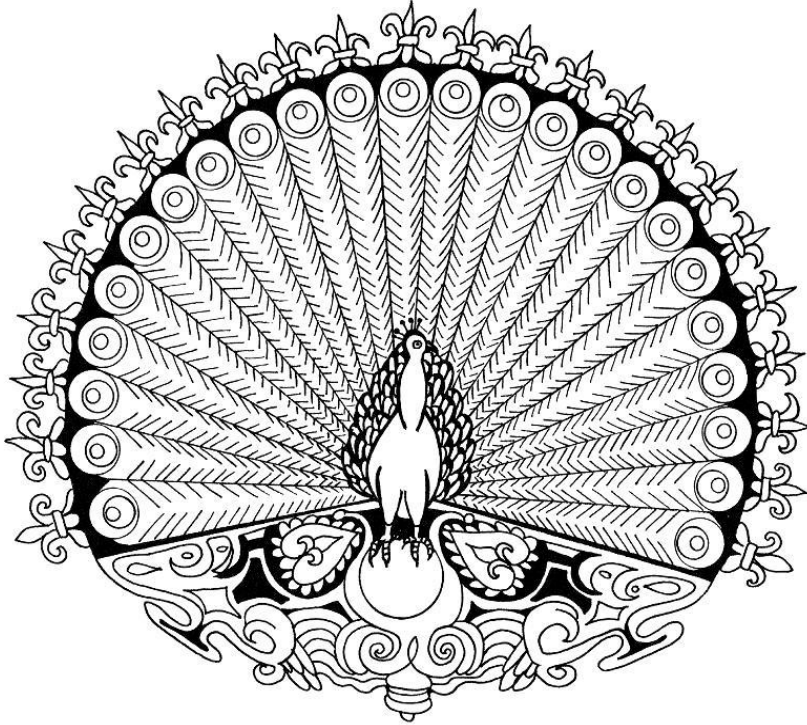
- Hummingbirds forming a flower
Four flower birds give a connected picture of a stylized flower.

Animal Mandalas



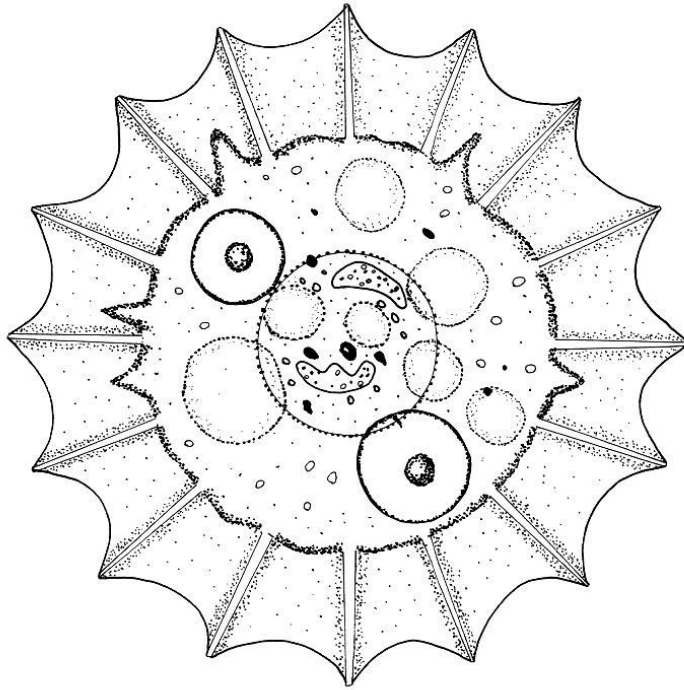
Hummingbirds flying
to their origin
Going back to the
origin - or: The flight
of the flower birds.

Animal Mandalas



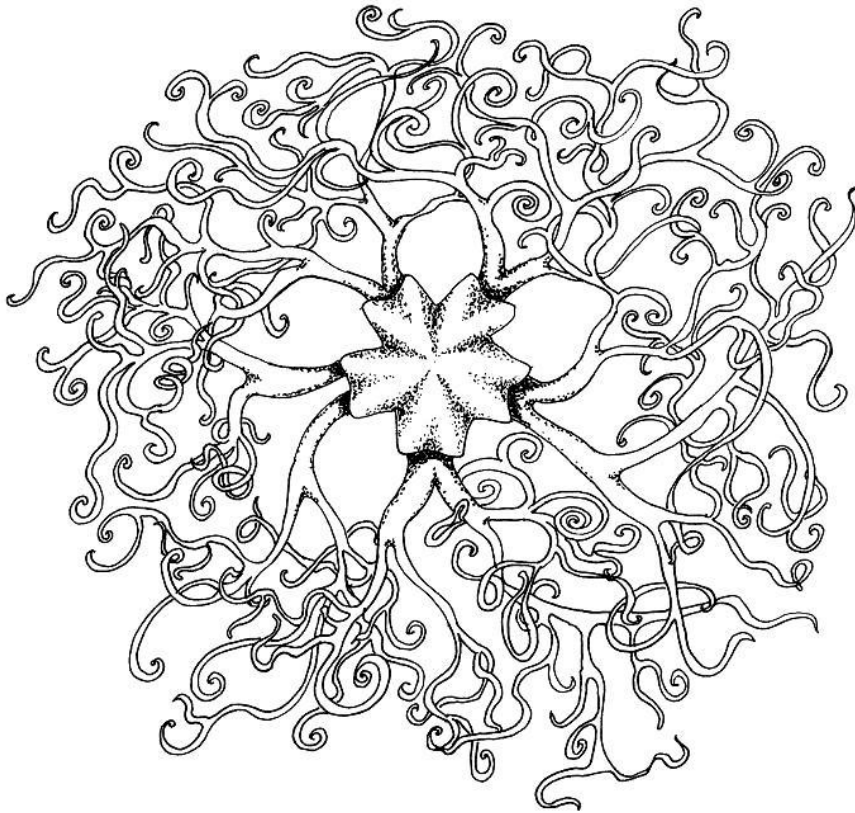
- Peacock mandala with 100 eyes as a symbol of immortality
The cock with 100 eyes of this bird is symbol of the watchfulness and immortality felt with fellow human beings.

Animal Mandalas



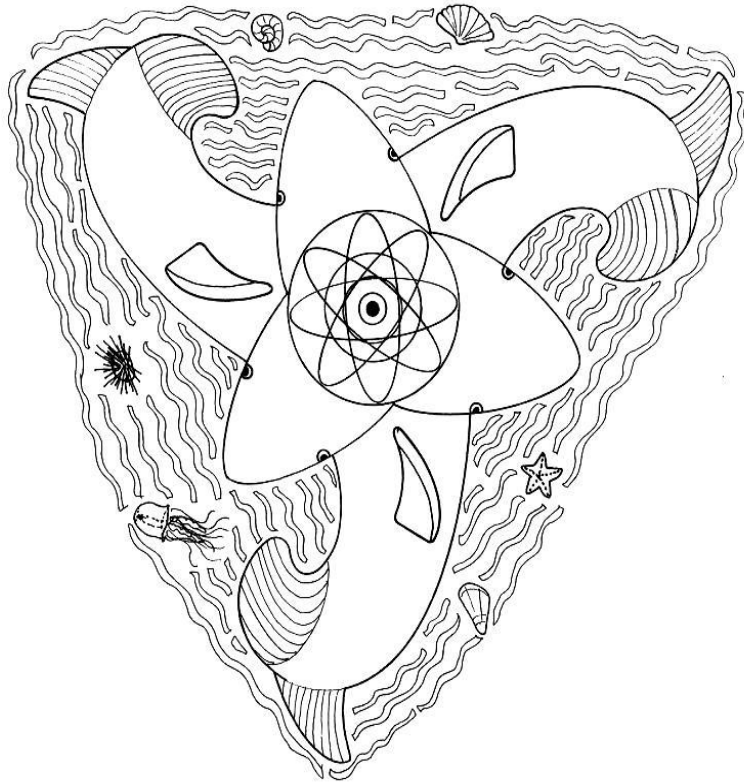
- Shell amoeba in the swamp
The shell amoeba is a toothed glass animal from the prehistoric times. It appears in the swamps and peat pits.

Animal Mandalas



Snake starfish
gorgon head
The Gorgon Head is a
sort of the snake
starfishes.

Animal Mandalas



- Wales as a symbol for the connection between water and land
The wale in the dynamic wale mandala is a link between the Sea and it's creatures and the land, symbolized here with sand.

- from: **Heike Owusu**: Mandala-Welten. Malblock. 74 Mandalas aus vielen Kulturbereichen zum Ausmalen und Meditieren [Mandala Worlds. Painting pad. 74 mandalas from different cultures for painting in meditation]. Schirner-Verlag [Schirner publications], Darmstadt, 2.Auflage [edition] 1997, ISBN 3-930944-32-4

- **Comment**

One "Christian" mandorla (almond-shaped mandala) had to be omitted because "Christianity" has not the aim of cognition but the world dominance is the aim.

Also the "evolution mandala" had to be omitted because the evolution is not right: It's not possible to create life of dead matter, but there is only the explanation that all creatures are spiritual products of higher worlds (see vedes and the books from Armin Risi: The multidimensional cosmos, volume 1 and 2).

Another mandala with the David star and with the seal of Solomon was eliminated because archaeological science cannot proof king David and king Solomon, but there are proofs for other Jewish kingdoms which are not mentioned in the Bible (Finkelstein / Silberman).

Michael Palomino, 2007

