



THE 2010

DZOGCHEN

INTERNSHIP PROGRAM



The 2010 Dzogchen Internship Program

A Six-Month Course in Tibetan Buddhism

June 6th, 2010 to December 6th, 2010

(Three-month option: June 6th to September 6th)

Although humankind has made many unprecedented technological advances, our inner well-being has not kept pace, and humanity is facing increasingly serious problems. This is because technological achievement tends to focus on the pursuit of temporary, material happiness. The pursuit of material gain alone does not address the root of suffering, which is our negative thinking and negative actions. It is our negative thinking that causes mental suffering and ill health within individuals, and leads to disharmony, social strife, violence and war.

The specific, time-tested methods of the Dzogchen Lineage of Tibetan

Buddhism directly eliminate the causes of suffering and increase positive thinking, leading to a true, unchangeable happiness. Studying and practicing under the guidance of a qualified teacher, students in

“Giving Dharma teachings with a pure intention without material considerations is highly praised by all the Victorious Ones.”

—The Kashyapa-Requested Sutra

the Dzogchen Lineage clarify confusion and awaken, step by step, to their true nature: Buddha, true happiness.

The Dzogchen Lineage Internship provides all students with a firm grounding in Buddhist fundamentals, so they can become Dharma teachers and compassionate guides who can help others increase personal happiness, foster social harmony and establish the roots of world peace.

Apply online: www.dzogchenlineage.org/2010_internship

A Retreat with Dzogchen Khenpo Choga Rinpoche

Great Perfection of Wisdom Holder His Eminence Dzogchen Khenpo Choga Rinpoche was born and raised in Tibet. He began studying Buddhism at Dzogchen Monastery in Kham, Tibet at the age of five.

He has received transmissions and teachings of the Buddhist Sutras, Tantras and Shastras from forty-two different Buddhist masters, as well as specific instructions in the Dzogchen Tantras from his Root Masters—Khenchen Padma Tsewang, Drubchen Chatral Chochoyab and Guru Dechen Namdrol.

In all, Rinpoche spent ten years at the Dzogchen Shri Singha Five Sciences University, first studying and later teaching the five major sciences—art, medicine, linguistics, philosophy and Buddhism—and the five minor sciences: poetics, synonymy, prosody, drama and astrology. He attained the degree of “Khenpo,” or professor, at the unprecedented age of twenty-one.

Under difficult conditions, he also spent a total of seven years of secluded meditation in caves located in the Siltrom Mountain range, in the Holy Dzogchen area of Tibet. In addition to his concise guidebook, *The Buddha Path*, he is author of more than thirty books. He currently teaches thousands of students in more than forty countries around the world.



“On one cushion, one person, at one time can practice all of the Buddha’s teachings.”

His Eminence Dzogchen Khenpo Choga Rinpoche

A Precious Opportunity for Students Around the World

In today's world, there are many people interested in Buddhism, but there are few opportunities to train both intellectually and experientially. The Dzogchen Internship Program is designed to meet this need with a curriculum that will provide a solid foundation for future Dharma Teachers.

This program is rooted in the study and practice of the view, meditation and conduct of the Buddhist Sutras and Tantras. All classes will be conducted in English, and will follow, in structure and content, the traditions of India's Shri Nalanda University. Still used today at Tibet's Dzogchen Shri Singha Five Sciences University, this tradition integrates rigorous scholasticism with personal guidance and advanced meditation techniques.



This retreat offers a rare opportunity for students from around the world to study and train in the methods of the Dzogchen Lineage. The Dzogchen Internship Program is designed to provide a peaceful environment free from distractions.

The Dzogchen Retreat Center makes for an ideal campus where students can focus on thorough study while engaging in formal practice. In a remote and beautiful forest setting, students will be surrounded by like-minded companions and under the personal guidance of Dzogchen Khenpo Choga Rinpoche. This direct guidance allows for a student's swift progress from intellectual understanding to a profound experience and unwaivering realization of Dharma.



*Dzogchen Khenpo Choga Rinpoche and Geydak Rinpoche
with the Graduates of the 2008 Dzogchen Internship Program*

The New Student Mentorship Program

All of us at the Dzogchen Retreat Center invite you to join us for the 2010 Internship Program. To assist new students, we've developed a mentorship program, wherein graduates of previous internships will be assigned to guide new participants through the necessary study and practice.

Contact:

Erik Drew Jung,
2010 Internship Director
internship@dzogchenlineage.org
702.343.5833

The Dzogchen Internship Course Curriculum

The 2010 Dzogchen Lineage Internship curriculum includes a line-by-line commentary on *The Buddha Path*, written by Dzogchen Khenpo Choga Rinpoche. Special emphasis will be placed on proper recitation and mudras (hand gestures).

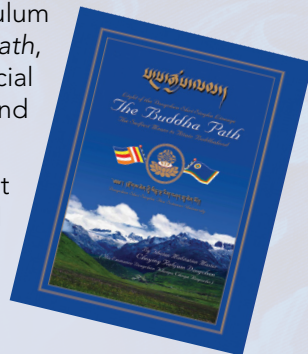
The Buddha Path is a concise practice guidebook that provides the key to all of the Sutrayana, Vajrayana, and Dzogchen teachings of the Buddha. This accessible and effective book offers clear practice instructions for the beginning student as well as a lifetime's wealth of profound instructions for the advanced practitioner.

Study and practice of *The Buddha Path* will be enhanced with detailed explanations of two root saddhana texts: *Rigdzin Dupa* and *Dechen Gyalmo*. Continued commentary on the twelve core shedra texts of the Dzogchen Lineage will bring everything together.

The program's comprehensive approach balances scholarly study, group practice and powerful meditation techniques. Its instructor, Dzogchen Khenpo Choga Rinpoche, blends ancient wisdom with modern techniques, directly applying the Buddha's teachings to the challenges of today's world.

Khenpo Choga Rinpoche teaches all courses in English, drawing upon his knowledge of Sanskrit, Tibetan and Chinese when appropriate. Fellow Interns tutor and facilitate group discussion, reviewing each day's teachings.

Students are responsible for acquiring their own texts prior to the Internship and are encouraged to read as much as possible to gain a working knowledge of the topics to be covered.





Text Regarding Daily Practice:

The Buddha Path, by Dzogchen Khenpo Choga Rinpoche

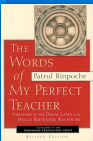


Texts Regarding the View of the Buddha Path:

Speech of Delight, by Shantarakshita and Ju Mipham

Introduction to the Middle Way, by Chandrakirti and Mipham

Middle Beyond Extremes, by Maitreya, Khenpo Shenga, and Ju Mipham



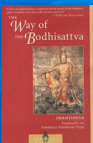
Texts Regarding the Meditation of the Buddha Path:

Words of My Perfect Teacher (Kunzang Lamay ZhaLung), by Patrul Rinpoche

Guide to Words of My Perfect Teacher, by Khenpo Ngawang Palzang

Establishing Appearances as Divine, by Rongzom Mahapandita

Deity, Mantra, and Wisdom, by Jigme Lingpa, Patrul Rinpoche, etc.



Texts Regarding the Conduct of the Buddha Path

Way of the Bodhisattva, by Shantideva

Nectar of Manjushri's Speech, by Khenpo Kunzang Palden

Uniting Wisdom and Compassion, by Gyalse Togme and Chokyi Drakpa

Perfect Conduct: Ascertaining the Three Vows, by Ngari Panchen,



Additional Texts

Kindly Bent to Ease (3 vols.), by Longchen Rabjam

Tibetan Book of the Dead, by Padmasambhava

For Complete Ordering information, email: internship@dzogchenlineage.org

The Dzogchen Lineage of Tibetan Buddhism



Dzogchen means “Great Inclusion,” and the Dzogchen Lineage is known for its synthesis of the entirety of the Buddha’s teachings. 2970 years ago in northern India, an enlightened human being named Shakyamuni became a Buddha, which means that he attained Vast Awakening.

For the next 47 years, the Buddha taught Dharma, the path of enlightenment, to numerous students in this world. Since that time, the unbroken Dzogchen Lineage has been passed down from teacher to student for generations in India and Tibet.

Dzogchen is vast and profound, including more than 84,000 sutras and 6,400,000 tantras. In its broadest sense, the Dzogchen Lineage refers to the limitless expanse and continuous wisdom of Vast Awakening, the Buddha Nature which is the natural enlightened lineage of wisdom and compassion that exists in the mind of every single sentient being.

The teachings of the Buddha have been unwaveringly studied, practiced, transmitted and protected up to the present day by enlightened Dzogchen Lineage masters.

The Dzogchen Lineage Internship Program is an important first step towards continuing this legacy and providing future generations with the opportunity to authentically study the Dzogchen Teachings.

The power of the Dzogchen Lineage lies in the unbroken succession of practitioners who have trained in repeatedly applying the teachings



to their daily lives. This internship is intended for those who sincerely want to continue this lineage and benefit others while realizing wisdom and compassion in this lifetime.

It is for students who have faith in the Dzogchen Lineage, and who understand that progress in Dharma requires comprehensive training and diligence in the three techniques: learning, contemplation and meditation. If this describes your intentions and heart-felt aspirations, then join us in helping to perpetuate the Dzogchen teachings.

Apply online: www.dzogchenlineage.org/2010_internship

Dzogchen Internship Requirements and Pricing



The 2010 Dzogchen Lineage Internship will be an intensive course of Buddhist study and practice. It is important that prospective students understand the demands and requirements of this internship.

Students are required to have taken Buddhist Refuge and Bodhisattva vows, and completed at least two retreats with H.E. Dzogchen Khenpo Choga Rinpoche prior to the start of the internship. Applicants who do not meet these requirements must receive training and endorsement from a qualified Dharma teacher. Please contact the Internship director for more information.



Students must prepare for the internship in advance by completing the specific preparatory exercises and study program outlined in the 2010 Internship Handbook, which will be distributed to all admitted applicants.



Students will live at the secluded and rural Dzogchen Retreat Center USA, where they will study and practice in groups and individually for approximately twelve hours a day on a fixed schedule. Students will be expected to obey all federal, state and local laws as well as the rules of the retreat center and the specific rules and schedule of the internship.

Admission to the internship will be through an application process. The Internship Application Committee will review all applications. Registration is limited, so please apply early.

Apply now at: www.dzogchenlineage.org/2010_internship



Cost of the Six-Month Internship:

\$6,500 USD – must be paid in full by June 5, 2010

Special Early Payment Discount: \$6,000 USD if paid in full by May 1, 2010

Cost of the Three-Month Internship option:

\$4,000 USD – must be paid in full by June 5, 2010

Special Early Payment Discount: \$3,500 USD if paid in full by May 1, 2010

Internship fees reflect a built-in scholarship. For the benefit of participating students, instruction is provided free of cost, with fees covering food, lodging and projected operating expenses. Donations to the teacher are optional, but are encouraged.

To encourage young people to attend this internship, an additional discount of 10% will be offered to applicants in need who are 25 years of age or younger. To apply for this discount, contact the Internship Director.



For more information, please contact:

Erik Jung, 2010 Internship Director
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702.343.5833

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