

# SHAMBALA



Dr. K. Parvathi Kumar

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Dr. K. Parvathi Kumar

# SHAMBALA



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## **Dhanishta**

*Dhanishta* means Wealthy Wind.

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Wisdom is disseminated by the Teachers of all times. *Dhanishta* works for such fulfilment through its publication of wisdom teachings flowing through the pen and the voice of Dr. K. Parvathi Kumar. Such teachings are published in English, German, French, Spanish, Hebrew, Telugu, Hindi and Kannada.

*Dhanishta* is a non-profit publishing house.

## About the Composer

Dr. K. Parvathi Kumar has been teaching various concepts of wisdom and initiating many groups into the Path of Yoga of Synthesis in India, Europe, Latin America and North America. His teachings are many and varied. They are oriented for practice and are not mere information.

Dr. K. Parvathi Kumar has been honoured by the Andhra University with the title Doctor of Letters Honoris Causa, D. Lit. for all his achievements as a teacher around the world. He works actively in the economic, social and cultural fields with spirituality as the basis. He says that the spiritual practices are of value only if such practices contribute to the economic, cultural, and social welfare of humanity.

Dr. K. Parvathi Kumar is a responsible householder, a professional consultant, a teacher of wisdom, healer of a certain order, and is a composer of books. He denies to himself the title of being an author, since according to him –

*“Wisdom belongs to none and all belong to Wisdom.”*

The Publisher

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# 1 – SHAMBALA

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Shambala connects the sky to the earth. It connects the invisible to the visible and the visible to the invisible. It links up the divine to the mundane and enables the ascension from the mundane into the divine.

The ancients believed Shambala as the birthplace of Shasta, whose other name is Sanat Kumara. The invisible is symbolized by Shiva and the visible is symbolized by Shakthi; their meeting point is seen as the birth of Kumara. The Kumara is the ruler of this planet with Shambala as his citadel. The Lord of Shambala is also known in the Puranas as Subrahmanya.

Shambala is known only to the Adepts. They are ever silent while relating to the Shambala. They visit Shambala to receive the Plan. Their work is to be messengers of God upon Earth. The members of Shambala are all around on the planet; they also involve in tours and travels. They stimulate activities of goodwill and also manifest goodwill in action. They

are bound by the Vow of Silence and speak not of their membership in Shambala. Their life is a life of offering; their inspiration is Shambala and the Lord of Shambala.

(Shambala is differently spelt in English, Shasta is also differently spelled, the Sanskrit phonetics are followed to give the right sound of Shambala and the right sound of Shasta. Shasta is one of the names of Sanat Kumara; the Mount Shasta on the West Coast of the USA is named after Sanat Kumara.)



## 2 – THE MEMBERS OF SHAMBALA

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

The Puranas affirm that Shambala is in the second ethers hidden in the desert of Gobi. The Gobi Desert is within the geographical territory of the present day's Mongolian nation. It is hidden and is in-accessible to humans. Only advanced initiates gain access to Shambala as per the call from Shambala.

The members of Shambala are those who have demonstrated a life of sacrifice for the welfare of the beings. Only sacrifice enables the complete baptism by fire. Such ones, through meditation reach Shambala. The members of Shambala reside in the four corners of the world, preferring mountain ranges. They continue to serve and inspire the surroundings.

Some of the members of Shambala also hold high positions in the world affairs from where they steer the activity of goodwill and demonstrate selflessness.

The members of Shambala are courageous. They hold the Will of God and work it out on Earth.

Nothing in the World really attracts them. They are the dispensers of nature's wealth for the benefit of larger communities. Being human, they have all tended to be semi-divine through submission of personal will, and through sacrifice of personal will in favour of the Will of God.



### 3 – RELATING TO SHAMBALA

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

The path to Shambala is the path to the truth. Truth is beyond all religions and cannot be coloured by religion. The path is open to those who offer themselves to the path of service in every walk of life. The teachings of Shambala pierces through and unfolds the petals of the heart lotus. The teachings continue to inspire even during the sleep hours and awaken the students into service.

It is futile to look for Shambala in the deserts of Gobi. It is an ashram in the ethers and is luminous. Depending upon the purity of heart, Shambala approaches the beings. Your association with the thought of Shambala itself starts the process of purification. The thought of Shambala even vitalizes and lifts-up your pranic pulse.

An ardent wish to relate to Shambala would lead your life into the related paths which would eventually lead you to the touch of Shambala. Recollecting Shambala has no specific rules and regulations. Associate the

recollection with your pulsation; it enables you to gain the touch of Shambala eventually.

Let the thought of Shambala be the very first thought on your awakening.





## 4 – SHAMBALA: SHYAMA-BALA

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Etymologically Shambala means Shyama Bala. Shyama means blue, Bala means infant. Therefore, Shyamabala means the blue infant. When this Earth suffered a deluge, a seer of immortality hovering over the planet saw a blue resplendent infant afloat upon a banyan leaf. The Puranas describe the seer as Markandeya. Markandeya approached the blue infant (Shyama Bala). The boy addressed the seer, “Welcome to you, oh child Markandeya”. This ageless seer was irritated for a while for being addressed as a child by a child. However, he immediately regained his poise and relooked at the infant, who was afloat upon waters availing the banyan leaf as the bed. The boy smiled at the perplexed seer. As he smiled, rays of light emerged with feeble flute music engulfing the whole. The seer was lifted into a trance and experienced non-existence of self in retrospect.

The place where it happened upon Earth has come to be known as the place of Shyamabala, that is Shambala.



## 5 – ANTIQUITY OF SHAMBALA

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Shambala is as old as the planet Earth. It is the soul centre of the planet. Reference is made to Shambala in Hindu Puranas, Tibetan manuscripts and Chinese scriptures. Even the ancient-most scripture in tantra (Kala Chakra Tantra) also refers to Shambala. There are innumerable legends about Shambala in the Trans-Himalayan region. Many and varied are the teachings relating to Shambala. Shambala is the headquarters for spiritual healing techniques as also for the ancient-most path of yoga. It is from Shambala that the knowledge is transmitted in all four directions. The teachings are distorted through time due to inadequacy of purity among those who receive and transmit the knowledge.

The religions that we know emerged only 2500 years ago. But humanity exists on the planet since 18 million years. For all these years Shambala has been the original source of divine inspiration. Sun worship, fire

worship and other ancient worship techniques have all emerged from Shambala only.

Time has arrived for emergence of the thought of Shambala into the world at large. The East as well as the West is at present engaged in the mystical thought of Shambala.



## 6 – KALACHAKRA TANTRA – A PROPHECY

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

The followers of the path of Buddha in their most sacred scripture, “Kalachakra Tantra”, refer to Shambala. They name the king of Shambala as “Manju Sree Keerti”. The Chinese mention in their tradition about Shambala. They name the king of Shambala as “Rigdan Tadpa”. The Hindus in their Puranas mention of Sanat Kumara and Maitreya as the heads of Shambala.

In Kalachakra Tantra a prophecy is scribed as under: “When the world is filled with avarice, when wars tend to be frequent, when humanity is totally in unrest, to dispel the darkness of ignorance the king of Shambala along with his army emerges and eventually establishes the Law”.

According to the said scripture the king of Shambala would emerge in the year 2424. Thus, according to the scripture of Kalachakra Tantra the filthy conflicts of

Kali would end in 407 years (as per the year 2017).  
This is an understanding.



## 7 – GOD AS TIME & TIME AS GOD

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

In Shambala, time is regarded as God. God is time and time is God. Even the scriptures speak of time as God. But in due course of time fire was seen as God substituting time. As time passed by, the Sun was seen as God substituting the fire. Later came many symbols, names and forms of God which totally obscured the very original dimension of God.

Shambala accepts time only as God; it accepts not worship of any other variety. According to Shambala comprehending time and functioning in tune with time is primary. Worshipping time is also seen as a deviation. Equinoxes and Solstices are to be comprehended and are to be attuned to; instead on such days if worships are done it is a distortion, according to Shambala. When you attune to the dimensions of time you realize the original state of your own being.

The full moons, the new moons, the various phases of Moon, the Sun's transit through sun signs are to be

observed more for attunement than for other activity. Tapas is the other name of attunement. Tapas stands for deep contemplation, meditation and attunement. Such attunement enables to realize one's own being and also to realize the purpose for which one is on earth and further realize the potential of the given equipment (body), to fulfil such purpose.

The king of Shambala, Manju Sree Keerti, passed an ordinance that attunement to time be the practice; action in such attunement be the way to fulfil. In dark ages, subtly the humans deviated from the fundamental.





## 8 – WORSHIP & GOODWILL WORK

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

The king of Shambala suggested an equation of worship and action with goodwill. He suggested to subjects to relate to the Sun god to sharpen one's will, to gain knowledge and to effectively work on Earth to fulfil the surroundings. He commanded that there has to be as much goodwill in action as worship. He equated worship to inhalation and goodwill in action to exhalation. Just as one breathes in one breathes out. He commanded that every worship should be followed by an action of goodwill. He prohibited worship in so far as the matching of goodwill in action was missing. Eligibility of worship was linked to goodwill in action. Likewise, to improve the quality of action he insisted on worship. In his kingdom the invocation of light and the manifestation of life through work are the two sides of one coin. They were said to be inseparable.

The king of Shambala was not only a ruler but also a teacher. He was a raja yogi; he continues to be so.

He enlightens and he also rules. He was performing the double function of being a teacher and a ruler; it is a state of a raja yogi. It is a great facility for the kingdom if the king is an initiate or if an initiate is also the king. When they were separated into two people as a king and as an initiate Kali entered in between them to cause differences between the initiate and the king. The king became powerful; therefore, he silenced the initiate. The initiate understood the condition and therefore withdrew into the forest. The facility of wisdom was not available with the king and the king became a slave of power. The rule was lacking wisdom leading to conflicts in the community.

The king of Shambala strongly recommends, “Tend to grow invoking light and manifesting such light through goodwill”. Both the functions are equally important.



## 9 – EXTERNALIZING SHAMBALA

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

In the new age, HPB externalized hierarchical energies; she revealed the existence of Shambala and also its significance. HPB is a yogi of higher order. She is a person with extraordinary perceptions, a grand intelligence and ever-expanding awareness. She is as much an executive as a thinker and a philosopher.

HPB had the good luck to gain the link to the sublime beings of White Island as also to those who constitute the Inner Government of the World. She revealed many secret cave temples as also the knowledge contained in manuscripts, which are preserved in those temples. With much courage she mentioned in her writings discreetly the village of Shambala; she also stated that the members of Shambala are all but persons with bodies of light. Only those who gain a golden(subtle) body, stand a chance to experience Shambala. This hard fact is also informed by her. She encouraged humans to transform into semi-divine

beings to join forces with Shambala and conduct as representatives of Shambala.

Inspired by the teachings of HPB, Alice A Bailey and Nicholas Roerich also could relate to Shambala through their self-will and self-transformation. While AAB described Shambala as the spiritual truth of Earth, Nicholas Roerich gave a visual presentation of Shambala, related mountain ranges and also of Shambala-related beings.



## 10 – SHAMBALA: THE CANDLE OF LIGHT

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

The residents of Shambala are all immortal. They are completely healthy and are full of knowledge. They dwell in bodies which do not suffer aging as it does in the world. The five elements in the ambiance of Shambala are in complete equilibrium and are ever cooperative with each other. The nature in Shambala is divine and is distinct from the rest of the world.

Shambala overviews the global events and the related impact on the globe and the global beings. The residents of Shambala carry out effective meditations to neutralize the negative thoughts emerging from the world which hinder the general progress of the world.

Do you know that at the centre of the Shambala village there is a statue upholding the staff of light in its right hand? That light is transmitted in all four directions. The Hierarchy was thrilled that man could conceive this symbol and set it up as the Statue of

Liberty in the newly found continent where a new age experiment was inaugurated.

Sha-e-bala is the Persian word which means ‘upheld the candle of light’. Shambala also means the strength of peace. Shambala also means the abode of the blue one. Gurdjieff suggested to his followers the sound Sham-e-balka, to worship the highest principle of solar energy. Shambala has many distortions all over the world. It was known in every tradition and again will be known in the near future. Shambala has now decided to externalize.



## 11 – SHAMBALA & MOUNT SHASTA

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

The lord of Shambala, Sanat Kumara, the most ancient one and the most sublime one, is not only the ruler of the beings on the planet but also the teacher and the awakener. In him, the will, the knowledge, and active intelligence are in their complete manifestation. He is called Shasta. Shasta means a synthesis of the three energies namely will, knowledge and action. On the Western horizon, a mount is dedicated to Shasta which is popularly known as Mount Shasta.

The lord works from Shambala in the East and from Shasta in the West, to synthesize East and West at all levels.

Lord Sanat Kumara abundantly manifests the Aquarian energies through Mount Shasta which in turn awakens the entire state of California to usher in the electronic age. California is the pioneering province for global evolution now due to ever unfolding innovations in the field of electronics, communications and

information technology. Imagine the rainbow bridge between Shambala and Shasta, to realize the energies of Aquarius and thereby transform the self. The effort of Shambala and Shasta is expected to manifest the golden age by the age 2424.





## 12 – THE PLAN

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Shambala is the centre from where the will of God emanates on the planet and drives the planetary activity. Shambala receives the impulse from the higher circles during the full moon hours of Aries and formulates the plan of work. The formulation is done for thirty days. The formula is handed over to the Hierarchy during the full moon hours of Taurus. The members of Hierarchy assimilate the plan and initiate the action on the planet during the full moon hours of Gemini. Thus, the three primary full moons of the solar year are utilized for perception, conception, and formulation and delivery of the plan.

The first part of the year constitutes the foundation for the next three quarters, during which the plan is manifested.

## 13 – THE GUARD

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Shambala is the most high and most sublime centre of the Earth. Shambala neutralizes the incoming forces that are detrimental to the Earth. Know that the planet Earth is not as strong vitally as it is supposed to be. This is due to the ignorant activities of the beings on the planet. The negative activity of the humanity attracts negative forces surrounding the Earth, which Shambala ably resists. Earth is exposed to highly beneficial forces as also to detrimental forces. Sanat Kumara, being the king, the lord, and the ruler of the planet, ensures that Earth is protected from extraneous forces. Many a crisis were averted by Shambala which is not known to gullible humanity. That the Earth could be hit by a meteor, that the Earth could be occupied by aliens, are but many legends that prevailed not only now but even from the past. Shambala protects with its army any detrimental impact on the planet and upon the life of the planet.

Likewise, there would be destructive activity emerging even from beings of the Earth, as it happened in Atlantis. Even such destructive energy is neutralized by Shambala. Shambala emerges to neutralize all diabolic activity emerging from within and without at a mass scale.

Be assured that, in spite of the nuclear bombs and other destructive arsenal that are crazily developed by humanity, little would affect the planet. There is an unseen protector of divine power which guards the planet from the centre, which is called Shambala.



## 14 – SHAMBALA – SAHASRARA

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

In the thousand-petaled lotus of the earth, the mystic village of Shambala is posited. It is called the White Island by some members of the Hierarchy. You can envision Shambala by relating to the ‘Sahasrara Padma’ in you. Align the ‘Self’ with the ‘Super-Self’ in you who is but the Master. As the alignment finds its atonement Shambala can be seen. Maitreya, Adi Sankara, and Gautama the Buddha are the ones who are graced with the presence of Shambala.

Know that the way to Shambala is in you as your Sahasrara. Shambala is beyond all dark dreams, religions, and traditions. The culmination of the enlightened ones is in the light of Shambala. One stands to be a universal citizen as one realizes Shambala in him.

Shambala is finding its expression into the four directions of the globe due to the incoming Aquarian energy. As much as energy of Shambala is realized so

much the curtains of concepts fall, and all is seen as Light.



## 15 – FOUR DIMENSIONS

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Shambala presides over the Sahasrara of the planet Earth. It presides over the evolution of the planet and the planetary beings. Shambala has a well-defined purpose of causing evolution and elevation to the beings and to the planet as well.

To reach Shambala, the four dimensions of pyramid are inevitable. They are bhakti (devotion), jnana (knowledge), vairagya (a detached state of being), and yoga (the alignment of the being).

The Hierarchy is ever engaged in imparting these four dimensions of life with a noble objective of recruiting beings into Shambala.

Daily recollection of Shambala itself would reinforce the will to do good, the knowledge, and the effective action. The major reception centre of solar energy on our planet is but Shambala. Relating to Shambala would enable reception of the Will, the Knowledge, and the Light of God in greater measure.

Shambala is the reception centre on Earth for the energies that emerge from the Sun, the Moon, the Mercury, from the Central Sun, from the Seven Seers of Great Bear, as also from the teachers of Sirius. Receiving the energies from variety of higher sources, it distributes the same on Earth for the well-being of the earthy.



## 16 – LORD SANAT KUMARA – THE IDEAL

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

The lord of Shambala, Sanat Kumara, is the mind-born son of the Creator. He is also called Subrahmanya, Saravanabhava, Shanmukha, Parvathi Kumara, Karthikeya, Visakha, and so on.

The stature of Sanat Kumara is too lofty and it is indeed a great sacrifice for him to accept a seat upon Earth and rule the earthy. The angels feel that Sanat Kumara is too humble to accept such a seat. In their circles, the angels speak of the state of the grand emperor who is now ruling over a small village sitting on a rickety chair with no facilities whatsoever for the royalty. It is a paradox that the most high agreed to train the most ignorant ones in the solar system. The sacrifice of Sanat Kumara is exclaimed as unparalleled and the angels extol him for the grace he showers.



The beauty of Sanat Kumara is that he is engrossed in the upliftment of the Earth and the earthy and in the process, he is self-forgetful of his own status or stature.

Recollection of Sanat Kumara on a daily basis enables reception of abundant uplifting energies. Not many know the existence of Sanat Kumara on the planet. Yet, Lord Sanat Kumara is unmindful of the recognition and continues to work for the village called the globe or the Earth.

May Sanat Kumara be the ideal for those who wish to walk the path to realization.



## 17 – ADJUSTMENTS

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Shambala works generally through the Hierarchy of Masters. This is because others cannot conceive and transmit its energy. The Hierarchy subtly introduces the energy of Shambala into humanity causing the needed changes at a global level.

Shambala balances the energies of the planet and ensures counter balance whenever a particular nation or a race is gaining excessive power. Their hand can be clearly seen in such events as resolution of communistic philosophy which is contrary to freedom and free will which are essential aspects of human progress. It is they who opened up the globe for a free flow of economic forces in the form of globalization. They ensure that neither the West nor the East gain supremacy to the detriment of the others. They constantly supply energies for the upliftment of undeveloped and under-developed communities.

Even to bring planetary adjustments, beside adjustments in humanity, they also ensure water, fire and elemental adjustments. Tsunamis now and then, cyclones of greater dimension, bursting out of the volcanoes are under their regulation. Earthquakes are also seen as a means of adjustment.

The enormous industrial growth followed by atomic fission and the related electronics have their stimuli of Shambala.

The planet and the planetary beings today are walking towards the climax and the related crisis which is also modulated by Shambala.

Those who wish to relate to Shambala should relate to Sahasrara (thousand-petaled lotus) through the means of the Sound OM.



## 18 – SHAMBALA – SACRIFICE

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

There is much glamour about Shambala. Shambala is unthinkable and verily unreachable to those who do not know what sacrifice is. Shambala opens itself to those who offer their entire being without hesitation to the Plan. An all offering sacrament towards a noble goal enables one to stand in the sacrificial light of Shambala. The residents of Shambala are those who have nothing for self. In recent cycles, beings of the order of Maitreya and Buddha stand as outstanding examples of Shambala. The Hierarchy is annually given an entry into Shambala.

The term Shambala is a synonym to sacrifice.

## 19 – DESIRABLE SEEDS

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Shambala is the inspiration and is even the breath of ashrams on the planet. The ashrams relate to Shambala and draw the needed energy, the will, and the knowledge to act. Shambala is an unlimited house of power and knowledge. It acts through the ashrams. If necessary, it acts by itself. When there is global crisis and when the ashrams cannot cope up with the crisis, Shambala sets in, to redress.

Shambala also plunges into action to stimulate the evolution of beings. When it does so, there would be an action of destruction followed by reconstruction. Every resurrection is preceded by a death. Fresh health is through cured sickness. Shambala does not hesitate even to surgically strike and heal the saved parts of life.

The dissolution of Atlantis for the birth of Aryans is but the greatest surgical action of Shambala. It saved the desirable seeds of humanity (sishtas) and eliminated the undesirable (dustas). The bad seeds of dustas are

repaired in the transit house and are sent back into the world. Yet around the core of the dustas the evil remains and springs back through time. It is expected that in the meanwhile the sishtas gain adequate strength to resist the evil and shut the doors on it.

Shambala does this work with much patience for it knows the strength of evil. It works out for gradual weakening of the evil.



## 20 – GLOBAL SPIRIT

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

In tune with changing times, one should leave certain activity to embrace certain incoming activity. To hold better things, you need to release what is already in hand. This knowledge is important. Otherwise, you neither hold the earlier activity nor the incoming activity. Always hold as much as you can and do not hold more than what you can.

When you are keen to hold certain more valuable things you may have to find what is it that can be jettisoned for now. The Aquarian age brings in global values along with global spirit. You cannot hold the global spirit while holding only local values. You need to grow to be a global spirit in which your values are also global.

The problem with the humanity is that every community is stuck with its local values. They wish to be global, but they continue to impose the local values upon a global platform. The global religion is a

prophecy which is being regularly massacred by men of goodwill with lesser understanding. Every community has to rise in Aquarian age into the substance wriggling out of their structures and forms. God in Aquarian age itself is called energy. To experience energy beyond form and beyond name is what Aquarius is all about. To reduce it into a form makes it Piscean.

Let not the goodwill worker walk into the past. Shambala hits hard at such attempts!





## 21 – THE WILL AND PURPOSE

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

The wish to live is but part of the Will. The Will intends to live in body since it has a purpose to fulfil. When men do not know the purpose of life, they entertain the ignorant idea of leaving the body. Leaving the body does not serve any purpose. Until the Will is fulfilled, leaving the body has no meaning. The Will feels fulfilled when the self is realized. The will of men should be purpose oriented. We command the Hierarchy, says Sanat Kumara, that they may guide the little wills of men. The Hierarchy knows the purpose of Life. Though they are fulfilled, they continue to be in life on Earth to help the humanity to find the Will and progress.

Shambala exists only to fulfil the lives of beings on Earth. Until the lives of beings are fulfilled, Shambala continuous to be. Even if this Earth completes its life, Shambala will manifest yet another Earth for continuity of purpose of fulfilling the lives of the

beings. Shambala has seen more than one Earth globe. The age and antiquity of Shambala remains unknown.

To be ever grateful to Shambala is but fundamental to every being on this Earth!



## 22 – PURITY OF EARTH

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Just as the aspirants strive towards purity, the Earth too is striving. Having descended from Venus, Earth lost its lustre. Venus is four times more brilliant than Earth. Having emerged from Venus, Earth lost its lustre and is striving to regain just as the aspirants, who are resplendent souls and lost their lustre due to their mundane orientations. It is for this reason planet Earth is not seen as a sacred planet; just like every man is not seen as sacred.

Shambala embarked upon the responsibility of purifying and uplifting the Earth. In its effort to keep the Earth pure, Shambala strives through the Hierarchy to educate the humanity of the need for keeping the Earth pure. While Earth is striving towards purity, the humanity is working contrary to the Earth's plan. The humanity is consistently and constantly polluting the Earth. Unless the irresponsible nature of humanity is set right, the effort of Earth to purify itself remains

undone. The matter, the water as well as the air are deeply polluted upon Earth. The illicit and immoral activity of humanity infected the Earth with infectious germs, variety of poisonous fevers and epidemics that emerge from time to time. The old epidemics are replaced by the new and more vicious fevers. Varieties of viruses are prevalent upon Earth. Man is afraid of the geometrical progression of viruses but he least realizes that he is the unconscious contributor to the spread of poisonous viruses.

Shambala strives hard to arrest these deteriorating conditions if and when the deterioration is rampant. It even sees natural calamities such as earthquakes, explosion of volcanoes, tsunamis, tornadoes and the like as means for course correction. At times if required, even mass scale wars are used as implements of change.

The Will of Shambala is invincible!

## 23 – SAM

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Shambala, Sahasrara, Sanat Kumara commence with the sound 'Sa'. Sam is the sound that bestows poise in all the planes of existence. Sam stands for equanimity. Equanimity in all planes of existence opens the way to Shambala. Sam connects you to Sankara, the Lord of Cosmic Will who presides over the whole creation. Sam is the sacred sound given to the initiates. Sam is uttered forth in Shambala to relate to higher circles. Sami is the tree and Samam is the quality. Samam stands for tolerance which is but the first command. The disciples aspiring the path of Light to Shambala (Sahasrara) should necessarily practice Samam – tolerance. The tolerant one conquers the life. It was so with Moses, Jesus and every initiate of high order. May tolerance be noted, for the tolerant ones are spotted by the ashrams of Shambala.

## 24 – THE SPRING SEASON

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Shambala is active particularly in the spring season, comprising of Aries and Taurus. When Sun is in Aries and Taurus and Moon is in Visakha and Anuradha (16<sup>th</sup> and 17<sup>th</sup> constellations), the Plan of Shambala descends unto the Earth, via the Hierarchy. Shambala receives from higher circles through the 3<sup>rd</sup> and 4<sup>th</sup> constellations of Kritika and Rohini and transmits via the Moon in a manner soothing to Earth and the beings of Earth. The festival of Vaisakha is the festival of descent which happens around the full moon of Taurus. The Hierarchy, representing the teacher, modulates its manifestation upon Earth. Blessed are those who orient to the Master in the valley of Visakha.

“Wash Karma in space. On the deep blue slate paint ever-elevating colours, ever at the feet of the Master in the Vaisakha valley.”

## 25 – CENTER FOR RECEPTION AND TRANSMISSION

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Shambala is the planetary centre for reception and transmission of energies from higher circles.

Shambala supplements the seventh ray energies that emerge from the sunray and also from the seven planets around.

Shambala synthesizes the work of the seven ashrams and precisely transmits energies to the seven ashrams.

Shambala undertakes the stupendous task of receiving and transmitting the energies of the twelve sun signs and the twenty-seven constellations.

Shambala connects to Pleiades, Great Bear and Sirius to receive, synthesize and transmit as a seed the energies of the three grand energy systems.

Shambala also relates to the eight elephants that uphold the eight corners of the Earth and strengthen the life of the Earth.

Shambala guards the gates to the infernal worlds to prevent intrusions from the infernal to the Earth.

Immeasurable and indescribable indeed is the work of Shambala and that of Sanat Kumara.





## 26 – AFFIRM SHAMBALA – DEBILITATE THE STRENGTH OF KALI

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

One cannot arrest the progress and the domination of Kali. Shambala is the only antidote to Kali. The Puranas say that Kali ends when Shambala steps up its activity. It is therefore wise to think of Shambala at every dawn and dusk. Those who relate to Shambala cannot be harmed by Kali. They remain humble, simple and silent. They also remain as centres that antidote Kali in the surroundings. The aggressive diabolics of Kali are contained by the angels of Shambala. It is an eternal fight between the divine and the diabolic. Join the forces of Shambala. Fall not to the illusions of Kali. For this, relating to Shambala remains inevitable.

Shambala is the seed on Earth of the Second Logos, Vishnu, whose work is to balance the good and the evil. The splendour of Vishnu called Vishnu-yashas prevails in Shambala. To debilitate the strengths of Kali, affirm Shambala! Stay aligned with Shambala!

## 27 – HANUMAN

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Remember that Shambala is connected to Aldebaran (Rohini). It is also called the Eye of the Bull as also the Eye of Siva. Shambala not only transmits light but it also weaves waves of wind of sublime nature.

The aspirants generally look for Light, but they are well recommended to look for the gentle wave of wind that gives a soothing touch and moves away. Such wind is called Pavana. Hanuman, the air god, is considered to be the son of Pavana. He too manifested upon Earth in the month of Visakha on the tenth descending moon phase. Hanuman can fairly be considered as the wind aspect of Shambala while Sanat Kumara be considered as the will aspect of Shambala.

Ensure that you are surrounded by fresh air. If you feel deficient of fresh air, make use of natural sprays or incense. The gods of air are attracted to fragrance.

Shambala has its own unique fragrance. Residents accustomed to the fragrance of Shambala find it difficult to reside and work in other places of the planet. Sandalwood, lavender and musk are traditionally considered as classical fragrances.



## 28 – ADJUSTMENTS AND URANUS

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Shambala has stepped up its activity of adjustments to the Earth and the beings of the Earth ever since the beginning of the Second World War. It is steering the rays of Uranus to cause the dynamics of change to the planetary activity which was otherwise static and even inert. From inertia to dynamism, humanity is stimulated via Shambala and ever since the Second World War, there has been a wakeup call all over the globe.

Shambala also utilizes the Bull's Ray in the month of Taurus to energize the matter – Taurus being the first earthy sign of the zodiac.

The planet is put to additional heat to enable the adjustments. It also resulted in melting the glaciers and icy mountains of the poles. To ensure that there is not much flood of waters on the planet, the sea waters are lifted up through the hot rays of the Sun which again is the activity of Uranus.

Humans do not drink as much as before. It is a key to progress that the fire in the humans gradually replaces the water in the humans to make the bodies light. Thirst is generally reducing, and, in some cases, water is even recommended to replenish the need of the heat of the body which then evaporates through the additional heat injected. In general, the planet is tending more towards fire than before which is noticed by the mundane as the planet gaining heat causing melting of ice at poles which could result in flooding the planet. Shambala governs these factors relating to the planet and ensures a progressive new balance.



## 29 – GLAMOUR

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

The teachings of Shambala are not widely transmitted for fear of distortion. Persons who believe themselves to be disciples are subservient to glamour. Those who are affected by glamour cannot transmit the truth.

The so-called disciples, goodwill workers and goodwill groups who speak of welfare of the society are mostly glamoured and in their glamour they project themselves more than projecting the activity.

However much the adepts try to set the disciples out of glamour, they have not been successful. In their circles (Masters) glamour is everyday topic relating to so-called disciples. The humanity neutralizes the good efforts of the Hierarchy and Shambala silently witnesses. It dares not to transmit any further teachings since the poor state of already transmitted teaching discourage them from any further teachings.

Unity is the keyword of Hierarchy while disbanding such unity has been the activity of humanity. Through centuries it was envisaged that Europe has to be a well-bonded union. It was conceived during the times of Alexander, Napoleon and even Hitler. Yet it remains a bundle of nations and could never attain the state of union. Such is the antidoting effect of humanity upon the intent of the Hierarchy. Hence Shambala remains silent.



## 30 – CAPRICORN

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

On the longest night, the Hierarchy attunes to Shambala and conducts the ritual of the birth of Saviour. The dawn after the longest night inaugurates Capricorn. Capricorn is the sign when devas are born, while humans are born in Aries. The birth of devas precedes the birth of humans. It is the devas who prepare the creation, in which men enter midway. Dawn of Capricorn is not only seen as the emergence of saviour but also seen as the most auspicious time to sow seeds for the year to come.

The Lord of Shambala implants the seeds of the Plan in the subtle plane among the deva intelligences from whom the Hierarchy gains the detail in the following sun sign Aries. The Hierarchy therefore connects to Shambala not only in Aries as is generally known but also in the preceding Capricorn.

The rays of morning sun through Shambala which contains the blood of the saviour are received by the



Hierarchy forming a triangle with Shambala. Sahasrara is the centre to receive these energies.

The disciples would do well to visualize a triangle as between Shambala, sunrays of Capricorn dawn and Hierarchy. Such work in the month of Capricorn is highly beneficial to lift up one's energies.



## 31 – SHAMBALA – SRAVASTI

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

For Shambala, Sravasti is the door for expression. Sravasti has seven planetary centres. The Word that emerges from Shambala is expressed from Sravasti simultaneously to all the seven centres. Those who have developed the ability to internalize themselves will receive the Word from any one of the seven centres to which they belong. It is these persons who truly manifest the Plan upon Earth.

The connection between Shambala and Sravasti is one of Will and Knowledge. From Sravasti to the seven centres, the transmission is also of Will and Knowledge. The action part of the Word is with the seven centres whose work is to manifest.

Sam is the key sound at all levels. Sam is also the sound relating to Saturn. The work indeed is saturnian, but it manifests as joy of work and bliss of existence.

## 32 – STAR OF CAPRICORN (MAKARA)

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Two thousand years ago a miracle has happened on the Earth. A great initiation took place for humanity. The Will of Shambala and the Love-Knowledge of Maitreya found their synthesis. As a consequence, doors were opened upon Earth for a synthesized manifestation of Will, Knowledge and Love.

The synthesis of the first and the second ray resulted in a star in the firmament which is called the star of Makara, the star of Capricorn. This star is visible to disciples in the month of Capricorn. When moon is in the first 14 degrees of Capricorn, the impact of this star is felt within the heart. The planetary lord that presides over the star is Saturn - the planet of service and sacrifice. Saturn is worshipped in ancient wisdom schools as the star of Capricorn.

The star of Capricorn was envisioned by Jesus while he was moving in the olive gardens of Jerusalem. It inspired him to conduct a total sacrifice for

manifestation of divine Will and Love associated with Knowledge. Jesus did so. It is an unparalleled act of sacrifice in Kali Yuga. Consequently, there is the spread of the synthesis of Love and Will upon the Earth. Though humanity was not yet ready to join the path, the related seeds are sowed in the human soul and will eventually sprout in the heart center to enable disciples to follow the path of service and sacrifice by which they are liberated via Sahasrara (Shambala).



## 33 – PRAYER

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Shambala too prays regularly during the twilight hours. The purpose is to invoke and bring down the Plan. Sanat Kumara leads the prayer. The invocations are spread all over the globe to reconstitute planetary health. The spirit of prayer of Shambala can be conceived as below:

I stand alone in Light.

I uphold the torch of Light.

The bliss of Brahman is the Light in which I stand.

I assimilate the Plan that descends into Me and  
fills Me.

I transmit the Plan standing shoulder to shoulder  
with my colleague.

We make sure that the Plan enters the four  
kingdoms on earth.

We spare no moment in our effort to uplift the  
Earth to the kings of beauty.

## 34 – UPLIFT OF THE PLANET

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

The work of Shambala is to transform the Earth into a sacred planet. The planet Earth is considered non-sacred and is the venue of the ignorant and the cursed. The beings on the planet, though belonging to Sun, are also ignorant and cursed. They are all fallen Sons of God.

To uplift the planet and to uplift the beings of the planet is a stupendous work undertaken by Shambala and the Hierarchy. It is the heaviest cross mounted upon Shambala and the shoulders of the Hierarchy. Jesus shouldering the cross is but a sample. Shambala and Hierarchy hold the planetary cross with much will, courage, patience, forbearance and forgiveness.

Note that the cross is picked up and held on the shoulders by volition – free will. Jesus too picked up the cross by his free will. He had many other choices but to him the Hierarchy is the model. Hence, he demonstrated.

Note that discipleship is not a path of bounties, treasures and valuable gifts. It is a path of thorns, of fire and of pain.

Shambala teaches to bear the pain, to forgive others and forbear nonsense. It is a thankless job carried out for ages. Amazing is the hope of Shambala and Hierarchy; adore them and admire them. If willing, step into the path.



## 35 – WORK OF SHAMBALA

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Uplift, practice and preach are the three dimensions of the work of Shambala. Shambala uplifts the truth and the law. Imparts practice of truth and the related law. It even preaches through teachers that demonstrate the truth and the law. It has a subtle network for publicity.

The work of Shambala extends to the animals, plants, minerals and the planet. It is not just limited to humanity. Humanity is also graded according to their ability to uplift and serve the cause of the animal, plant, mineral and the planet. No man is ever considered theistic or holistic until one includes the planet and other kingdoms on the planet as part of the brotherhood of beings. It is foolish to think that man is spiritual when he only thinks of himself and his clan. A complete human is one who has a large heart to be compassionate towards all beings on the planet and even to the planet. ‘Brotherhood of beings



and fatherhood of God' is the famous saying of the Hierarchy.

The man that pollutes the planet and the man that hurts other species on the planet is unfit to be part of Hierarchy. The game rules of Hierarchy and Shambala are noble and hence are mighty. They are not as narrow as the goals of religions.



## 36 – THREE GREAT CENTERS

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Our Sun is guided by the Great Bear, the Pleiades and the Sirius. He in turn receives the triple energy and transmits through the seven rays, seven sounds and seven colours, to Earth via Shambala.

Shambala has a great role to receive 3 times 7 energy from the Sun and transmit it through the seven ashrams on the planet. It is a subtle service which mostly remains unnoticed and un-thanked.

Visualize three great centers around the Sun namely the Great Bear, the Pleiades and the Sirius. Meditate upon the three different energies transmitted from the three centers onto the Sun. Further visualize reception unto Shambala of the triple energies via the seven rays. Further visualize the work of Shambala in transmitting the resultant energy to the seven ray ashrams of the planet.

The inmates of the seven ashrams regularly receive on a daily basis these energies and transmit them to

humanity at large for their evolution. The humanity as such is unaware of the work of the ashrams, of Shambala and of the Sun. Yet the work goes on.



## 37 – A-U-M

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Among the three sounds of the sacred word ‘A’ is the most sacred ‘U’ and ‘M’ are sequentially important.

Shambala stands for A. A is Will of God. U is the Knowledge. M is Activity. It is the Will of God which holds the creation, the solar systems, the planetary systems as also the lives of every being up to the ant. The Will of God is invincible and is greater than the Life and Love. It is this Will that is downgraded as desire in the lower planes of existence. Where the Will is pure, all others burn and merge into the Will. Will enables transcendence. Shambala is the center of transcendence for the beings of this planet. The Time and Nature cooperate with Shambala. Only the White Brotherhood of the planet resides in Shambala and explores the endless Will of God.

## 38 – ATTUNEMENT TO DIVINE WILL

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

To awaken humanity towards the fact and the truth of Shambala is but a service in the Divine Plan. It is prophesied that the Aryan race either succumbs to or transcends the fire. The Atlantean race succumbed to waters and the Aryan race is to succumb to fire if it does not transcend. Sanat Kumara, the Lord of Shambala, intends to intensify the Will of the Divine in humanity so that the humanity transcends instead of succumbing.

Among the seven rays of the Sun, the first ray is called Sushumna (the ray of Will). Within humans, there is a vertical nerve in the spinal column which enables flow of the energy of will. When the Divine Will prevails over the will of man, man gets lifted up. The sunray is the means for such lift-up. Sanat Kumara is the teacher who stimulates Will of God in those who orient by submitting their personal will to the Divine Will. Gayatri Mantra has been the foremost of the means for such attunement of

individual will with the Divine Will. “Father, thy Will be done, not mine” is the popular thought of the West. It is but necessary that aspirants orient to the Will of God through their morning prayer either at ajna or at heart or at higher heart centre. Aries, Leo and Capricorn are the related sun signs to the three aforesaid centres. The ram of Aries, the lion of Leo and the unicorn of Capricorn are but symbols of the Will of God as indicated by astrology.

It is about time that man develops will to do good, aligning with the Will of God, either at ajna or at heart or at higher heart centre. By this, he connects to Shambala. Shambala in turn, is in eternal connection with the Great Bear, Pleiades and Sirius. The indomitable Will of God aligns with the will of man when man orients to Shambala on Earth. Therefore, the need to relate.

## 39 – MARTIAN FORCES - 1

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Ever since the discovery of atomic energy by man in the twentieth century, humanity is exposed to rapid changes in their living conditions. During the last 80 years man familiarized himself with use and abuse of this indomitable energy. Humanity is aware that with appropriate use of atomic energy one can transform the planet and the living conditions on the planet. The result of such an action is plenitude and fulfilment. But, a minor percentage of humans (1/6th) are still dominated by the old energy of power and money.

Affected by Kali, this minority community amidst the humans rules and controls nations and continents. In their hands rests the power to use or abuse. To prevent irresponsible decisions happening in the governmental circles, thousands of groups representing humanity are conducting prayers in goodwill. Goodwill is but God's Will. It aims at the welfare of all. But the impact of Kali is devitalizing the energy of goodwill. Hierarchy

joins forces with men of goodwill to uphold goodwill and thereby ensure neutralizing stimuli against the use of power in destructive ways. Many a time, such stimulations were neutralized though not noticed by the humans at large. It is therefore necessary that we work with the Great Invocation and also with the Diamantine Prayer for Peace and the Global Peace Prayer. It is but a humble contribution from the New Groups of the World Servers.

Lord Sanat Kumara, along with Manu Vaivasvata and Lord Morya, forming a triangle, are steering the Martian forces. Instead of fighting wars outside, they drive humans to fight the war within each personality to dissolve conflict and settle in harmony. Mars, in association with Mercury enables the process.





## 40 – MARTIAN FORCES - 2

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Shambala suggests to humans to ‘steer the force of Mars with the temper of Mercury’. When applied inappropriately, the force of Mars destroys. Likewise, when applied appropriately it develops the surroundings. The knowledge of how to apply the force, its timing and its placement is in the hands of Buddhi, which is the light of the soul. Mercury is but Buddhi, it gives right understanding of when, where and to what extent force should be applied and when not. This can be astrologically stated as a good equation of Mars and Mercury. When Mercury presides over Mars, progress is the result. When Mercury and Mars do not see eye to eye, conflict emerges.

Mercury is a neutral energy. It is friendly and even diplomatic. Mercurians avoid conflicts and find a way to move forward. They look for a ‘win-win’ situation. Through dialogues and articulated speeches, they tame down the fierce dimension of Mars. Remember,

Mercury is the lord of speech. Through right speech and dialogue many wars were averted in the past and the present. Mercury believes in friendliness and Lord Maitreya, the World Teacher, has a band of disciples who work in the inter-governmental and intra-governmental circles to tone down tensions with goodwill as the background objective.

Friendliness, diplomatic speeches with the background of goodwill can bring down enmities and build bridges of goodwill. When the soul and the personality build a bridge between them, such a soul infused personality can render global service. A group of such soul infused personalities can hold the globe in peace when they are at function in the inter and intra-governmental spheres. Shambala is at work with Lord Maitreya and Master Koot Hoomi to ensure global friendliness. This can be worked out only by men in whom the soul and the personality are aligned.

## 41 – SERVICE

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Shambala introduced a new idea in this world to neutralize the effect of Kali. Shambala taught that among the ways of relating to the Divine, serving co-beings is superior to worship. Shambala teaches and demonstrates that serving all the beings, including the human beings, by relating to the divinity in all that is, and contributing to their welfare is more effective than a mere worship of the Divine.

Shambala teaches that serving the co-beings is the direct path to the Divine. It is the thought of Shambala that the hands engaged in serving the co-beings receive a greater touch of the Divine than when at worship. Compassion towards the fellow beings and working for their uplift is seen as real worship according to Shambala. Establishing a shelter to the needy is seen by Shambala as a much superior activity in comparison to building temples in the outer.

Shambala teaches that the efforts directed at reconstruction of the society and working to make it free of vices are seen as acts that purify much more than the fire rituals. Taking care of animals, persons with physical and mental disabilities, providing refuge to orphans and destitute and striving for the sanctity of the five elements are encouraged as true rituals by Shambala. Shambala considers such virtues that materialize goodwill to be of value. Restoring societies to a state of normalcy and health is seen as a greater act than the worship.

Shambala has devised newer ways to experience the Divine and for Self-realization. Cooperation and help are fundamental in comparison to the study of the Scriptures; Sacrifice as a more effective route to the divine in comparison to meditation; and Service towards welfare of the co-beings as the highest ritual are seen as the new ways!

## 42 – UNIVERSAL WELFARE

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Divine Will is the means to manifest the Divine plan. Divine Will is perceived only when the individual nature transforms into divine nature. The six-fold distortions (desire, anger, covetedness, glamor, carelessness and spite) of human nature, emotions, instability and fundamentalist aspirations disable the perception of the divine plan. Impure muddy waters cannot reflect the clear skies above! A clean life, An open mind, An eager intellect ..... (Ref: Golden Stairs by Mme. HPB) - therefore become prerequisites to perceive the Divine Will. In those who have not accomplished the first two fundamental steps of Yama and Niyama (of the Eight-fold path of Yoga), it is but impossible for the Divine Will to descend.

Complete faith in Truth and righteousness, and a natural taste for virtues, can enable transformation of individual nature to Divine nature. Any amount of discipline and austerities in the name of consecration

do not help gaze the Divine Will. Such stubborn and hard practices only bring in much suffering to oneself. Fulfilment is certain when indomitable will coexists with a life of righteousness.

Thoughts of goodwill are not personal in nature. Such goodwill is not localized to a group, a community, a region, or a time. Without such limitations and localization, when the plan is worked out for the welfare of all, it remains an eternal work. Shambala is consecrated to conduct of activity which is intended at universal welfare. It is on account of such ideals, that Shambala even extended subtle support to the allied nations during the second world war helping them to a victory.



## 43 – GOODWILL AND SERVICE

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Doctrines of love have been spoken of and demonstrated by the Mahatmas. Even with all this, the principle of love is not yet stably anchored with humanity. To the majority, love continues to remain just a doctrine. It is an illusion among many that a compassionate view towards the poor and the weak itself is love. Till date, real love remains unfound in the world. To experience ‘all’ as oneself, and to relate to it, culminating in a state of seeing ‘no-other’ but one is love, as enunciated by Lord Maitreya. Love ceases to be, amidst the dualities of good and bad. The Hierarchy is of the view that, love is instituted when one practices to see the divine in all and it is not just through certain acts of service and compassion.

A steady will is necessary to experience pure love. Constantly purifying oneself with steady will, dissolves the difference between ‘one-self’ and ‘others’. Such state of One Presence is called Saroopya. It is a practice

of seeing ‘Him’ through all the forms and all forms as ‘His’ form. Love cannot be experienced without such practice. ‘Will’ therefore is fundamental to this practice. As the student continues to purify himself with the constant application of will, certain qualities gather in him naturally. The qualities of Harmlessness (Ahimsa), Alignment (of thought, speech and action), celibacy, absence of thieving instinct, inner and outer purity, inclination to wisdom; are all picked up.

Thus, will is an essential factor which is required for working out the preliminary steps till the culmination of the evolution, which in itself includes the conduct of the divine plan too!

It is a facility that will springs up and reinforces in those who align to time in their functioning. It is a message of Shambala, that the will thus gained be availed, to purify oneself and also for the conduct of world service at large.



## 44 – THE SPECIAL ONES (DISTINCT ONES)

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Will is needed, such that a being is not bound by matter (the world). To relate well to the surrounding life also needs much will. To be able to leave the body voluntarily also demands will. Only when these three are willed and accomplished, a being is fulfilled.

Matter gathers around a being. Even in the womb of the mother before birth, fivefold matter accumulates around the being. As spermatozoa (Sukra), he is an embodiment of light. Thereafter the seven tissues form layers around him. The being continues to receive and accumulate matter even after birth. By about 30 years, he is completely bound by matter with-in and with-out. It is like a spider caught in a cobweb of its own making!

Attraction to matter keeps the beings bound. Strangely, it is not the matter that attracts. It is one's own nature that causes such an attraction. To come out

of such bondage, one has to work out in order to shift his orientation from attraction towards the world of matter to that of the subtle.

As we look to an object of beauty, an urge to touch or possess it is not the quality of the object. It is the quality of Rajas in the being. The three qualities of Satva, Rajas and Tamas can also bind us. A strong will serves as a primary instrument to come out of such bondage. To see the Lord as the indweller of the attractive objects helps to relate appropriately. When that happens the urge to possess is neutralized. Such ones do not identify themselves with their bodies. They carry an understanding that the body is given, while the being continues to 'Be'. Encapsulated in sheaths of matter, they continue to Be!

Such beings are the special ones, Visistah. They are also the foremost ones, Varistah!

Work out such a will, aided by the strength of Shambala!

## 45 – SARVAHUTA YAGNA

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

With the touch of Shambala, a highly inspired Jesus willed the Sarvahuta Yagna (All Sacrifice). The ritual of Man-Sacrifice (Purushamedha Yagna) also means the same. It is sacrificing oneself to fulfil a part of the divine plan.

In the past, Parasara conducted Sarvahuta Yagna to enable the descent of the Lord. Parasara co-operated by sacrificing himself to accomplish the supernatural body into which the descent of Lord Krishna happened. It was a supernatural body of very high purity not possible with the five elements of the planet. In the process, he submitted himself and even his life. With much intent, Jesus listened to an account of this episode from a maharshi. He was deeply inspired. It was due to the touch of Shambala, that Jesus then thought of making such a grand sacrifice for a divine purpose.

Jesus, as he strolled in the garden of Gethsemane, the seed from the past sprouted again in his heart.

Turbulence arose in his mind. To offer himself in sacrifice or to protect himself was the dilemma. Though capable of protecting himself, Jesus got into the hands of the Roman soldiers to be nailed to the cross. It occurred to him that there was a higher purpose in doing so. His act of resurrection and appearance to his followers, would very well demonstrate the eternal truth of deathlessness. A veil of ignorance relating to the myth of death would thus be lifted up in the western world. A divine purpose will thus be accomplished. Refuge in the Will of the Lord appeared to be most appropriate to Jesus as he was contemplating over this dilemma. He kneeled down and prayed, “Father! Thy Will be done!”

Thus, the will of Shambala was fulfilled and a new era inaugurated.

## 46 – UNIVERSAL WELFARE

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Only the self-governing ones are eligible to govern others. It is but laughable if one looks to governing others without being able to govern oneself. Shambala respects and even nourishes the principle of self-governance. The touch of Shambala is proximate to those self-governing ones who further offer themselves in service to the universal welfare.

To all those self-governing ones, consecrated to their life's purpose as universal welfare, the opportunity of the touch of Shambala is real. This reinforced goodwill with the touch of Shambala, further attracts the like-minded beings in pursuit.

The helpers that gather around are also to be led to synthesis and goodwill. They are gathered into the fold in harmony and not through authority. The ones that gather around are not to be used for personal gains. They are gathered as brothers into synthesis and into the work of goodwill. Such a group with its collective

strength functions as an army of goodwill workers. They accomplish definitive purposes in world service.

Purpose guides such groups and love for one another prevails as a subtle undercurrent interlinking the group members. When the groups conduct acts of service with the strength of such love and goodwill, Shambala recognizes. The group progresses towards becoming a global group engaged in service.

When as groups, the students engage in the practice of the eightfold path of Yoga, visit of Shambala's grace is possible.

Conducting acts of goodwill in brotherhood and moving progressively in togetherness is seen as fundamental.



## 47 – HUMAN VEHICLE (MEDIUM)

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

The beings, societies and races cannot look to progress unless the crystallized selfishness is destroyed. Whenever necessary, Shambala even wills wars and natural calamities and intends through them, further progress of the beings.

The human serves as a vehicle for acts of welfare and destruction too! Shambala conducts acts of welfare through the humans. There are also instances, when, certain acts of destruction are also conducted through the human instrument by Shambala.

Embedded in the Will of Shambala are progress, as well as destruction. In order to save a life, does a doctor not treat surgically, if necessary? Such a surgery is verily intended for his wellbeing. At times, the use of weapons is also intended to ensure the welfare of the beings thereafter. Deeply rotten societies are put to reconstruction through war, by the Will of Shambala. The European continent gained much light through the

two world wars. But the increasing selfish tendencies are leading it back to the former state!

Shambala has willed that the American land functions as the new field whence humanity progresses further. The Symbol of statue of liberty setup there, upholding the staff of light in the right hand is also an inspiration of Shambala. It is a new age experiment to gather beings from all the four sides of the globe and inaugurate a new era for human progress. It has therefore become possible for members of all races to move to the American continent. However, the efforts of Shambala are also met with obstructions with the gradual gaining strength of the selfish forces. Freedom and independence of the beings are being curtailed. Opposition from selfish forces have surfaced as an obstruction to the efforts of Shambala towards human progress and welfare.



## 48 – THE PATH OF LOVE

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

There is a conflict between the altruistic will of Shambala and the selfish distorted will of the humanity. The Masters of Wisdom strive to promote the thoughts of goodwill in the beings, but due to the effect of Kali, even the supposed goodwill works get manipulated and end up being selfish works.

Many progressive societies and organizations that started with very noble objectives are also getting distorted and drift away from the objectives. This is due to the effect of Kali. Such distortions and bondage can be rectified with the cooperation coming from Shambala. Only the Will of Shambala can burn away the selfish nature. Drastic steps to change even result in loss of human life. Due to the unconditional love for beings, Shambala prefers to work through the path of love and guidance. Shambala cooperates with the Hierarchy of Teachers to conduct this change through love and guidance.

The patience and tolerance of Shambala is indescribable and unparalleled.



## 49 – SERVICE

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

The consciousness of Shambala aids in consolidating and strengthening the group consciousness. Recollection of Shambala and Lord Sanat Kumara helps to achieve such an objective.

A group is a gathering of beings who have come together to accomplish the works of goodwill. In a group, all members shall be committed to serve, and they care for welfare of others in preference to their personal welfare. Such ones will be the members of goodwill groups who believe firmly in usefulness of service and welfare of others in preference to personal welfare. They function definitively in service to surrounding life. When members of such groups are dependent on others for their needs, and use group resources for personal benefit while invoking Shambala, it brings in much conflict.

20<sup>th</sup> century saw several thousands of people emotionally gather in groups, in pursuit of truth.

They were inspired by the teachings coming from the Hierarchy. But without working out the teachings and putting the wisdom received to practice, the groups remain devoid of understanding, ability or being qualified for the work of service. Engaging in objectives of world service without equipping oneself with pre-requisites and the needed consecration is resulting in enormous conflict within the groups and among the individuals.

Economic independence, contentment in objective life, inclination to follow a Dharmic way of life (the Law), and consecration to a life of service are the essential qualities for a member of any goodwill group. When members who do not fulfil these pre-requisites are admitted into groups, they continually present impediments in accomplishing the objectives of service.

Shambala ever stands as a protective shield and a source of indomitable strength to all the selfless goodwill groups.

## 50 – REPRESENTATIVES

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Three categories are evident among the humankind. The first category is beastly in its conduct. To them, truth is limited to their faith; what they proclaim is the doctrine and their way of life is but the path of righteousness! Unmindful of any trouble that they cause to the co-beings, they cause much suffering and hurt. They live away their life to the exclusion of all others by constantly justifying their actions.

The second category of people carry some sense of discrimination about right and wrong, truth and untruth. They strive to improve themselves by trying to improve their virtues, working on their limitations and by introspecting over the mistakes committed. Whenever such people commit mistakes, they immediately realize it, repent over their mistakes and try to correct themselves.

The third type of people are the ones who have dedicated their lives for the welfare of others. They strive unendingly for the wellbeing of the society at

large and to them group welfare is always a priority over personal welfare. They even demonstrate readiness to sacrifice for the work of goodwill. Shambala provides strength to this third category of servers.

Only through such beings, the Will of Shambala is conducted on this planet. They are the role models for the humanity and continue to live eternally. They serve as representatives of the Divine on this Earth and cooperate in the conduct of the divine plan on this planet.



## 51 – THE WISE ONES

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

The common ones seek peace and prosperity in their lives. Uncommon are those who look for evolution and purpose in their lives. It is an aspect of wisdom that one tends to think of everyone's growth and usefulness. The ones inclined towards such wisdom and work for the welfare of all, turn out to be the wise ones!

Shambala is for the wise ones. Shambala energises those who live a life of utility and service, and carry a deep intent to uplift the beings around. A true goodwill worker is the one who strives to take the society forward from its present state while the ordinary ones look for personal advancement.

Gautama, the Buddha practiced and taught the virtue of harmlessness (Ahimsa). It made a considerable impact on the planet towards universal welfare. Similarly, Jesus, the Christ practiced and taught love towards the co-beings. He even demonstrated love towards those who hated him. Shambala ever

stands with such wise ones. Shambala cooperates and supports those who dare and strive for the upliftment of humanity at large.

There is an inseparable connection of Shambala with the cardinal cross. The Divine Plan manifests on the planet through the signs of the cardinal cross. The Plan is first received by Shambala. The ones who aspire to align with Shambala, shall meditate on Shambala and Lord Sanat Kumara on auspicious days such as equinoxes and solstices, without fail. The will is strengthened as a result of such meditation and enables accomplishment of life purposes.





## 52 – THE INFLUENCE OF KALI

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

The Vaisakha valley in the Himalayas, Tokyo, Geneva, London, New York and Luxor in Africa – are the five major centers that Shambala established as a five-pointed star and transmits power. With an exception of the Vaisakha valley, the manifestation of this energy through the other four centers is very limited. The distortions in these centers due to the influence of Kali is impeding this manifestation.

American politics intertwined with immoral functioning, the Russian governing style in Europe that curtails much personal independence, friction between different communities in London; these distortions are impeding the manifestation of the plan of Shambala. The center in Africa is polluted due to the European leadership, and likewise the center in Japan due to the American leadership. The work of Shambala is therefore slowed down much.

Four out of the five centers described above are to be rescued from this pollution. In the invocation coming from the Hierarchy, the progress of these centers is embedded. Progress of these centers brings about much welfare to the human race on the planet. The Hierarchy is alert to this dimension.

In the plan of Shambala, cleansing of London and restoration of the center is of immediate need. Once goodwill is established in the British rulers, the times ahead are hopeful for the American, African and Asian continents.



## 53 – THE WILL

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

There is a conflict between the altruistic will of Shambala and the selfish distorted will of the humanity. The Masters of Wisdom strive to promote the thoughts of goodwill in the beings, but due to the effect of Kali, even the supposed goodwill works get manipulated and end up being selfish works.

Many progressive societies and organizations that started with very noble objectives are also getting distorted and drift away from the objectives. This is due to the effect of Kali. Such distortions and bondage can be rectified with the cooperation coming from Shambala. Only the Will of Shambala can burn away the selfish nature. Drastic steps to change even result in loss of human life. Due to the unconditional love for beings, Shambala prefers to work through the path of love and guidance. Shambala cooperates with the Hierarchy of Teachers to conduct this change through love and guidance.

The patience and tolerance of Shambala is indescribable and unparalleled.



## 54 – MEDITATION

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

When you associate the etheric centres of consciousness in you, from Sahasrara to Muladhara with Shambala and conduct your meditation, your will begins to get auspiciously transformed. To align with the Divine will, perceive the divine plan and to conduct life on Earth, this knowledge to associate with Shambala in meditation is very necessary. Shambala stands as a goal and destination, to the Munis, Rishis and the Yogis.

Shambala is the center for unfoldment, brotherhood, and transformation relating to humanity on the planet. Ajna center as the gateway, the aspiring ones try to receive the consciousness of Shambala via the sahasrara. Work out to transmit such energy of Shambala to the centers below ajna. Continuously, conduct your meditation in this manner, with a spirit of service and sacrifice. It enables reception of the necessary guidance to transform oneself into a world server. The touch of

Shambala can progressively alter the course of your life journey.



## 55 – A 5-DAY CONSECRATION (PANCHARATRA DEEKSHA)

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

From the ancient most times, the Seers have been emphasizing to the aspirants, the necessity of relating to Full Moon meditations. For two nights before the full moon, during the full moon and for two nights after the full moon, a very enchanting and delightful transmission of light happens on the planet. By associating with this light of the full moon in the night hours during these 5 days, one stands a chance to experience the full moon meditation in its completeness.

Sanat Kumara, the Lord of the planet is also in a state of deep contemplation for these five nights around the Full Moon. When the student relates in meditation, with this awareness, he is easily enabled to receive the touch of Shambala.

In the present time, though the practice of Full Moon meditations is gaining popularity with the

students globally, it is also true that the profundity of these meditations is as yet incomprehensible. In those, who conduct the meditations for five nights around the full moon with an awareness as described above, deeper transformations are enabled.

Recollect Lord Sanat Kumara together with the Teacher. Your meditations shall be more effective!





## 56 – INDEBTEDNESS

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Shambala is the center for transformation. Death as a transformation is a truth fundamentally inaugurated by Shambala. Those who die, are reborn again and again on the planet. A detached attitude to things and a state of no-desire is a rarity on this planet. Even the ones, who have transcended the desire nature in them, cannot pass-over from the planet so very easily.

Even beyond the desire nature, the duty remains. We are indebted to the planet. The more one gains in awareness, the more he comprehends that it is not easy to stand free of this debt. The Hierarchy is also on the planet engaged in the duty that emerges out of such indebtedness to the planet.

Death is to the body and not to the being. To the beings, death brings no change in awareness. Desire brings them back again and again into cycles of birth and death. Shambala therefore, teaches that, death to body is no death! To be dead to the desire nature and

to be born in duty is seen as real transformation. Such a birth is seen as much superior birth. To discharge the duties emerging out of the indebtedness towards the seers and the planet, one needs to conduct acts of service on the planet for long cycles of time.

To those ever engaged in duty and free of desire nature, the formation of the subtle body (Antahkarana Sareera) is a reality. Functioning with the subtle body, when the duties are discharged, there is no obligation to further remain on the planet. Even the subtle body can be dropped at will! The Masters of Wisdom that we know about, are the ones, ever engaged in the work of goodwill, functioning through the subtle bodies. Lord Sanat Kumara guides the Hierarchy of Masters on the planet.

Lord Sanat Kumara dropped even his subtle body in the previous cycle of time (Kalpa), ascending to the state of Brahman. He is a grand light that chose to stay back on the planet for the upliftment of the beings.

Shambala therefore teaches about the three deaths. The first is death to the form. The second is to the body of desire. Thereby, there is a cessation of the actions arising out of the desire nature. The third of the deaths is the Nirvana. It is a state of accomplishment of the duties on the planet.

Master Djwhal Khul informs us that the only light that has stayed back on the planet having transcended

the three states is Lord Sanat Kumara. Out of love for the beings on the planet, He has voluntarily stayed back and is available on this planet!



## 57 – DEATH TO FORM

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Shambala carries a distinct and special understanding in relation to Death. According to Shambala, death to form is no death! To the being who is the indweller of form, there is no death. Death and decay are to the forms and not to the Beings!

In the course of time, it is inevitable that the forms decay. The form has birth, and therefore dies! The Being is unborn and therefore, he does not die! Shambala teaches that it is but ignorance to wail at the death to form. Even in Bhagavad Gita, this is the foremost teaching that the Lord gives out.

Shambala carries a special understanding of the wars on the planet and mass destruction of the human forms. The death to forms through war is superior and distinct from the death that routinely occurs to human forms. To an average man, death means much fear, suffering and a clinging to the body. Finally, there is a separation from the body, unwillingly. A soldier

in war, however, bravely marches forward staring into the possibility of death at any moment. Willingness to embrace death is a soldier's natural quality. Shambala therefore sees the soldier as equal to a Yogi, in embracing death to the form!

Today, even those popular as the Teachers and Yogis do not carry the ability to exit the body at will. They are unable to demonstrate that death is to the form and that the body can be dropped at will and without pain.

Wars are therefore bringing in much good to the beings according to Shambala. Preparedness to meet death is a great virtue. War initiates students into this virtue much easily than does the Science of Yoga. This is a truth about the initiation inaugurated by Shambala.



## 58 – PURIFICATION

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

The occurrence of the World Wars is with Shambala permitting them to happen!

World wars happen only when Shambala permits them. When lawlessness (Adharma) is at its peak, to regulate and arrest further distortions to the human mind, Shambala allows the wars to happen. Death, as one of the ways for purification of the human mind, is noted by Shambala. When there are large scale massacres as part of a war, it is true that the beings who take part in the war are put to a process of purification. The fear of death dissipates in such beings. The touch and vision of the subtle worlds is unveiled to them.

For example, the ones who died in the second world war are reborn with much refined sensory perceptions. They are equipped with an ability to perceive the subtle life much better than others.

In a war, it is groups of soldiers that face death together. It is already an accomplishment to live

together, work together, dine together, travel together, and pray together. Facing death together is a step ahead of all this! When there is such a groupal sacrifice of life for a higher cause (of a nation), such beings are blessed with many benign transformations in their psyche. When they are reborn, they readily engage in works of goodwill and work for the welfare of their co-beings. They are not confined by the fear of their own livelihood and working for their individual needs.

When a being sacrifices himself in a war, he accomplishes much more than what is generally possible through an initiation. Several personality traits and limitations are transcended at once! They move ahead in evolution by many steps.

Shambala considers war as one of the useful tools to further the evolution of the mankind.

## 59 – IDEAL (IDEOLOGY)

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

While living for an ideal is a superior state, embracing death for a lofty ideal is considered a much superior status!

Inspired by Shambala, initiates such as Socrates, Jesus the Christ and Pythagoras found utility even in their death for a purpose. Even when at the gateway of death, their demonstration attracted the beings around and caused an uplift. They are the ones who have demonstrated newer heights of the sublime ideals.

Shambala values virtues more than the forms. Relating to light and transmission of such light is valued much more than the virtues. An enlightened one lights the way to a few more who walk the path. They adopt a life of service and sacrifice. Amongst them, the ones who even sacrifice themselves are the greater lights who transmit light to the co-beings. Shambala stands with such beings in support.



As long as man relates more to the form, he remains a slave, conditioned by matter. The knowers never emphasized on form beyond its utility. The emphasis is upon selfless service to the surrounding life. Having accomplished the subtle body, such ones relentlessly strive in service to surrounding life. Consecrated to a life of striving, they take to a form as per the need and discard at will. To them, it is a child's play. Such grand ones are the members of Shambala. They are the wise ones and the real heroes! Selfless service is the life-thread of Shambala. To them, nourishing the form is also seen as an act of service. Shambala demonstrates a detached attitude to the form side of the being!



## 60 – TRANSCENDENTAL TRAVEL

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Sudden deaths due to accidents, natural calamities or massacres, should be seen as a phase of constructive adjustments or rectifications in the subtle planes. When a family member departs, it disturbs the physical, vital and mental planes of the members of the family group. They find a new equilibrium in due course of time. There is a temporary respite to the departed being. When a being dies(physical), first thing one experiences, is an inexplicable state of comfort. Exiting the confines of the skeleton is the reason for such comfort. There is a feeling of sorrow in one's vital and mental planes, in the memory of one's family members. One is relieved of such suffering in a week's duration in that plane, which is about seven months in physical earth plane. Death can be seen as a phase of emancipation for the beings. The comfort that a being experiences after death is much greater than when taking to a form!

Physical body is like a cage. The being that exits rejoices the unbound state, as much as a bird let out of the cage rejoices. Teachings are given at Shambala, about the process of death, the experiences during the death and the transformations that follow. To the knowers, death is seen as a change, and a process of transformation.

There is no fear of death, to the ones that have received the touch of Shambala. They do not invite death, but as it approaches, they are courageous and are prepared for the transcendental travel. Thus, the approach is unique. Such is the touch of Shambala!



## 61 – ETERNAL TRUTH

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Nature bestows forms to the beings. To accomplish the purpose of life, form is but essential. Out of her love for the beings, mother nature bestows the forms. The forms are merged back into the Nature once the purpose is fulfilled. This act of merging back is also conducted by the mother. Once the purpose is accomplished, it is but appropriate to surrender the form to the same source. The body, mind and the senses belong to mother nature. Having availed through the day, as you prepare to slip into sleep, gratefully retribute the five elements, body and the mind to the reservoir that the nature is. Shambala instructs that this practice be conducted each night as we prepare to slip into sleep.

Body is given to perform ordained duties; conduct works of goodwill and to serve the co-beings. Pleasures may also be experienced but without overstepping the law (Dharma). It needs to be regulated by Dharma. When there is a default, the same body can become a

limitation. This vehicle is a great facility that the nature has bestowed. When its usage is not appropriate, the same facility can become a limitation.

Proper use of mind and senses is a special wisdom, that is to be learnt and put to practice even from a very young age. Not aligning to this wisdom, results in an attachment to the body and the being is in a state of conflict with the form. Consequently, the event of leaving the body (death) becomes a horrifying experience. Shambala therefore insists on the knowledge relating to the form, and the wisdom relating to its right use and effective use. In the absence of such knowledge and practice, the suffering at the time of death is inevitable.

Each night as we retire, we offer our obeisance and with much intent and gratefulness pray that the mother nature restitutes the eightfold nature into herself and releases the being. That the body is endowed by the mother nature should be remembered and we learn to relate to it as its trustee and a custodian. Shambala teaches that whole life is a trusteeship of resources bestowed upon us and nothing belongs to us! This is the eternal truth that Shambala informs. Shambala also declares that this truth is forgotten as a result of which, the beings are conditioned by the body and suffer from disease, decay and death.

## 62 – I AM

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Each night, as you get to sleep, let there be a recollection that you are the indestructible person (Akshara purusha). With such recollection, align with the first person, the background of the destructible and indestructible layers of the personality and then proceed to sleep. The background of the destructible and the indestructible layers is called, the I Am or Purushottamah.

Throughout the day, the beings are associated with the destructible layer of the Personality (Kshara Purusha). Meaning, while we are in objectivity, we identify ourselves with the name, form, caste, creed, social status, etc., which are impermanent. In reality, we are neither our name, nor form, nor race or anything that is attributed to the Self. These attributes appear true when we transact in objectivity. We appear different through gender, age, and other attributes of the Self. It is the personality layer that goes through

transformations which is impermanent (Kshara Purusha). As a being, we are the indestructible one (Akshara Purusha), neither male nor female, neither young nor old.

There is a layer of the personality of the Lord which undergoes transformation. It is called the Kshara Purusha or the destructible layer. To this personality, there is a name, a form, gender, caste, creed, social status and many other attributes. These attributes are not carried along, when we retire to sleep. They are no longer necessary in sleep as they relate to the objective world. Through sleep, we learn to be awake for subjective purposes, alert to the indestructible layer of the personality while we are asleep towards the objective functioning or the destructible layer. This understanding is a special knowledge.

The life of objectivity (Kshara purusha) is like a role play. Like an actor drops all attributes related the role, once the play is over, everything related to objectivity needs to be dropped off as you get to sleep. It should be recollected that you are the indestructible one (Akshara Purusha). Further align with the Lord of all Lords, the first person I Am, the background of both the destructible and indestructible layers (Kshara Purusha and Akshara Purusha) and then get in to sleep.

Sleep is dissolution to the impermanent layer, the Kshara purusha. Dissolving the impermanent identity,

identifying with the layer beyond transformation, associate with the background, the I Am. This is the purpose of sleep. It enables association with the background, the ‘Purushottamah’. As much as one is ardent in this practice, the association with the Lord, the I Am is accomplished.

To regulate and utilize sleep for yogic purposes, is a special teaching, coming from Shambala.





## 63 – THE DIVINE WITHIN

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

God is in all beings. The beings have their nature, which is their personality. It is an inseparable part with them. When they are rooted in the personality, the beings forget their real identity. It is but worldly to identify oneself with his name, caste, creed, place and nationality!

To align with the divine within oneself is the practice. When such an alignment is accomplished, there is a constant recollection that it is Him that exists in us and as us. Soham becomes the real status. In alignment to the divinity within, the personality also gradually transcends the objective identity. To know that the being is but an embodiment of God is true knowledge. When this is realized, the worldly identities that being has around himself, no longer affect him.

A disciple who meditates constantly on the presence of divinity within, eventually meets the divine in himself. He is the master of his personality, and he

continues to discharge his duties (obligatory karma) in the objective world. He functions through his personality to work out the divine plan on the planet. Yet, he is not conditioned by the objectivity.

The being is worldly when conditioned by his personality. To transcend the personality, he needs to align with the divinity within. When such an alignment is fairly consistent, there is a gradual release from the knot of the personality. Through an alignment, with the divine when the being can stay and function in Soul consciousness mounting upon the personality, he is then eligible to become a member of the Hierarchy.

The members of Hierarchy associate with Shambala and work for the upliftment of humanity. Our personality is the representative of humanity. As beings, we are the representatives of the Hierarchy. The divinity in us represents Shambala. Students would do well to understand this analogy and try to reach up to Shambala.

## 64 – DIVINE PRACTICE

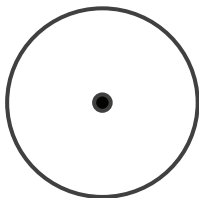
*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Shambala is representative of the divine, manifest on the planet. It is the Hierarchy, that enables association to the divine. The members of the Hierarchy are the ones, that have transcended the personality. To them, the personality is transformed into a divine personality. Through the practice of Yoga, they have transformed their personality into a divine personality. Such divine personality as the basis, the hierarchy initiates the beings functioning with inspiration of the divine.

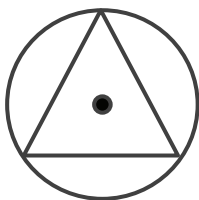
The members of the hierarchy do not identify with the personality, though their personality is transformed into a divine personality. They remain ever in association with Shambala. In association and alignment with the divine, and divine personality as the basis, they conduct the divine plan eternally. To them personality is only a facility (means) to transact with the world. Their state of being in association

with the personality is symbolically presented in the scriptures as illustrated below.

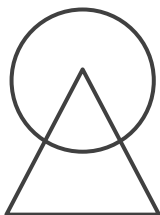
The state of Shambala is depicted by a circle with a central point.



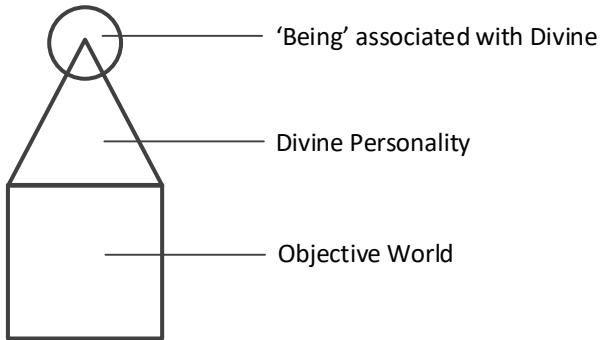
State of getting into personality, in association with the divine is symbolically depicted as below.



The State of conducting divine acts in the world is depicted as follow.



Getting into the world, they conduct the works of goodwill. The state is depicted below symbolically.



May you envision the Path to Shambala through the comprehension of these symbols.

## 65 – TRANSCENDING THE PERSONALITY

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Beings that function according to the personality are stuck in the world. Transforming the personality into a divine one when they mount upon it and conduct acts of goodwill, beings are not conditioned by the world. They ensure welfare of the surrounding life. Such ones receive the co-operation of the Hierarchy of Masters from the subtle planes. The entry to the ashrams is to those who have worked their way out of bondage of the personality life. The one who can drop the personality traits at will, gains entry to the ashrams and is enabled to move around freely in the ashrams. These insights are given through the teachings of Master Djwhal Khul.

The vibrations of the personality have their impact upon the environment. Even among the ashrams, there is a variety of a very fine nature, in their vibration. Due to this variety, there is an obstruction caused to the

subtle vibration, even when the personality is aligned to the divine. However much it may be aligned to the divine, personality is still an impediment to enter an ashram. Discarding the personality is the step to be taken to gain an entry into the ashrams.

There is an occult statement that, “One enters the ashram, naked.” Discarding the personality is what is hinted through this statement. Personality is the first sheath to a being. When the personality is dropped, he shines forth as an embodiment of pure consciousness. Entry into any of the ashrams is permitted to such ones. When Lord Krishna said, “One makes an approach to Him, naked”, discarding the personality is what he indicated. Even to gain an entry to Shambala, transcending one’s personality is the key.

## 66 – GROUP CO-OPERATION

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Between Shambala and the worlds that are subtle and divine, there is a firm co-operation. With the vital plane (Pranamaya loka), Shambala has a deeper association. The healing devas of the vital plane are favorable to the members of Shambala. In the recent times, Master CVV worked out such co-operation which he stabilized in himself and further bestowed such eligibility to the mediums who follow his Yoga. To seek the co-operation of the devas in treatments for restoration of health, is being recognized by the present age. Students with a pure heart and a clean mind, who have submitted themselves towards serving in the vital plane (in the work of healing), are enabled with the co-operation of the healing devas by Shambala. When such an arrangement is worked out, there is a possibility of 'Ateetha Kaya Kalpa Chikitsa'. (This is a subtler procedure of rejuvenating the body cells through transmutation. Chikitsa means treatment in



Sanskrit.) 'Ateetha Kaya Kalpa Chikitsa' has a special place in the yoga given out by Master CVV. Master CVV worked out an agreement with Shambala, and the planes that are divine and subtle. He conducted acts of transcendental healing to rejuvenate the body. This has been noted by certain historians of the time. To cause rectifications in prana is seen as a state of accomplishment in Yoga (A Yoga Siddhi).

The members of Shambala carry an ability to cause rectifications to the prana (vital body). Co-operation of the healing devas to the disciples is also made possible. Shambala enables such co-operation of the devas to the ones engaged in healing activities among the new age groups. They are conducting the work of healing through prayers. Outwardly, medicines are also administered. However, it is by the application of will, that they bring about rectifications in the vital body. Using this approach as a new age technique, Shambala works to bring about restoration of health in co-operation with the Hierarchy of Masters. This is a secret not known to many.

## 67 – EVOLUTION

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

The evolution of the beings on Earth depends upon the strength of the will that the beings carry. Shambala is the will center on the planet. Two paths to evolution exist at Shambala. With the former path, evolution and development are soft, smooth and progress at snail's pace. While, with the latter, the progress is at a rapid pace. The choice of the path taken, is made by the beings themselves. The progress could also be slow paced up-to a stage, thereafter intensifying. The pace of progress is a decision by the being that works out. Each being is endowed with free will by the divine. Being here, means the human. The free will of man is altered by none, in the creation. From an occult standpoint, manipulating will of others to suit one's own plan, is seen as a crime! The knowers do not interfere with the free will of others.

The beings work out their own pace of evolution. They are guided from within to speed up at times and

progress evenly at other times. Shambala encourages them accordingly.

Guided from within, Gautama adopted a rapid pace to become Buddha, the enlightened one. Likewise, Jesus worked out at a rapid pace guided from within and reached the state of Christ. Shambala recognizes and co-operates from the subtle planes, when the beings aspire to evolve. According to their free will, Shambala strengthens and encourages.



## 68 – SITUATIONS

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Shambala does not interfere with the free will of man. However, through time Shambala presents situations necessary for hastening the process of evolution of beings on the planet. The recent 200 years have witnessed such situations being manifested.

Hastening of man's life situations, which is increasing the stress that he meets (encounters). Today's man is making efforts to withstand such increased stress levels.

The process of learning is put to enormous speed. Even at a very young age, acquiring knowledge relating to varied branches of study is made possible.

Science and technology is touching newer frontiers. Deeper research into a variety of sciences and space travel is becoming real.

The pace of life is hastened. It is no longer at a snail's pace. Internationally there are economic crises. There is a constant threat of war. There is also a stress on

account of natural calamities which are also bringing about adjustments in human life.

In such a race of life, the over-viewing man is reminded of the purpose of such a speed of functioning. In over-viewing and introspecting, the will of man is aligned to the higher will through the war like situation that is manifested now.

Having lost the direction in life, amidst warring situations, man surrenders to the higher will. The uplift and alignment of individual will to the Divine will is thus naturally happening.

Such is the work of Shambala, magically being conducted!



## 69 – PUNISHMENT

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Humanity is stuck amidst variety of streams of consciousness. There are two streams working for the upward movement; while, other two streams are binding to a downward movement.

Many Seers, Avatars, Messengers and Teachers are striving for the uplift of consciousness of man. But the consciousness of man is bound to matter, attraction to sex and the desire for one upmanship. Students listen to the Wisdom teachings but fail to bring them to practice. The progress of humanity is thus impeded by lack of application of the teachings gathered.

It is further unfortunate that the humanity fails to recognize(visualize) the unity and continues to fragment themselves in the name of religion, race, language and nation. The humanity thus stays divided in all possible ways! Through variety, opposition is also developing amongst the divided groups.

Concretized with the tendencies mentioned above, the humanity is thus settled in ignorance.

The Hierarchy of Teachers on the planet is ever striving to uplift humanity out of this state. Though it is constantly pointing the steps of ascent, the striving is yielding very little result! In such situations, it is Shambala alone, that can bring about a solution. The changes being brought about by Shambala are global in nature. Unhesitatingly, ignorance is punished and wisdom safeguarded. Such is the solution that Shambala works out. Even in the past, Shambala had rescued humanity through punishment. It resulted in the formation of the Pacific Ocean and the Atlantic Ocean. Calamities through water and fire are the adjustments conducted by Shambala. Humanity should strive to make adjustments within themselves not inviting such adjustments of a large scale, failing which another deluge becomes inevitable!

Shambala holds the key to the future of this planet. Punishment is the solution that it points at!

## 70 – HIGHER BRIDGE

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

In your daily prayers, relate to Shambala in the head center, Hierarchy in the heart center, and humanity in the throat center. Relating thus, work out the transmission of will and wisdom from head downwards, and from heart upwards; in your prayers. Conducting this sacred work is a duty of a world citizen.

Humanity visualized at the throat center is representative of the worlds below the solar plexus. With the utterance of OM, observe the sound vibration; the consciousness of man, mostly located in muladhara, swadishtana and manipuraka reaches the throat center. By associating the consciousness at the throat center with the Hierarchy in the heart center and Shambala in the head center, the consciousness of man is uplifted from the lower centers.

Such association of the head center, the heart center and the throat center in meditation is seen as the Raja Yoga path. Seated in the throat center or the brow



center, the student works out a bridge of light with the crown center (sahasrara) and the heart center (anahata) to receive will and wisdom.

Through such work of meditation, the student accomplishes tuning to the Divine Will and Wisdom and conducts himself as a World Server. This technique of meditation is a direction coming from Master Djwhal Khul to the new age students. A student who constantly conducts such meditation is enabled to receive the subtle co-operation coming from the Hierarchy and Shambala. Such students work out service to the beings around while they themselves are uplifted to the experience of the subtle planes. May this work of meditation through correspondence, uplift the students!

## 71 – PILGRIMAGE

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

To the inhabitants of the White Island and the groups of Raja Yogis, Shambala is the chief center on the planet. It is from Shambala, that the Divine plan is conducted. Shambala exists from the time, the humanity established its habitat on the planet and life commenced in human form. To cause unfoldment of the mental layers and to cause transformations, certain divine intelligences condescended from higher planes, took to human forms and have taken Shambala as their abode.

Shambala is a mystic village and of wonder. It is in the subtle planes that preside over matter. It is not of the physical plane. The inhabitants of Shambala are also in their subtle bodies. The advanced ones among the men, through a series of transformations, brought about through Yoga practice accomplish the subtle body. To them, subtle travel (etheric) and subtle bodies

capable of expansion and contraction as per the need, is a possibility.

The story of humanity on the planet is approximately one crore and eighty lakh years old. Through the Theosophical teachings, the Masters of Wisdom inform us that Shambala is in existence on the planet for about one crore and seventy lakh years. As a representative of Shambala in the Ameru mountain ranges of the South American continent, the White Brotherhood established a center called Ibez. With Ibez as the center, Mayan civilization existed in the western hemisphere. Sun worship came to be. The two centers of Shambala and Ibez exist on the planet, as manifestations of the Divine light in the eastern and in the western hemisphere respectively. With Shambala as the center, the regions of India, China, Tibet, Chaldea, Babylonia and few other areas are given the impact of Shambala. Likewise, the North and South American continents receive the impact through Ibez as the center.

The Mahatmas that conduct the plan from Shambala and Ibez, do so, at the instruction of Lord Sanat Kumara. Three Buddhas form an equilateral triangle around Lord Sanat Kumara. They even take to physical bodies according to the time and place.

## 72 – UNFOLDMENT OF THE MIND

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Through the ashram of Ibez in the Ameru mountain ranges, Lord Sanat Kumara developed the science of Magic. Chiefly, the science of rituals, science of time and the science of Sound; that enable magical manifestations were taught by the Masters of Wisdom. These sciences were taught to manifest the divine light on the planet and to enable the divine touch (experience) to the beings on the planet.

In the past, the development of humanity was devoid of growth of mental faculties, discrimination, common sense, and a spirit of enquiry. There was a complete surrender to the teacher. In complete faith, life was conducted according to his word. There was no independent thought. Faith was the basis. The approach of the time was faith based, since the development of the mental faculties in the humanity was inadequate. Thus, to bring about unfoldment in

the mental layers of the humanity, it became necessary to impart these sciences.

Till recently, it was a method of instruction by the elders and following by the younger ones in good faith. The transformations so far, are very visible if we make a comparative study of the past with the present.

The younger ones following the instructions of the elders in good faith, was the method so far. With the unfoldment of the mental faculties, the children today are of independent nature, enquiring with the elder ones and tending to function with knowledge. Governing and implicit following is the method of the past. Teaching and suggesting; yet allowing others to make their own decisions is the present. Blind following and a method of surrender is becoming a rarity!

A center established in the society as a temple used to be the place for worship, meditations, to relate to the divine and for service. To see the God within, transform one-self into a temple and conduct acts of goodwill and service is the technique being imparted by the Masters of Wisdom today.

The teachings necessary for the uplift and unfoldment of the humanity happen through the teachers. Shambala directs suitable adjustments to the methods from time to time, in accordance with the transformations happening in the humanity.

## 73 – IMMORTALITY

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Shambala desires that the humanity realizes that as beings they are all embodiments of same divine energy. It is the one energy that exists in and as all the beings. It is Him as all the beings. In relating to the co-beings, each one developed their own individual qualities (nature). Thus, variety came to be as personalities, in terms of qualities. As beings, it is a brotherhood. It is a distortion that man identified himself with the personality nature and started believing that he is the personality. He forgot that he was in essence, the original being. The personality is a projection and is formed of the being. The variety in personality nature replaced the reality of oneness. Man became slave to his own personality.

To wriggle out of this state of distortion and realize the original state of being, is an objective that Shambala sets. It is an objective and a desire that the Brotherhood of beings is established, and the beings

move on the planet as embodiments of the divine! Shambala recognizes the beings who having realized the original status as embodiments of divine, and in awareness of the association with the divine within, are striving to manifest the kingdom of God upon Earth. Through them, as its primary function, Shambala is working out the progression of the humanity.

Through the Science of Yoga, Shambala is introducing to man, the subtler planes of existence within oneself. Through this, the limitedness of the physical plane and the physical vehicle is articulated. The day, this objective is fulfilled, Man will realize one's true status as an immortal being. One transcends the lower planes of conflict, thoughts, desires, pride and prejudice. One is unveiled into a state where all around oneself is seen as divine.

This is a grand ritual. The humanity that is required to be well trained on this path is still in its infancy! That we are eternal beings and embodiments of light and that the personality of senses and the mind is but a robe, can be known and realized in a flash! It is a paradox that it is taking an eternity for the humanity on Earth to realize this! Shambala will a breakthrough into the possibility of this realization!

## 74 – LOVE

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Four Ashrams of the divine are formed on four corners of the planet. The orange color purifies the four ashrams. Though tender like the roses, the ashrams are invincible in strength. There is a golden hue within followed by the blue of the sky in its inner most fold. Four Sounds are arranged corresponding to the four colors. They are uttered as four letters. The sacred utterance of four letters is a mantra known only to the inhabitants of the Ashram. The four letters symbolize the four Avatars of the Lord.

Four vibrations are transmitted to the Earth from four directions – ‘Purity’ from the North, ‘Surrender’ from the South, ‘Ability’ from the East and ‘Strength’ from the West. Shambala envisages that the students receive the four qualities from the four directions, assimilate and work out progressively aligning to the Divine Will. Beings of the Rose and Orange vibration, cognize the progressing ones, that are distinct in the



world and undertake to guide them towards Shambala. With a very deep insight and overviewing the beings of the world, they attract the pious ones to the path of the divine.

“The colors of tender rose and orange relate to the primary ashram established by us, the members of Shambala. The members that participate in the inner affairs of Shambala belong to the golden and sky-blue colors. Where love is in abundance, the progress is speedier. In acts of service devoid of love, contrary to progress, there might be a fall! Power is ‘anti’ to love. They are opposing energies. Power was a value of the past. It is the energy of love that is sought at present. Ability, Purity, Preparedness and submission, coupled with love are the auspicious qualities that Shambala looks for!”

## 75 – ENVISIONING THE MASTER

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

To the inhabitants of Shambala, clairaudience and clairvoyance are a child's play. Through these phenomena, listening to the vibrations of ether through the radio and viewing through the televisions have become possible in the physical plane. It is also prophesied by Shambala, that man in future will be able to listen far and view far without the aid of any external equipment! Even today, disciples well trained by the Masters of Wisdom, are able to avail these faculties for purposes of goodwill. The Knowers inform us, that, when it has become possible for man to envision the Master within, he is naturally endowed with such occult powers.

Many aspire for occult powers. Those who consecrate and strive on the path are rare! It is essential that the students get well trained. Shambala sees this consecration, striving and training as a definitive solution to the Humanity.

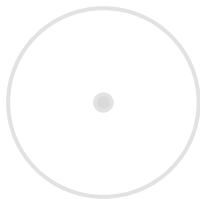
While students desire for the vision of the Master, to contact the Master within through the practices is the route to envision the Master.

Clairvoyance is possible to all those, who through their practices build a bridge between the heart, mind and the brain. To enable building of such a bridge, Shambala has given out the science of rituals, also known as Masonry. In the recent times, Master Count Saint Germain has been the adept in the science of rituals. He has been the guiding light for numerous researches that are seeing success in the North American continent.

Master CSG and his team of disciples are working to nurture a fertile imagination and providing the strength of scientific rationale to them; thereby enabling many manifestations on the physical plane. Aligning with the subtle planes, envisioning and perceiving the idea and then working out the manifestations in the physical world for the benefit of the humanity at large is the work they are conducting.

In association with Shambala, the Hierarchy is working out the manifestation of the wisdom of all the seven rays on the planet. The beings who are working with the second ray of love-wisdom and sixth ray of devotion frequently are graced by the touch of Shambala. The beings on the other rays perform their duties as a part of the plan of Shambala. They are more

inclined in their association with Shambala through the conduct of duty than through worship. To the members of Shambala, meditation and worship is one eye, while Wisdom and duty is the second.



## 76 – THREE PRINCIPLES

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

The Hierarchy is ever striving to manifest the Will of Shambala upon the planet. To conduct the Hierarchical plan, a group of goodwill workers is the need. The primary qualification for such a group, is threefold as follows:

1. A poised mind free of emotional disturbances.
2. Free of any glamor relating to the Presence of the Masters of Wisdom.
3. A constancy of vibration free of any excesses (excitement or despair) in all walks of life.

The above three qualifications are very essential to the aspirants. Such ones are easily inspired by a Master of Wisdom. When these qualifications are absent, a Master of Wisdom, cannot admit a member into the group. Each day, the members would do well to contemplate upon the following:

1. What act of service am I to conduct today?

2. Are there any acts that are non-essential in my daily routine? If so, how do I free myself of such non-essentials.
3. How are my present responsibilities?
4. Who do I co-operate with, today?
5. Of what utility am I, to the Hierarchy, today?

Each member shall affirm to himself as belonging to Shambala and the Hierarchy. It is also of utility to desire, that in the outer world, he only contacts those with similar aspirations and alignment. That the personality life is submitted to the Will of the Hierarchy and the needs of the co-beings is also desired by the student. To Shambala, he submits himself voluntarily.

To the ones, who have consecrated to the practice given above, the Divine Will gradually substitutes the individual will. The Masters and the Path are proximate to such ones!

In the recent times, Sri Shankaracharya, Sri Gautama Buddha and Pythagoras taught, trained and enabled recruiting a number of well-trained disciples thus strengthening the Hierarchy. Today, these disciples are associated with Shambala. Also, through Jesus, the Christ, several members working with the sixth ray of devotion and second ray of Love-Wisdom are part of the groups relating to the Hierarchy.

To align with the Hierarchy and the Path to Shambala, constancy of vibration and conducting with poise are but essential.



## 77 – EXTERNALIZATION

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Aspirants relating to the disciples, disciples relating to the Masters of Wisdom and the Masters relating to The World Teacher and Shambala - Shambala externalizes through this hierarchical association. This association is on a continuing basis. In association with the background consciousness, the Creator functions to create. So also, a Master of the Wisdom is ever striving towards establishing able channels and manifesting the plan upon Earth.

The work of manifesting the divine plan upon Earth is being conducted for 5000 years now. It is a grand ritual with Shambala as the center. Many things that are divine and concealed on this planet are being externalized as part of this ritual.

A Master of Wisdom and his band of disciples ever lead a consecrated life. The aspirants must strive on a daily basis to associate with them. The effort to associate is to be made by the aspirants! Here, an example is



given of the young ones of a monkey and that of a cat in relating to their mothers. A kitten is held by the cat whereas the young one of a monkey holds on to the mother on its own effort. For an aspirant, he is required to make an effort to hold on, to the association towards the hierarchy of the Master of Wisdom and the disciples. They are no longer protected as infants!

Unlike the cowherd boy and the good shepherd that guided those around, The World Teacher guides the ones that follow him. In the scheme of evolution, the responsibility that the aspirants have to undertake, progressively increases. Similarly, an acceptable disciple shoulders tenfold greater responsibility. The members of the Hierarchy (The Masters of Wisdom) undertake hundred-fold greater responsibility than that of the accepted disciples. There is no speculative waiting for a savior to arrive! The accepted disciples take it up as a duty to conduct acts of goodwill in service of the surrounding life. At the present time, Shambala is working to establish a network of such able ones that can conduct the Plan with strength and valor.

Associating with Shambala and conducting the plan of work with strength and valor is what Shambala looks forward to!

## 78 – NINE GRADATIONS (GRADES)

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Those aspiring to reach Shambala can be found to be among the following nine grades.

1. Those who carry discipline and a theistic orientation. They are called ‘Enthusiasts’.
2. There are ones that perceive needs of their co-beings and utilize their time, energy and resources towards serving such needs. They carry a compassionate nature that responds to the needy. They are the ‘Enquirers’. The state referred to as ‘Bala’ in Sanskrit.
3. Along-with the qualities described for the above grades, there are those who associate themselves with the ones related to the Hierarchy of Masters. Such ones are the ‘ones fixed to the Path of light’. This status is called ‘Upaneeti’ in Sanskrit.
4. In association with the ones related to the Hierarchy, the wisdom to internalize is gathered and there is a consecration to practice on a

continuous basis. They are the ‘ones groping inner light’ on the path and called ‘Kaumara’ in Sanskrit.

5. On the foundations of a practice to internalize, a life of service in the outer, divine experiences through sleep, receptivity to impressional teachings, and touch of a Master of Hierarchy through meditation or in dream state become possible. They are the ‘Sons of God’. The one in such a state is called a ‘Kumara’ in Sanskrit.
6. Application of wisdom in action, inspiring others through action, a skillful conduct of the work of the hierarchical plan, be able to relate to the Master at will in meditation, relating to the heart of the Master, perceiving the plan and being ever available and functioning in the plan of the Master - the ones who conduct so are ‘the Guides’ on the Path.
7. Personality life no longer becomes an impediment in the work of the Hierarchy, an ability to relate directly and face to face with the Master in meditation and in sleep - such is the status of the ‘In-dwellers’.
8. There is an association with the Master, a state of ever in presence of the Master of Wisdom and inseparable from the Master consciousness. They are the ‘Dwellers of the Heart’ of the

Master.

9. The Master and the Disciple are but one in functioning. The Master expresses through the Disciple. (Sarupya). Shambala inspires the Disciple together with the Master. They are the 'Servers of Shambala'.

An average human with outer orientations thus transforms through striving, to the status of a Server to Shambala. Such a being strives eternally to manifest the divine plan on Earth. Informing the seekers about the nine grades from that of an aspirant to the status of a Server of Shambala also is seen as a duty of the Servers of Shambala.



## 79 – FORESIGHT

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Shambala has amongst its members, beings from the ancient most times. Beings from the Hyperborean times, the Lemurian and Atlantean times and the Aryans are among the members of Shambala. Above all, the White Islanders are also there!

The members of Shambala carry a complete knowledge of the history of the planet for 30 million years and also the history of man which is of 18 million years.

Upanishads, Puranas and Itihasas have been handed down to humanity by the grace and compassion of the members of Shambala. Ancient most teachings such as the teachings of Kapila, the teachings of Lord Sanat Kumara, and the Parasara Samhita are given out for the uplift of humanity. Even in the western hemisphere, with Ibez as the center, several wisdom teachings from the remote past have been handed down to the humanity. It is the Wisdom coming from Shambala

that has been transmitted through the epochal works of Madame HPB.

To lay foundations to the future is a specialty of Shambala. The present is conducted with past as the basis. The future is forming with present as the basis. The present being the sunset hour, the light is obscured by the darkness. It is therefore wise to prepare for the ensuing dawn. Shambala bestows such Wisdom.

To prepare tonight for the duties to be conducted by tomorrow's sunrise is the 'foresight' that Shambala bestows. The humans function mostly with hindsight! The ones who carry foresight are the ones that accomplish. To prepare well today for the ensuing examinations, is the inspiration that Shambala enables. The one who makes a last-minute preparation as the examinations fast approach cannot accomplish much!

The humanity thinks of its tomorrow. Shambala thinks of the Yugas that follow! The period after 432 years is what Shambala reckons as a tomorrow. A day to us is of 24-hour duration. To Shambala, a day is of 432 years of our counting. With strength of valor and alertness Shambala conducts and guides humanity with such foresight of a tomorrow. Shambala has formulated a plan for a cycle of time from the year 1992 to 2424. This 432 years is reckoned as a day.

## 80 – MAN SACRIFICE

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

‘My comfort, My prosperity, My welfare and even my liberation...’ – these are but thoughts of sickness. Shambala wills, holds as its objective and strives to steer the average selfish human thought towards group comfort, prosperity and welfare of all.

To steer the orientation from matter to spirit is also an objective of Shambala. Shambala constantly cautions that material desires are harmful!

The present humanity sees transactions of give and take as the utility of love! Giving not coupled with receiving as an act of love is not yet understood. Love is also viewed through business transactions!

Though from time to time, the Masters of Wisdom have shown the path of love, the teaching is seldom brought to practice by the humanity!

Humanity is bound by the transactions of give and take. Love is the path to liberation from such bondage. The Sun is the visible teacher to this path of love.

Man has learnt to worship the Sun. He has learnt to receive life and consciousness from the Sun. But he has not learnt to distribute the same life and consciousness like the Sun! He has not learnt to nourish the surrounding life, as the Sun does. He has not learnt straight forwardness and to stay aligned in his conduct.

Every human being is a potential Sun. Nature trains and facilitates thus. Each of us is a progeny of the Sun. We belong to the Sun's lineage! Shambala is striving for such beings who are inspired to live a life of brilliance and consecrated to nourish the surrounding life like the Sun!

The ones who are self-forgetful in a life of service and striving for the welfare of all around are the ones that endear themselves to Shambala.

All the prayers, worship, pilgrimages intensely conducted for one's own liberation are all practices that are motivated by selfishness. To such ones, liberation remains a glamor! Thoughts of upliftment of the individual self are rooted in selfishness and pride.

The ones consecrated to the welfare of surrounding life are already in a state of liberation. They are oblivious of their own individual existence. The ones that see others welfare as their own welfare



are the ones who continue to progress in the ritual of the creation (Yajna).

Man Sacrifice is the epitome of the ritual!



## 81 – THE GUIDANCE

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

The impact of Shambala in the world is perceived chiefly through the First, Second and Seventh rays. Master Morya, Master Koot Hoomi (Master KH) and Master Rakoczi (Master CSG) preside over the functioning of these rays. At the present time, there is an intense functioning of the ashrams of the three Masters. In fact, the future course of humanity is decided upon by these three ashrams. Forming into a triangle, the three Masters are conducting the work of steering the energies to manifest Shambala on the planet. The ‘In-Dwellers’ of these ashrams, receive the needed inspiration and the plan through the path of meditation. Thereby, the objectives of Shambala are being introduced to the humanity in silence. With a constant recollection of Shambala, the members of these ashrams are conducting the work for about 344 years.

Shambala is the representative of ‘Will’ energy on the planet. To work out such ‘Will’ in a ritualistic manner

through love and wisdom is the grand responsibility undertaken by the three ashrams. Lord Sanat Kumara together with Lord Maitreya, Tatagatha Buddha and Adi Shankara receive the divine will from higher circles through consecration and bestow the needed direction to the Hierarchy. The four grand beings, receive the hints from seven planes of light around the planet and transmit it to the Hierarchy of Masters that are manifesting the plan on the planet.

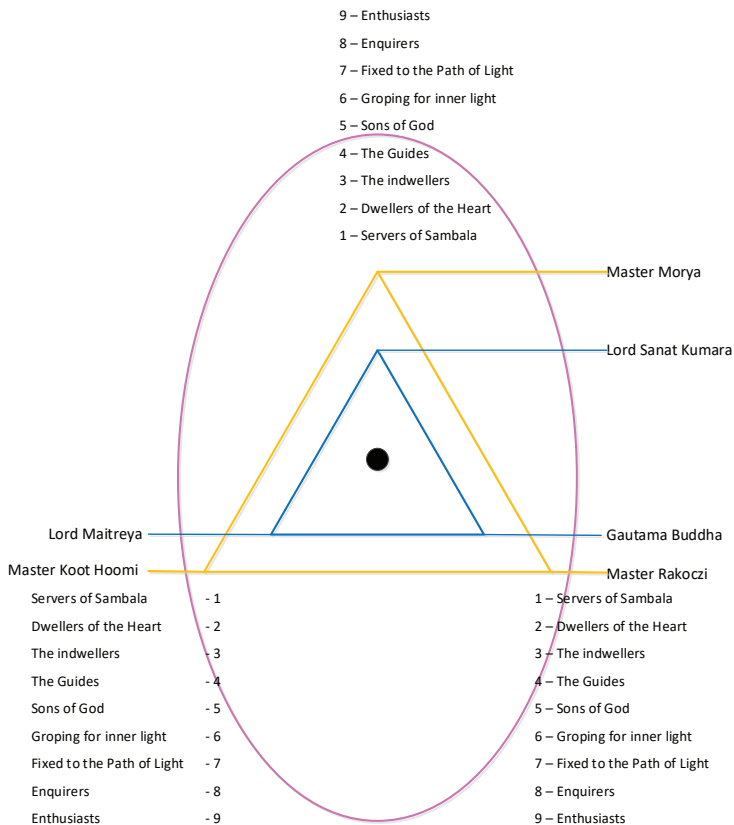
The students that relate to the hierarchical teachings, are suggested to meditate with themselves at the center and Shambala at the circumference with the entire hierarchy in between. In so recollecting the entire Hierarchy, the crown center of the student gains association with the energy of Shambala. This is informed to the new age students, as a technique of meditation by Master Djwhal Khul, through his teachings.

## 82 – THE WORLD SERVICE

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Shambala as the center and humanity at the circumference, visualize the ashrams of the Masters of Wisdom around the center. This visualization and meditation, is among the practices that the student must conduct on the thought plane. Visualize Lord Sanat Kumara, Lord Maitreya, and Gautama Buddha as a triangle. With this as the inner, visualize another triangle around it with Master Morya, Master Koot Hoomi and Master Rakoczi. Further visualize that, from the three points on the triangle, there are associates in successive nine grades from the ‘Enthusiasts’ at the outermost to the ‘Servers of Shambala’.

In the order, they are (9) Enthusiasts, (8) Enquirers, (7) the ones ‘Fixed to the Path of Light’, (6) the ones ‘Groping for inner light’, (5) the Sons of God, (4) The Guides, (3) The Indwellers, (2) the Dwellers of the Heart and (1) the ‘Servers of Shambala’. Around them, all the beings of the World, can be visualized.



This visualization and meditation, is conducted by Shambala as an act of world service!

It is of use, to the students, to conduct this practice as they prepare to get into sleep each night.

## 83 – MANIFESTING THE CONSCIOUSNESS

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

The twelve signs of the zodiac chiefly function to bring forth the presence of twelve-fold energy of Vasudeva to the planet and planetary beings. The energy of twelve signs is presented by him through the solar system for the uplift of the planet. To accomplish such manifestation on the planet, Lord Sanat Kumara conducts the plan from Shambala as the center. Lord Sanat Kumara, together with the Sun and Vasudeva form a triangle to work out the divine presence for the planet. Manifestation of such states of consciousness happens, through the variety of the twelve signs of the zodiac.

The cardinal signs of Aries, Cancer, Libra and Capricorn are said to be the cross (four arms) relating to Vasudeva. Aries bestows the will for the manifestation of the beings on the planet. Cancer is the gateway for the incoming souls to descend into the layers of body and

mind. It thus facilitates involution and manifestation of the beings. While the 'Will' relates to Aries, the beings are embodied in Cancer. The Will embodied thus receives the experiences. To manifest into a physical form is but one dimension. While in the process of experiencing, through ignorance the beings get into a state of self-binding. This is a secondary effect. To liberate from a state of binding, they strive through devotion, knowledge and detachment. This working out for liberation is the third dimension. Having accomplished that which is willed, to transcend the cycles of birth and death and ascend is the final state. These four states are represented by Cancer, Libra, Capricorn and Aries in order. They form the four-fold cross of Vasudeva to be worked out through the year cycle. The inhabitants of Shambala conduct the manifestation of the cardinal cross energies upon the planet. Lord Sanat Kumara is verily the embodiment of Vishnu upon the planet.

Such comprehension enables the uplift of the seekers!

## 84 – GATEWAY TO LIBERATION

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

The accomplished ones, when they depart in the signs of Aries, Scorpio or Pisces, join the Hierarchy of Masters or Shambala or take birth into groups engaged in world service. This is informed through the teachings of Master Djwhal Khul. He further informs that such accomplished beings that depart through Aries join Shambala. Such a progression is only to the accomplished beings (not all!) that depart through these signs.

Shambala relates to Lord Sanat Kumara, Sravasti to Lord Maitreya and the Hierarchy of Masters and Kullu valley (located in the state of Himachal Pradesh in India) relates to the welfare of Humanity. To the accomplished ones, time even bestows the direction for their departure. Bhagavad Gita informs that beings of greater awareness depart through the northern arc of the year (Uttarayan) or the bright half of the month or in the day hours.



Humanity practices fixing auspicious times for commencement of activities. Appropriate constellation, day of the week and phase of moon are utilized for travel. Departure from the body is also a great travel. The accomplished ones choose to depart during auspicious hours. They pick a departure time and place, appropriate to the work that they are to conduct in the ensuing incarnation. The season of spring or the zodiac sign of Aries is the most favorable time for such departure from the body. Even to the most accomplished ones, this is significant.

In the recent times, Jesus, the Christ is among the accomplished beings that demonstrated resurrection. He reappeared in the body of light after the departure. This was demonstrated in the month of Aries. The Jewish tradition also recognizes the month of Aries as being important for the journey into the subtle worlds. For this purpose, the Friday after the Full moon of Aries was specially observed as 'Good Friday'. The entire month of Aries is seen relevant for such an ascent in the Indian tradition. The advanced beings having accomplished their lot in the world look forward, to get to Shambala. To the grand beings that reach up to Shambala, the gateway to Venus is open. Lord Sanat Kumara made his appearance onto the planet from Venus, through the same doorway. Through this doorway, Lord Sanat Kumara makes his occasional

travels to Venus. Shambala is the gateway to liberation to the planet and the planetary beings as well. Therefore, recollecting Shambala aids in the uplift of the beings!



## 85 – THE GIFTS (PRESENTS)

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

In the Aquarian age, Shambala brings the following gifts – opportunity, expansion of consciousness and the Brotherhood. As the students voluntarily get into a program of unfoldment, they work with the Saturnian energy and get into a life of discipline and order. With the grace of Saturn, the desire nature is gradually expelled, and the duty remains as an implement. When Saturn bestows grace, there is no more falling down! Forgiveness, patience, ability to wait, a state of no expectations, a duty-bound nature, an orderly and ritualistic way of life, deeper functioning of the mental layers, stability of the thought plane are the qualities that become possible through the grace of Saturn. Such students make good use of all the opportunities that approach them and progress.

Thereafter an expansion of consciousness and wisdom is possible through Mercury. They work with values and expand through discrimination. To such

ones, Venus bestows splendor and opens the gateways to experience the divine.

When a student progresses as mentioned above, the universal brotherhood is comprehended on the basis of continuous inspiration and unfoldment. The Brotherhood is established and experienced in the student, not as a doctrine but through practice. This training is imparted to the humanity in the Aquarian age through Saturn, Mercury and Venus. The Masters of Wisdom at Shambala and Sravasti are ever striving to train, prepare and recruit the students into the divine plan. It is for the free will of man to decide about receiving the gifts bestowed by Shambala or otherwise! Shambala gives such freedom to decide! Independence is seen to be sacrosanct in the subtle worlds. It is one of the objectives of Shambala that Man and Humanity progress through independence.

## 86 – THE ENTRY TO SHAMBALA

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

The doors to Shambala open in the month of Aries. The practices towards this are hinted in the signs of Taurus and Capricorn. The practices to open the doors through Taurus are given through Gemini and Leo. Reaching the heart in Leo, overcoming the dualities of Gemini, working with the word in Taurus and reaching Aries is the path to be taken by the student. All these are practices through internalization. The student internalizes by working with the respiration, reaches pulsation, further reaches the subtle-pulsation and ascends by taking to the central vertical column of Sushumna. As he ascends to the throat center, an ability to synthesize the dualities and a regulation in utterance is to be developed. Only then, the student is enabled to reach up to the brow center. Such ones, gradually receive the ancient wisdom coming through the Hierarchy. An understanding of the Law (Dharma) also dawns upon. Gradually, the seeker is enabled an

experience of Vaisakha energy through the festival in Taurus conducted as part of the divine plan. Vaisakha is but the energy of Lord Sanat Kumara. At rare intervals, the ones that have dedicated to eternally serving the divine plan are also enabled an entrance to Shambala. This is a path through the light of astrology.

There is yet another splendorous path through the signs of Virgo, Scorpio and Capricorn. Comprehending Service in Virgo, submitting oneself to a life of 'labour without remuneration' for the benefit of others facilitates an inward journey easily. There is also a disappearance and retreat for a certain period. The disappearance to objective invisibility is an incubation to re-appear in full life. This internalization and incubation leads to several transformations and leads to the birth of the Soul up to the perceptible layers. Thus, the man too, hitherto mundane, transforms in utter secrecy and silence through the internal triumph and gains the Light, the flight and the delight of Life. He is enabled to envision the light within. Thus, through the work of Scorpio, the crawling serpent is vanquished and it turns out to be an eagle that ascends to higher planes. To such ones, accomplishing the ritual of all sacrifice in Capricorn is a reality! Through such a state of surrender, they eternally conduct part of the divine plan and gain an entry to Shambala.

Thus, there are the two paths to Shambala, one through Leo and another through Scorpio. These are informed through the teachings of Master Djwhal Khul.



## 87 – THE PATH TO SHAMBALA

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

From the ancient most times, the cardinal cross of the zodiac has been indicating the Path to Shambala. This was the path, most taken in the past. The cardinal cross with the equinoxes of Aries and Libra and the solstices of Capricorn and Cancer as the four points is a divine cross. Astrology describes the twelve signs of the zodiac through three crosses. They are the cardinal cross, fixed cross and the mutable cross.

Cancer denoting the mental activity through mind, is called the gateway for the souls to enter into the cycle of birth for humans to conduct the journey on the planet. Intense human activity is conducted on the planet. The humanity that appeared on the planet to progressively work out the evolution is stuck in a state of self-made conflict. It created a deadlock of consequences without solution, and has remained stagnant without transformation. The race is stuck in Cancer, through pride and attachment (bondage). The



humanity that is much entangled, also has to learn solitude through Capricorn.

Solitude, a state of standing free when surrounded, is a special quality of Capricorn. Scorpio also has a quality of solitude but it is much intense. The solitude of Capricorn brings forth opportunities to internalize, introspect and to re-view and re-collect oneself. Solitude is a necessary consecration for the man to ascend to a state of Mahatma. The Solitude of Capricorn sets the student on the path and directs towards the divine nature. In trying to gradually comprehend the qualities and strength of nature, man is attracted to the energy of Libra.

Overcoming the passion of Libra towards the outer and through a worship of nature with reverence, and the grace of mother, the student gains an understanding of the occult side of nature. Such ones enter the path to Shambala with the grace of the World Mother.

## 88 – THE UNFOLDMENT OF PRINCIPLES

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Shambala strives to present afresh and in a never-before manner, the qualities of the Divine and varieties of manifestations of the Divine to the humanity. The ignorant man in Kali Yuga is groping in darkness with the distorted understanding about the Divine. He has built many religions and many Gods! With a limited comprehension of the divine, according to their own limited and petty understanding, humanity is divided in trying to establish one religion as superior to the other, with a belief that his own faith is superior to others' faith. Man is engaged in preaching his own beliefs as the truth and others' as ignorant. There is even killing in the name of religion! With a very narrow understanding, he is further engaged in promoting narrow mindedness all around! It is a pitiable state of rubbing one's own ignorant beliefs upon others.

Superstitions, blind beliefs and traditions are built, leading themselves to darkness. Co-operation is given a go-by and each one hates the other.

In truth, God is Omnipresent, Omniscient and Omnipotent. He is beyond name and form. He is present at all times and in all places. His nature is that of the sky. He is neither male, nor female. He is neither old, nor young. He is neither man, nor an angel. All these manifestations emerge from the background, manifest into variety, develop and again recede! All this emerges from the background into manifestation, develops and merges back into the background.

When this wisdom dawns upon, there is equanimity in thought, appropriate vision, co-operation, love, complete expansion and development of abilities. Such ones are the 'Jnani(s)' or the knowers. They do not relate to any religion. The relation is with the Truth. They cause expansion of consciousness even to the ones that approach them. Through such ones, Shambala is constructing a new chapter. The narrow mindedness is being expelled with the co-operation coming from Uranus. The wisdom of Krita Yuga is once again being inaugurated.

## 89 – THE NEW METHOD

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Among its several functions, Shambala is working to develop the will of man. To consecrate the will thus developed to service and sacrifice is a dimension. In the preceding hundred years, the will of man is developed by multiple ten-folds. The present race is utilizing such will for selfish ends instead of for the universal good. Wherever there is increasing selfishness, there is an occurrence of natural calamities and wars restoring certain balance.

Excessive desire for conquering of lands, expansionist attitude of the nations that are powerful, a desire to subdue other nations, races and their resources into their rule and an attitude of vampirism – to possess and loot others' resources resulted in the Second World War. Shambala conceived that war was a solution in this situation and mobilized the energies in this direction. As part of post war consequences, the expansionist attitudes were put to rest. All the

nations that were under colonial rule till then received independence. Today, there is no colonial rule on the planet and no nation is a slave to a greater power. Every nation commenced to rule itself. Due to lack of experience, they go through their own crises in making efforts towards self-rule.

Various states within the nations are also organizing themselves towards self-rule within the union of states as a nation. This development in humanity is to be taken note of. The seeds for these transformations were sown by Shambala a hundred years ago!

Every man is also desiring self-rule at an individual level. The new age youth is developing and desires to develop through one's own effort not depending on others. The abilities of the present youth are also distinct from the ones of the previous (preceding) generations. In spite of selfish attitudes that they hold, increasing ability towards self-rule is a positive quality.

Through the path of Shambala, the Hierarchy seeks to make the students independent. This is also a new approach!

## 90 – THE PATHS OF CONSCIOUSNESS

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Viswakarma, the great architect built the divine city of Dwaraka at the behest of Lord Krishna. As the purpose of incarnation of Lord Krishna got fulfilled, the physical city of Dwaraka submerged into the sea after the departure of the Lord. The etheric city reached Shambala thus enhancing its effulgence.

Grand beings that followed Lord Krishna such as, Lord Maitreya, Uddhava, Vidura, Manu, Master Morya, Master Koot Hoomi visit Shambala once a year as a tradition, to receive the touch of the Lord. Gradually Shambala came to be the highest point on the planet, to the inhabitants of all parts of the globe. Adepts and the advanced ones among the Yogis alike make a visualization of Shambala at the crown center (Sahasrara) with complete knowledge and receive the presence. Shambala is the foremost of the divine centers on the planet for members of all religions and all parts of the globe. Even to the planet, Shambala

is the anchor (basis). Certain other centers in space receive the consciousness transmitted by Shambala. There are paths of consciousness to the Great Bear (Ursa Major), Pleiades, Sirius and other constellations and planetary systems from Shambala.

The planet referred here is not just the physical globe. It is the planet in its seven layers. This is called 'Vasundhara' in Sanskrit. In the system of seven dweepas (islands or layers), our planetary globe is but a tiny planet crystallized to a physical globe. In the lotus of seven layers, it is a 64th part. The chief center on the planet of seven layers is Shambala. It is also referred to as The White Island (Swetha Dweepa) and Pushkara Dweepa. It is a reality and perceived by only those with the divine vision.

In the recent times, Shambala has been elaborately described by the founder of the Theosophical Society, Madame HP Blavatsky (HPB) followed by a grand lady Alice A. Bailey (AAB). While Madame HP Blavatsky has been a Yogini coming from Russia, Madame AA Bailey was an associate of Madame HPB and an English Theosophist. Through them, Shambala is introduced to all the spiritual groups globally. There is an enthusiasm globally to reach Shambala!

## 91 – THE CONTEMPLATIVE STATE

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

In the new age, Shambala is being extensively introduced by the Himalayan Hierarchy. Through the inspirational teachings coming from Master Morya and Master Koot Hoomi, Shambala is being externalized. The introduction to Shambala is increasingly happening through the teachings of Master Djwhal Khul also. There are many enthusiasts that are in search of Shambala in the Gobi desert. Shambala however is not to be discovered by the mortal eye.

To the students that are consecrated to practicing divine wisdom and training oneself, vision of the subtle worlds is but natural. To such ones who can envision the subtle, a vision of Shambala is a possibility. The Masters of Wisdom inform us that there would be many in the future that can envision Shambala. As students' progress through Devotion, Knowledge, Yoga and a detached attitude to life, Shambala may be envisioned. Gradually Shambala comes to be a reality



in the physical world. Towards this, the eightfold path of Yoga forms the foundation. This is again informed through the teachings of Masters of Wisdom.

As the student progresses with yoga practice through (accomplishing) the states of Pranayama (Regulation of Pulsation) and Pratyahara (Absorption of the mind and the senses), and stabilizes in the state of Dharana (contemplation or containing the mind by the background consciousness), there is an increased possibility of envisioning Shambala. Instead of craving for the vision of Shambala, the student would do well in striving towards reaching the state of Dharana, the sixth state of the eightfold path of yoga. This striving for Dharana is the immediate duty.

Shambala is ever striving to neutralize Karma. It is of five kinds and in the following order: 1 – Individual Karma; 2 – Societal Karma; 3 – National Karma; 4 – Racial Karma and 5 – the Karma of the World.

## 92 – THE TRIPLE QUALITIES

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

There are three Chohans (adepts) that guide the activity of the triple nature in man. To the oriented ones, they cause rectifications and adjustments to the three qualities and co-operate in their progress. When the students stay firm in their association, the three adepts bring about the necessary changes in their nature. Impermanence is the nature of the student, while as a being he is immortal. When the nature is adjusted, it facilitates the association of the immortal being with the Master (Isvara) within. He then becomes proximate to the divine plan and gets recruited into activity of light.

Traditions and practices that are local, regional, national or racial in the student's nature limit the progress. The three adepts also help in overcoming these limitations. To the followers of Shambala, there are no circumscriptions of caste, race or nation. There is a spirit of universal brotherhood. Such students recollect

Shambala and with the related inspiration dedicate the daily activity to the work of goodwill. In matters of their attire and appearance, there are no symbols specific to a religion. To them, Lord Sanat Kumara, Lord Maitreya, Master Morya and Master Koot Hoomi are the role models. The students recollect them and meditate to associate with the divine within. To them, the outer circumscriptions gradually dissipate.



## 93 – THE QUALITY OF THE LORD

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Lord Sanat Kumara is the onlooker and witnesses all activity on the planet in all its seven layers. As much as the Lord witnesses and cares for the creation, so much Lord Sanat Kumara protects the planet! The beings belong to the Lord, The Master, Ishwara. He presides over them silently from within. This principle is called ‘Dakshina Murthy’. (The compassionate Lord that faces South and is a Teacher in silence). He responds when called and otherwise stays put. So is Lord Sanat Kumara. He is ever silent in contemplation. The Mother Earth, The Seers, and the adepts relate to him in silence, and perceive the divine will in association with him. Having perceived, they conduct the divine plan on the planet. His presence pervades the entire planet.

Lord Sanat Kumara makes an annual appearance in the Vaisakha valley, to bestow grace to the Devas and the Adepts that are striving for the planetary

evolution, gives his presence to the ones that are in the congregation, informs the plan of work and retreats again to Shambala

In the recent times, as the second world war intensified, Lord Sanat Kumara steered away the extremism to save the race from a large scale destruction. This is informed to us through the teachings of Master Djwhal Khul. In such times, it is independently decided upon by Lord Sanat Kumara without a need for consultations. It is to be known that there are instances when Lord Sanat Kumara functioned to safeguard the planet even without hinting Gautama, the Buddha and The World Teacher, Lord Maitreya. Though there are frequent consultations in all matters, in situations of danger and calamity, he wills and functions entirely on his own accord. This is the Lord (Ishwara) dimension of Lord Sanat Kumara's functioning.

## 94 – IMMORTALITY

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

‘The Lord of the World’, Lord Sanat Kumara is called in the Bible, ‘The Ancient of Days’ or ‘Sanatana’. The Hindu Scriptures call him ‘The Shyama Bala’ inhabiting Shambala. The Ritualistic school addresses him, ‘Onlooker’. He is the Lord of the planet in all its seven layers. The Manu, Vaiwasvata; Lord Maitreya, The World Teacher; The Chohans and the Guides of the civilization – function in all the seven layers of the planet according to the plan coming from Lord Sanat Kumara. Lord Sanat Kumara presiding over the planet is seen and revered as “The Great Sacrifice” by the Devas, the Yogis and the Seers. It is but Him, who is the savior in the subtle planes for the planet. He is said to have chosen to watch over the evolution of men and devas until all have been occultly saved. He is the only Savior that has chosen to stay back on the planet. The evolution of the planet is conducted according to his plan. He is the Lord of the Inner government of the

world. He is the King that directs all evolution on the planet and gives (formulates) the plan of work to the Masters of Wisdom, the Yogis, the knowers and the adepts.

Lord Sanat Kumara conducts chiefly four conferences in a year, three of them being esoteric and the fourth one being exoteric. This is conducted during the Vaisakh full moon in the Vaisakha valley. It is Lord Sanat Kumara who bestows immortality to the seekers. The aspiring ones, that are eligible through their practices to cross over death, it is Lord Sanat Kumara that initiates them to stand immortal. The Master and his Master present the applicant for initiation (candidate) in the presence of Lord Sanat Kumara to be initiated. Lord Sanat Kumara examines the candidates and conducts the initiation. He bestows the touch of the Rod of Initiation to the applicant for initiation.

While Lord Sanat Kumara wields the Rod of Initiation, his accompanying pupils, the applicant for initiation, along-with the two Masters that accompany; contact the energy.

## 95 – THE ROD OF INITIATION (YOGA DANDA)

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

In the rod of Initiation held by Lord Sanat Kumara, lies embedded all the power of meditation. Lord Sanat Kumara is ever engaged in tapas from ancient most times. His tapas is as much as that of Lord Siva, the Adi Yogi (foremost of the Yogis)! As much as the Trident (Trishul) of Lord Shiva is invincible in creation, so much the ‘Yoga Danda’ or ‘The Rod of Initiation’ of Lord Sanat Kumara is! It is all powerful.

At the crown of the Rod of Initiation, is seated a diamond that emanates vertically directed flames of fire. The Rod of initiation wielded by Lord Sanat Kumara is known as “The Flaming Diamond”. It holds the fire hidden that irradiates the Wisdom Religion. The Rod of Initiation is magnetized by the application of the “Flaming Diamond” the magnetization being repeated for each new World Teacher. At the time that a new World Teacher takes office, He receives His



Rod of Power, and holds it forth to the Lord of the World, Who touches it with His own mighty Rod, causing a fresh recharging of its electric capacity. As a representative of the Lord of the planet, The World Teacher, in an association of mutual friendliness participates in working out the plan together.

The Rod of initiation has always been employed within the boundaries of Shambala. The Presence and Touch of the 'Rod of Initiation' is within Shambala. So does Lord Sanat Kumara who does not step out of this Land of Shambala. This must be understood as an act of his compassion. Only Shambala can withstand the brilliance of Lord Sanat Kumara and the power of 'The Rod of Initiation'. Shambala is unparalleled! In all the seven planes of the planetary globe, there is no place equal to it!

When not wielded by the Lord Sanat Kumara, the Rod of Initiation is concealed in a gem studded box in the eastern part of Shambala. It is possible for none to approach the box. The Rod of initiation recharges itself with the brilliance of the Sun. The exact location in the East where this Rod lies hidden is known only to Lord Sanat Kumara and to the Chohans (Siddhas) being permitted by the Lord.

## 96 – THE TOUCH OF THE ROD OF INITIATION (YOGA DANDA)

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Through his teachings, Master Djwhal Khul informs that the Rods of Initiation are of four kinds. One is located in Central Spiritual Sun (Aditya Mandala), Second located in the Solar Center (Savitru or the Central Sun), Third with the Sun (Surya) of our Solar System and the fourth on the planet.

The first one, Cosmic is with Mahadeva, the Cosmic Logos. On the Systemic Plane (Savitru), the Rod of initiation is with Sri Maha Vishnu, the Solar Logos. The third Rod of Initiation of the Planetary logos is held by Lord Dattatreya. The fourth is held on the planet by the Lord Sanat Kumara.

The four Lords that hold the Rods of initiation may be visualized as a Hierarchy of Yoga. In order, they are Lord Sanat Kumara, Lord Dattatreya, Sri Maha Vishnu and Sri Mahadeva. The four Rods of Initiation were employed during the formative stages of this

creation. Consequently, the fourfold creation resulted through the four Yugas, Four States, Four Varnas of Brahmana, Kshatriya, Vysya and Sudra according to the quality and work, and the four faces of the creator. Four states of Existence, Awareness, Thought and Action came to be. The Rod of Initiation has become a subject of special interest in Theosophical Wisdom. Only the ones initiated through the touch of the Rod of Initiation, are enabled to transcend the earth plane.

The Rod of Initiation brings about an expansion of consciousness, aligns the seven centers in the body, and causes synthesis. All yoga practices are towards such a goal. The students striving in such a pursuit gradually transcend the circumscriptions of religion, traditions and superstitions and stay with the practice of relating to the Master center or the God center within. Through time, with an ardent practice and with the grace coming from the Master, the student stands a chance of the Presence of Lord Sanat Kumara and also the touch of the Rod of Initiation. This has been hinted by Master Djwhal Khul in his teachings.

## 97 – THE POWER OF CONSCIOUSNESS

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

The touch of the Rod of Initiation is bestowed upon the applicant chosen for initiation in the presence of at least four Chohans (Siddhas) by Lord Sanat Kumara or at his behest (permitted by) by the World Teacher. As a result, the student is stimulated into greater awareness. The fires of the body are stimulated, and the activity of the resulting fire and its heat is intensified. Such heat is an inner experience and not measurable through outer instruments. It is said to be a fire that burns but destroys not!

There is a greater degree of alertness and activity of the vital and mental planes and a strenuous life of service as regards the outer life activity. There is also a need for simultaneous attention to multiple duties. The matter of undesirable type is expelled. There is also a possibility of certain sickness to the vehicles. However such sickness does not impede the functional

life of the student. There is a gradual purification of the body cells and therefore an increased receptivity to the activity of prana, and an increased degree of awareness.

There is a skillful expression through thought, speech and action. The physical brain is much more alerted than before. Unnecessary expending of time, effort and wealth is gradually reduced. The being stands in alignment.

Labor leads to fulfilment of tasks undertaken. Work is not impeded, short of accomplishment. In all the tasks, there is fulfilment. To such a student, there is a responsibility given, that of a work of goodwill. Three decades of such goodwill work and a life of service and sacrifice is to be conducted in consecration.

In conducting such labor, the student is fulfilled through the Lord's presence bestowed from within. Shambala strives, as an enquirer definitively transforms to accomplish.

## 98 – SEVEN STEPS

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

In all, seven are the initiations that the truth seekers go through at Shambala. The ones that go through these initiations shine-forth brilliantly as the Sun, on the planet. For a truth seeker to accomplish these initiations, it takes a few centuries. The consciousness expands through each of the initiations and the brilliance grows 64-fold in an accomplished one.

With each initiation, the expansion is twofold. i.e., 1x1, 2x2, 4x2, 8x2, 16x2, 32x2 is the order of progression. A truth seeker evolves into an accomplished one (Siddha) with the 64-fold brilliance and with the physical, subtle and causal bodies. Only to such accomplished ones, crossing the earth's plane is possible. The Indians generally believe that all those that are engaged in theistic practices, are liberated at death. This is but an illusion! There is an eternal travel to transcend the earth plane! Incessant and enormous

striving is necessary. It is like the striving of Gautama Buddha.

Without a definitive yogic training and conduct of acts of goodwill and world service, many get into the illusion of having become an accomplished one (Siddha). The truly accomplished ones have built the physical, subtle and causal forms, are immortal and are engaged tirelessly in a life of service on the planet. The ones that crossover the earth plane, are the accomplished ones and travel beyond the Earth only with the permission from Shambala.

Not to be bound by the material wealth on the physical plane is the first accomplishment. To function unbound by the bodily relations and friends is the second. To preside upon the thought plane and stay unbound is the third accomplishment. To have known the wisdom sciences and to remain incessantly engaged in a life of service is the fourth accomplishment. To be constantly in a state of causeless joy is the fifth accomplishment. To accomplish the knowledge of time and be able to stay in contemplation and to experience the taste of unison (Lord Presence) with the divine on a continuing basis is the sixth accomplishment. To receive the grace of the Lord, and the form being transformed as a temple and a vehicle for God's expression and the Lord functioning through such a form moving on the planet is the seventh accomplishment.

The path to liberation therefore is arranged through these seven steps. Shambala conducts this precisely and definitively. Illusions, hallucinations, superstitions, emotions, aggrandizement in spiritual practices are all to be despised on the Path to Shambala.





## 99 – THE GRAND SIDDHIS (ACCOMPLISHMENTS)

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

Shambala is the chief center on the planet for the cosmic mind (Mahat). Shambala is the habitat of the divine beings. Shambala is the most sacred on the planet. It is the source of all wisdom sciences. Shambala vibrates continuously with the sound of silence. The sound of Anahata (The unuttered sound) is the path to Shambala. Only the ones, that carry the knowledge of the sound are enabled to reside at Shambala.

Shambala contains the gateway even to reach the Sun! Therefore, it need not be explicitly mentioned that there are entrance doors to other planets as well! The inhabitants of Shambala, according to their soul quality make interplanetary travels from Shambala. Such travels are in accordance to the divine plan. These accomplished beings are adepts in the science of the sound of vibrations, geometry and astronomy. As

per the need, they also establish their habitat on other planets.

The Theosophical literature informs us of the interplanetary travels that the grand beings of Shambala make. Lord Sanat Kumara to Venus, Lord Maitreya to Venus, Master Morya to Sun and Mars, Master Koot Hoomi to Sun and Mercury are few examples given in relation to the interplanetary travels.

To the humanity, Shambala is not even approachable through recollection! Much conflict, propaganda and noise in the name of religion is the reason. With so much of chaos, and noise the placid vibrations and silence of Shambala stays far from thought (recollection)! However much, information is gathered about Shambala, without definitive practice, the word Shambala does not stay stable in the minds of men. In the name of religion, many centers in the subtle, which are not reachable are indicated. The center established on the planet to reach such high centers is Shambala. It is seldom hinted by the religions. Pointing at the subtle is one thing, making available a ladder into the subtle is but another! Such a ladder into the subtle only exists at Shambala. The truth seekers of the past were aware of Shambala. In the present times, Lord Maitreya and the Hierarchy of teachers have again pledged to bring back such awareness about Shambala.

## 100 – FULL MOON MEDITATIONS

*Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.*

The moon reflects completely to a state of complete brilliance at the time of Full Moon every month. During the two nights preceding the Full Moon and then for another two nights after the Full Moon, the moonlight is very pleasing. Lord Sanat Kumara is engaged in a state of meditation to enable distribution of this brilliance of the moonlight for the benefit of the planet and planetary beings. The meditation proceeds as a consecration for five nights.

Moonlight as the basis, Lord Sanat Kumara causes certain adjustments in the subtle layers of the planet and also of the beings engaged in pursuit of truth. Moonlight is but the reflected light of the Sun. Therefore, this ritual of five nights centered around the Full Moon causes rectifications in the mental and buddhic layers. This ritual happens every Full Moon. Twelve such rituals in a year cycle are carried out at Shambala from the ancient most times.

Through the ritual, there is utmost support and uplift coming from Lord Sanat Kumara and his close associates who are the accomplished ones, to the planet itself and the aspirants. To enable finer transformations of the mental layers (fabric), consciously aligning to Shambala during the Full Moon meditations is the key. Forming a triangle with Full Moon, Shambala and oneself, the meditation is to be conducted. Visualize the effulgence of the Full Moon and Shambala entering the central column and touching the six centers in us.

The present Moon has once been the Earth globe. Even at that time, Lord Sanat Kumara was the Lord of the planet. Therefore, there is a deeper friendly association between the Moon and Lord Sanat Kumara. The Moon therefore co-operates with Lord Sanat Kumara in distributing the energy through the twelve full moons to the present Earth globe and to the beings on the planet that are in pursuit of the ‘Self’.

The body of light is gradually strengthened when the Full Moon meditations are conducted with such comprehension (as stated above). Such beings are enabled to experience the touch of the divine. Ability is also gained to listen to the divine and to envision the divine.

Lord Sanat Kumara wishes that the aspirants on the path receive the grace and strength coming from

Shambala through the Full Moon meditations and progress.

*Samasta yogi janatarakam tam |  
Sanatkumaram Saranam Prapadye ||*





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