

### Buddha Renowned Glorious King of Excellent Signs

#### Tshän leg yang drag

He is yellow in colour, with his right hand in the mudra of expounding the Dharma, and his left hand in the mudra of concentration.

#### 8 Aspirations

1. By saying his name, all epidemics will be cured and all beings gain immunity from them.
2. All heinous crimes are purified, all beings are blessed with excellent qualities and faculties, and all obstacles are removed.
3. All beings are blessed with rebirth into the three higher realms (human, demigod, and god realms)
4. All beings are blessed with freedom from poverty and any lack of wealth.
5. All sufferings of the body are removed.
6. All beings can come to no harm from wild animals or spirits.
7. All beings are blessed with understanding and lovingkindness in our mindstreams.
8. All beings are blessed with good fortune, health, and prosperity until we pass away.



### Buddha King of Melodious Sound, Brilliant Radiance of Skill, Adorned With Jewels, Moon, and Lotus

#### Rinchen dawa dang pä ma rab tu gyän pa kyä pa zi ji dra yang gyi gyälpo

He is red-yellow in colour, with his right hand in the mudra of expounding the Dharma, and his left hand in the mudra of concentration.

#### 8 Aspirations

1. By saying his name, all beings are blessed with the mental faculties of concentration and focus – the good qualities of gods and humans, and thereby can easily achieve meditative states.
2. All beings are relieved of inclement heat and cold, and enjoy good health.
3. All beings are blessed to achieve the altruistic mind of an all-enlightened being, imbibed within, and therefore blessed to continuously engage in the virtuous paths of living.
4. All beings are cleansed of all delusive obscurations, both karmic and conceptual, and are blessed to overcome them.
5. All beings will never be parted from good relationships, and are freed from spirits or obstacles that might interfere with their practises.
6. All beings are blessed to overcome miserliness and achieve the ability to give generously and therefore never lack for anything.
7. All beings are blessed to become more understanding, tolerant, patient, and altruistic with those who are less fortunate.
8. All beings gain the ability to embody the wisdom element of all Buddhas, complete knowledge of virtues, and the elimination of delusions.



### Buddha Stainless Excellent Gold, Great Jewel Who Accomplishes All Vows

#### Ser zang dri me

He is pale yellow in colour, with his right hand in the mudra of expounding the Dharma, and his left hand in the mudra of concentration.

#### 4 Aspirations

1. All beings are blessed with longevity
2. All beings are blessed with calmer disposition, leaving aside strife and the desire to fight.

## ASPIRATIONS AND PRAYERS OF THE MEDICINE BUDDHAS

3. All beings gain the ability to engage in the three moralities and trainings: morality, meditative concentration, and wisdom.
4. All beings are blessed with altruistic mind.



### Buddha Supreme Glory Free From Sorrow

#### Nya ngän me chog

He is pink in colour, with both hands in the mudra of meditative concentration.

#### 4 Aspirations

1. All beings are blessed that, even if they pass away without accomplishing their prayers, they will achieve a fortunate rebirth state.
2. All beings are blessed to remove the three poisons and see the path to enlightenment.
3. All beings gain the ability to show all sentient beings that path.
4. All beings are blessed to achieve the objects of their prayers.



### Buddha Melodious Ocean of Proclaimed Dharma

#### Chö drag gyatso yang

He is coral in colour, with his right hand in the mudra of bestowing sublime realisations, and his left hand in the mudra of meditative concentration.

#### 4 Aspirations

1. All beings are blessed with correct views regarding cause and effect, emptiness, and so on.
2. All beings gain the ability to perceive the pristine teachings with an altruistic mind.
3. All beings are blessed with constant, joyous effort to cleanse their non-virtuous activities, bringing the accumulation of great merit.
4. All beings are blessed with lovingkindness, long life, and contentment.



### Buddha Delightful King of Clear Knowing, Supreme Wisdom of an Ocean of Dharma

#### Ngön khyen gyälpo

He is red in colour, with his right hand in the mudra of bestowing sublime realisations, and his left hand in the mudra of meditative concentration.

#### 4 Aspirations

1. All beings gain the ability to concentrate one-pointedly without any wandering mind, the ability to help others, and all of our actions are meritorious.
2. All beings are freed from lower rebirth states, and reborn where they can practise the ten ethical virtues.
3. All beings are freed from their delusions.
4. All beings live very long lives, are blessed with pristine awareness, and are able to practise the teachings.





## Buddha Medicine Guru, King of Lapis Light Sangye menla

He is the colour of lapis lazuli, with his right hand in the mudra of granting supreme realisations and holding the stem of the *amra* plant between thumb and forefinger; his left hand is in the mudra of meditative concentration and cradles a lapis lazuli bowl filled with nectar.

### 12 Aspirations

1. All beings attain the enlightenment of Guru Medicine Buddha, manifesting the 32 major and 80 minor signs of Buddhahood.
2. All beings are blessed that through the benefit of their prayers, all the darkness of ignorance is lifted, and they achieve the wisdom and method necessary for enlightenment.
3. All beings are blessed with the ability to boundlessly enjoy what they have.
4. All beings are blessed to engage in Mahayana and cultivate the three pledges (shravaka vows, altruistic mind vows, and tantric vows.)
5. All beings are blessed with pristine moralities and stainless pledges.
6. All beings are freed from disease, and achieve longevity and sharp faculties.
7. All beings see impermanence and are free from the poisons of attachment, ignorance, and aversion.
8. All beings are relieved of the four evil forces (aggregates, death, attachment, and delusions)
9. All beings are blessed to be free from torture and harm, and live safe lives.
10. All accumulation of negativity is completely dried up and cleansed, then replaced with good merit.
11. All inclement temperatures are subsided, and all beings achieve their hearts' desire.
12. All beings are blessed to practise all of the various methods in a stainless fashion, and are thereby reborn into the paradise of all-enlightened beings.



## The Meaning of Medicine Buddha Mantra

OM:	the body, speech, and mind of Guru Medicine Buddha
NAMO:	I prostrate and make offerings
BAGAWATE:	exalted, all-enlightened being
BHEKHANDZAI:	accomplished physician
GURU:	stainless teacher
BAIDURYA:	lapis-blue in colour
PRABHA:	supreme lapis-coloured being
RANDZAYA:	king of kings
TATHAGATAYA:	one gone beyond, all-enlightened being
ARHATE:	exalted one
SAMYAKSAM:	great pledge being
BUDDHAYA:	great pledges of the Buddhas
TAYATHA:	one gone beyond, all-enlightened being
OM:	the body, speech, and mind of all Buddhas
BHEKHANDZAI:	physician of the small scope
BHEKHANDZAI:	physician of the middle scope
MAHA:	great
BHEKHANDZAI:	physician of the great scope
RADZA:	king
SAMUDGATE:	you, who are the embodiment of compassion and lovingkindness
SVAHA:	let this be so (let the foundation of Guru Medicine Buddha's supreme aspirations be laid within me)