



Meditation of
Maharakta Ganapati

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Mantra Recitation

From my heart, red rays of light shine forth to the letter **GAH** and mantra in Ganapati's heart, controlling his mind and drawing all beings into my power, attracting all food and possessions like rainfall and all attainments to myself.

Recite many times:

OM SUMBHA-NISUMBHA HUM HUM PHAT / OM GRIHNA GRIHNA
HUM HUM PHAT / OM GRIHNAPAYA GRIHNAPAYA HUM HUM PHAT /
OM ANAYA HO BHAGAVAN VAJRA HUM HUM PHAT

Then recite these mantras as much as possible:

OM AH GAH HUM SVAHA.

ཨོཾ་གམ་མུམ་ཧཱུཎི་ཧཱུཎི་ཧཱུཎི་

ཨོཾ་བ་ར་ཀ་རུ་ཡ་སྐྱ་རྒྱུ་

ཨོཾ་མ་ཀ་རེ་ཀ་དེ་ལྷ་མི་རྩ་རྩ་ཧཱུཎི་ཧཱུཎི་ཧཱུཎི་

OM VARAKATAYA SVAHA

ཨོཾ་མའི་བ་ན་བ་ཏ་ཡེ་སྐྱ་རྒྱུ་

OM WAKATE KA DAMSHTA BHINDHA HUM PHAT SVAHA
OM BHRUM GANAPATAYE SVAHA

In the aspect of light rays, Ganapati, the seat etc. dissolve into myself.

Dedication Prayer

GEWA DHIYI NGURTO DAG
TSOCHKEYI DAGPO DUP GYURNAI
DEWA CHICK KYANG MALU PA
TEYI SALA GOPAR SHOCK

By this merit having quickly attained
the state of Buddhahood,
may I place upon that state
all beings without exception.

Perform the complete Vajrapani Bhutadamara sadhana including the mantra recitation followed by the nectar offering, etc.

Visualize yourself as wrathful king Bhutadamara, the Spirit-subduer, blue, with one face and four arms, the first right holding a vajra with a three-pointed flag, the first left a blood-filled skull at his heart, the other pair drawing behind him an arrow and bow. He has yellow, upward-streaming hair, etc., and abides on a human corpse amid blazing fire.

Observing this, recite Sumbhani etc. one hundred times and then offer tormas to Vajrapani Bhutadamara.

OM SUMBHA-NISUMBHA HUM HUM PHAT / OM GRIHNA GRIHNA
HUM HUM PHAT / OM GRIHNAPAYA GRIHNAPAYA HUM HUM PHAT /
OM ANAYA HO BHAGAVAN VAJRA HUM HUM PHAT

From the state of emptiness I arise as the Great Wrathful One (Vajrapani). In front of me, beside a lapis lazuli rock mountain is a red lotus with eight petals. In the middle is a blue rat vomiting all kind of jewels; above this is the red letter **GAH** which transforms into Shri Ganapati red in color and an elephant-faced with sharp white tusks and three eyes. His black hair is tied up into a top-knot at the crown of his head bundled with a wishing-fulfilling gem and a red silk pendant. He has twelve arms, the six right ones holding an axe, an arrow, a hook, a vajra, a sword and a spear. The six left ones hold a pestle, a bow, a katvanga, a skullcup filled with blood, a skullcup filled with human flesh and a shield bundled together with a spear and banner. The right and left arms holding the vajra and the skullcup filled with blood are positioned at the heart. The remaining arms are held in a threatening manner. He is wearing various silks as a lower garment and is adorned with various jewel ornaments. The left foot is extended in a dancing manner standing in the middle of bright rays of red blazing light.

གམ་མུམ་

At the forehead is **OM**, throat **AH**, heart **HUM**. In the middle of the heart is the red letter **GAH**. From the heart of myself as the Great Wrathful One, rays of light shine forth inviting Shri Ganapati from the natural abode in the "Heaven of the Thirty-three" dissolving into the Ganapati in front,

Ring the bell ༄.

OM GAH GAH SIDDHI SIDDHI SARVA ARTHA ME PAR SADHAYA HUM
HUM JAH JAH SVAHA

To bring forth Ganapati, recite one hundred times or as many times as possible.

JAH HUM BAM HOH ༄

Becoming non-dual.

OM PADMA KAMALAYA STVAM ༄

Offer the lotus-seat.

SAMAYA HOH,

(as promised).

Again from my heart rays of light shine forth inviting the Consecration Deities their attendants and retinue.

OM VAJRA SAMAJAH ✎

JAH HUM HAM HOH ✎

OM VAJRIBHAVA ABHISHINCA HUM

Water from the consecration vases descends through the top of the head filling the body, the excess water overflows and Amitabha appears to adorn the head.

Offerings ✎

Imagine offering red flowers for the Flower Offering (PUSHPE)

OM GANAPATI PUSHPE PRATICCHA SVAHA

OM GANAPATI ARGHAM PRATICCHA SVAHA

OM GANAPATI DHUPE PRATICCHA SVAHA

OM GANAPATI ALOKE PRATICCHA SVAHA

OM GANAPATI GHANDHE PRATICCHA SVAHA

OM GANAPATI NAIVIDYE PRATICCHA SVAHA

OM GANAPATI SHABDA PRATICCHA SVAHA ✎ ♀

Eight-Line Prayer

GYALWAI KUSUNG THUCK DORGE

NGYIME YESHE LAICHUNG WAI

TSOCKJE TSOCKWANG TSOCHYIDAG

GEGKYI TSOLA CHO CHING CHOO

METAG LASOCK CHOPADANG

LATI LASOCK THUNZAI KYI

GIGYAL TSOCKDAG KHOCHÉ CHOO

NGOTOP THAMCHAI DALA TSOL

Lord Ganapati,

coming from the

Vajra Body, Speech and Mind of the Buddha

I supplicate you,

Lord of the Geks,

I am offering

Red flowers and treats,

I pray to you and your retinue,

Please bestow all the siddhis upon us!

If you like to offer a torma, do it here and at the end say:

Torma Offering

Arrange in an elegant manner whichever substances have been gathered, most especially, there should be “madana “ (i.e., alcohol) in a skullcup vessel (kapala), and “bsla” (i.e., meat). Purify these substances with some inner offering, water and alcohol.

(✎ To bless the offering substances sprinkle the inner offering with the tip of a vajra, and say:)

**OM SUMBHA-NISUMBHA HUM HUM PHAT / OM GRIHNA GRIHNA
HUM HUM PHAT / OM GRIHNAPAYA GRIHNAPAYA HUM HUM PHAT /
OM ANAYA HO BHAGAVAN VAJRA HUM HUM PHAT**

Then purify them with:

**OM SVABHAVA-SHUDDHAH SARVA-DHARMAH SVABHAVA-SHUD-
DHO ‘HAM**

(✎ with Sky-Treasure-Mudra)

From emptiness, from the syllable A appears a skullcup, vast and extensive; inside, from the dissolving of the five meats, five nectars and the five aspects of jnana there appears a vast ocean of jnana amrita,

OM AH HUM HA HOH HRIH

(✎ with Garuda-Mudra)

OM GANAPATI SAPARIVARA IDAM BALINTA KHA KHA KAH KAH

**OM GANAPATI AKARO MUKHAM SARVA DHARMANAM ADYANUT-
PANNA TVAT OM AH HUM PHAT SVAHA**

Offer the outer offerings with:

OM GANAPATI ARGHAM PRATICCHA SVAHA

OM GANAPATI PADYAM PRATICCHA SVAHA

OM GANAPATI PUSHPE PRATICCHA SVAHA

OM GANAPATI DHUPE PRATICCHA SVAHA

OM GANAPATI ALOKE PRATICCHA SVAHA

OM GANAPATI GHANDHE PRATICCHA SVAHA

OM GANAPATI NAIVIDYE PRATICCHA SVAHA

OM GANAPATI SHABDA PRATICCHA SVAHA ✎ ♀

Repeat the Eight-Line Prayer.