

The Tantric Practice of Kurukulla Yoga

His Holiness Living Buddha Lian-sheng, Sheng-yen Lu

True Buddha Practice Book | www.Padmakumara.org

ACKNOWLEDGEMENTS

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Translators: Alice Yang and Darrell McLaughlin

Editor: Imelda Tan

E-book Director and Producer: Imelda Tan

The Practice Translation Team of the Padmakumara Forum is most grateful to Grand Master Lu for transmitting such precious Dharma. May Grand Master Lu always be healthy and continue to teach and liberate beings in Samsara. May all sentient beings quickly attain *Buddhahood. Om Guru Lian-Sheng Siddhi Hum.*

Exhaustive research was undertaken to ensure the content in this e-book is accurate, current and comprehensive at publication time. However, due to differing individual interpreting skills and language differences among translators and editors, we cannot be responsible for any minor wording discrepancies or inaccuracies. In addition, we cannot be responsible for any damage or loss which may result from the use of the information in this e-book.

The information given in this e-book is not intended to act as a substitute for the actual lineage and transmission empowerments from H.H. Living Buddha Lian-sheng, Sheng-yen Lu or any authorized True Buddha Master. For further information, please *see page 5*.

If you wish to contact the author or would like more information about the True Buddha School, please write to the author in care of True Buddha Tantric Quarter. The author appreciates hearing from you and learning of your enjoyment of this e-book and how it has helped you. We cannot guarantee that every letter written to the author can be answered, but all will be forwarded.

Please write to:

His Holiness Living Buddha Lian-sheng, Sheng-yen Lu
c/o True Buddha Tantric Quarter
17102 NE 40th Ct., Redmond, WA 98052 USA

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Transmitted by H.H. Living Buddha Lian-sheng, Sheng-yen Lu.
Compiled by the Padmakumara Forum Practice Translation Team

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Honor the Guru. Treasure the Dharma. Practice Diligently.



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Upon Reading This E-Book

Any True Buddha student who has taken refuge and has received the *Kurukulla Dakini Practice* empowerment from Living Buddha Lian-sheng, Sheng-yen Lu or any authorized True Buddha Master may engage in this practice. If one does not have the lineage empowerment, one should not, under any circumstances, attempt this practice. Under the blessing of the empowerment, students can quickly attain yogic responses with the Deity. Without it, the practice will be futile and one's act would be considered an act of stealing the Dharma.

In this e-book, mantras are translated using simple English phonetics. Sutras, verses, and praises are translated using both English and Han Yu Pin Yin. Students should not assume that the translations can possibly emulate the exact pronunciations of the Root Guru. It is highly recommended that students obtain audio recordings of mantras from local True Buddha temples or chapters, or consult with authorized True Buddha Masters.

This e-book serves as a guideline for the *Kurukulla Dakini Practice*. Please refer to Living Buddha Lian-sheng, Sheng-yen Lu's books or consult with authorized True Buddha Masters for more detailed explanations. If you have any further questions, please write to the True Buddha Foundation.

May the compassionate Living Buddha Lian-sheng, Sheng-yen Lu, Buddhas, Bodhisattvas, and Dharma Protectors bless these translated practices. May the True Buddha Tantric Dharma liberate all beings in the Six Realms of Transmigration.

For more information and other True Buddha School related materials, please visit the following websites:

www.tbsn.org
www.padmakumara.org



About Living Buddha Lian-sheng, Sheng-yen Lu



*H*is Holiness Living Buddha Lian-sheng, Sheng-yen Lu, also revered as Grand Master Lu, is the root lineage guru of the True Buddha School. His emanation is from Mahavairocana to Locana to Padmakumara. Grand Master Lu holds lineage transmission from the Nyingma, Kagyu, Sakya, and Gelug schools of Tibetan Buddhism. He is acknowledged as being the Nirmanakaya embodiment of Maha White Padmakumara, a realized being who has descended into this realm out of loving kindness in order to relieve suffering by spreading the Buddhadharma.

Grand Master Lu established a Buddhist lineage known as the True Buddha School, in which he teaches a potent, life-transforming mixture of Taoist, Sutrayana and Tantrayana practices. His Dharma teachings empower his disciples to transform their life issues into positivity on the path towards Enlightenment. He proclaimed openly that he is willing to risk his life, even if he had to subject himself to pulverization, in order to lead sentient beings to liberation -- that is his *True Vow* to liberate sentient beings.

Grand Master Lu is a prolific writer, having written over 200 books on such varied topics as Tantric Buddhism, Geomancy, Zen Buddhism, and Taoism. Many of his books are currently being translated into English and various other languages. These books record his authentic experiences, from his initial initiation to Taoism to Buddhism, his detailed path of spiritual cultivation, as well as the manifestation of his transcendental power, wisdom, and self-mastery. As well, His Holiness has ripened the mindstreams of countless sentient beings and has brought them to fruition through the profound skillful means of karmic supercedence, miraculous transformation, and divine consultation. Many men and women have been recognized and authenticated by Grandmaster Lu as great Bodhisattvas and have received the Archarya (Buddhist Master) empowerment by His Holiness. The successful propagation of the True Buddha Tantric Dharma leading many sentient beings to Enlightenment illustrates its true efficacy.

Today, he is a prominent religious figure throughout the world. As of 2008, over 5 million people have taken refuge in his True Buddha School. With over 300 chapters worldwide, the True Buddha School is recognized as a major component in Buddhism today.



About The True Buddha School

The True Buddha School, founded by Living Buddha Lian-sheng, Sheng-yen Lu, is a school for spiritual cultivation. The name reflects the founder's mission to offer authentic lineage transmission and practice of the Tantric Dharma which can *truly* lead one to Buddhahood. All students who have taken refuge with the True Buddha School must practice the True Buddha Tantric Dharma. The True Buddha Tantric Dharma is a Mahayana practice which, by directly visualizing oneself and Buddha as "One" and, through the cultivation of the purification of body, mind, and speech, can enable an ordinary, worldly person to directly arrive at the realm of Buddhahood.

The True Buddha School differs from other esoteric traditions in that it teaches a unique Yoga Practice called, the *Padmakumara (Lotus Bodhisattva) Vajra Yoga*, which enables the practitioner to arrive at the root guru's "siddhi" of the Maha Twin Lotus Ponds, an inconceivable Buddha Pure Land manifested by the Buddha Locana.



About The True Buddha School Net

TTrue Buddha School Net (TBSN) is the official website of the True Buddha School. It is available in English and Chinese. Since 1995, TBSN's worldwide popularity and viewer demands have continued to increase, requiring more than 10 servers to maintain its website. Visit <http://www.tbsn.org/> to learn more about the True Buddha School and to access our newsletters, articles, upcoming local chapter ceremonial events, as well as Living Buddha Lian-sheng, Sheng-yen Lu's books and Dharma talks.



About The Padmakumara Website

The Padmakumara website is a free membership Buddhist discussion group that is independently funded and established by Alice Yang, a devout student of Grand Master Lu, since 2001. It specifically caters to non-Chinese speakers' learning needs by publishing insightful, educational and comprehensive translations of True Buddha School related content. Visit <http://www.padmakumara.org/> to access the True Buddha School's latest news, books, yoga practice texts, Dharma talks, sutras, audio recordings of mantras, articles and Buddhist study discussions in English, French, Indonesian, and Spanish languages.



About The True Buddha Translation Team

The True Buddha Translation Teams (TBTTs) was formed in 2008. They are a group of volunteers operating under the True Buddha Foundation (TBF) of True Buddha School (TBS).

TBTTs' mission is to propagate the dharma teachings of His Holiness, Living Buddha Lian-sheng (Grand Master Lu) to every corner of the world with accurate, fluent and profound translations in multiple languages so that all can practice and attain enlightenment. Visit <http://www.tbts.org> and become a volunteer today.



The Tantric Practice of Kurukulla Yoga

密宗咕嚕咕咧佛母法

by H.H. Living Buddha Lian-sheng, Sheng-yen Lu¹
translated by Alice Yang and Darrell McLaughlin²

Editor's note: This article does not represent the official TBS Kurukulla Practice Sadhana. At the time of publication, the official Chinese sadhana is not translated and is therefore not included in this e-book. The official Chinese Sadhana is available online at: <http://www.tbsn.org/chinese2/ceremony.php?id=35>.

In the Kagyu Lineage³ of the Tibetan Buddhism, there is one special esoteric deity, Kurukulla, whose Tantric practice is unique and uncommon. It is said that many great adepts, through the personal deity practice of this deity, have attained instantaneous Buddhahood. Because the practice is regarded as being extremely profound, esoteric and distinctive, it has almost never been revealed to outsiders. This article provides an exceedingly rare opportunity for one to be able to learn about this practice.

Any True Buddha student who has received the refuge empowerment and also the Kurukulla Practice empowerment may engage in this practice. If one has not had the lineage empowerment transmitted, one should not, under any circumstances, attempt to cultivate by employing this ritual.

The Image of Kurukulla Dakini

The image of Kurukulla Dakini is as follows: the body is red in color, and is that of a young and beautiful maiden. She has one face and three eyes. She wears a red celestial garment on her upper body, and a tiger skin as a skirt covering her lower body. Scintillating

¹ A Chinese article written by Living Buddha Lian-sheng, Sheng-yen Lu on book #57 titled, *Legends of Taoist Transmission* 「道法傳奇錄」, on pages 181 – 184, published on April, 1985.

² Alice Yang and Darrell McLaughlin (1995). The Tantric Practice of Kurukulla Yoga, *Purple Lotus Journal*, issue 51. The translation is revised, updated and edited by Imelda Tan in 2008.

³ The Kagyu Lineage traces its origin back to the historic Buddha, Shakyamuni through Marpa, the great translator and yogi, who brought back the unbroken lineage from India to Tibet. The lineage of the Kagyu emphasizes the continuity of oral instructions passed on from master to student. The first syllable "Ka" refers to the scriptures of the Buddha and the oral instructions of the guru. "Ka" has the sense both of the enlightened meaning conveyed by the words of the teacher, as well as the force which such words of insight carries. The second syllable "gyu" means lineage or tradition. Together, these syllables mean "the lineage of the oral instructions."

rubies decorate her chest, and a shining red light radiates from her body. In her four arms, she holds Dharma implements. In the primary right hand is an arrow, and in the secondary right hand is a hook. In the primary left hand is an arched bow, and in the secondary left hand is a lasso or lariat. Kurukulla stands with one foot on the Tzuhula, a heavenly beast with a tiger's head and dragon's tail. Kurukulla is in a standing image with a moon disc behind her. Mahesvara and its Consort are arrayed beneath her feet.

Liturgy of the Kurukulla Practice

The following is the True Buddha liturgy of the Kurulla Yoga Practice:

1. Great homage.
2. Great Mandala Offering.
3. Recite the Fourfold Refuge and the Four Immeasurable Vows.
4. Armor Protection.
5. Recite the Invocation Mantra, "*Om ah hum, soha*," 3 times.
Sincerely and with great reverence invoke Kurukulla.

6. Visualization

First, empty the mind (visualize emptiness), then visualize the Sanskrit seed syllable "*Ram*"⁴ appearing, followed by Kurukulla who is adorned with the 5 skulls crown. While performing the visualization, the practitioner should also form the mudra. (The Kurukulla Mudra is traditionally transmitted secretly.)

Second, visualize Kurukulla transforming into a red light spot. At this time, the practitioner

visualizes himself or herself becoming purified, and recites in one's heart the Four Syllable Mantra, "*Tsa Hum Ban Huo*." The red spot, which is the transformation of Kurukulla, will enter the practitioner from his or her top, and descends to rest on a lotus at the practitioner's heart. At this point, the practitioner merges and unifies with Kurukulla, immediately becoming the Wisdom Deity, the Kurukulla.

Third, if one supplicates that a certain person is to comply with one's wishes, one may visualize the Dharma implements – arrow, bow, hook and lasso –



Kurukulla Dakini Mudra

咕嚕咕咧佛母印

⁴ Please consult with authorized True Buddha Masters from local True Buddha temples or chapters, or visit [http:// www.padmakumara.org](http://www.padmakumara.org) for the seed syllable.

radiating red light toward this person. This will accomplish the task of subjugation and magnetization.

7. After the visualization, recite the *Kurukulla Dakini Mantra*:

*Om, ku-ru-ku-la, hrih, so-ha*⁵ (108 or 1080 times)

8. Enter Samadhi.

After reciting the mantra, one enters the Samadhi of the Wisdom Deity, and dwells in the state of the non-arising and non-extinguishment of all thoughts wherein one is completely empty. This practice will benefit one in the worldly Dharma.

9. Exit Samadhi.

10. Recite the Dedication as follows:

*A manifestation of Amitabha,
The great vow of Kurukulla,
Practice as such,
All karmic hindrance will be purified;
The siddhi-accomplished being is no different from that of Buddha.*

11. Great Homage Using Visualization.

12. End of practice.

There are a few key points regarding the Kurukulla Practice:

1. If one is used to reciting the long mantra, not the heart (short) mantra, one may recite the following, “*Om, ku-ru-ku-la, sa, wa-xiang-ku-lu-huo, a-ga, ha-ya-sa, so-ha.*”
2. This Dharma was transmitted from the Vajradhara⁶, the most authoritative and imposing Primordial Buddha, to Vajrapani Bodhisattva⁷. From Vajrapani Bodhisattva,

⁵ Please obtain audio recordings of the mantras for exact pronunciation from local True Buddha temples or chapters, consult with authorized True Buddha Masters, or download online at www.padmakumara.org.

⁶ Vajradhara is the ultimate Primordial Buddha according to the Gelug and Kagyu schools of Tibetan Buddhism. Achieving the 'state of vajradhara' is synonymous with complete realization.

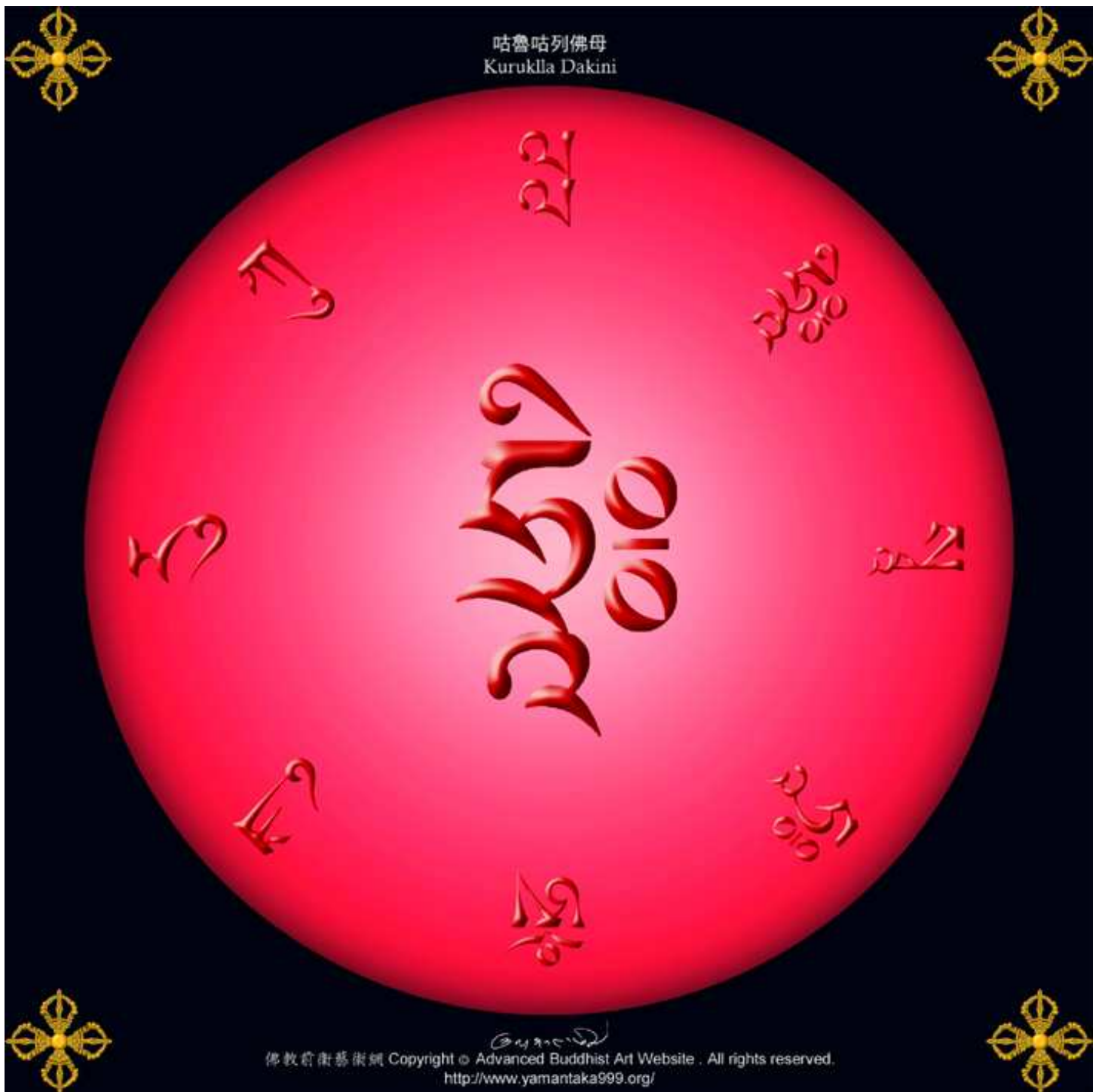
⁷ Vajrapani Bodhisattva is a major Bodhisattva easily recognized as holding a vajra with his right hand and left hand displaying threatening vitarka mudra. His body seems to be massive and in a pose of warrior. Under his feet he controls two live snakes. He wears all sorts of bodhisattva ornaments and also a garland of snakes. He has a wide and wild roaring mouth rimmed with

this Sadhana was transmitted to Jusengyouxi Vajra, then to Fudaheichuan Master, then to Hsuanhsinfawei Master, and then to Thubten Ch'i Mo Master⁸. Now it has become the Wisdom Deity of the True Buddha School.

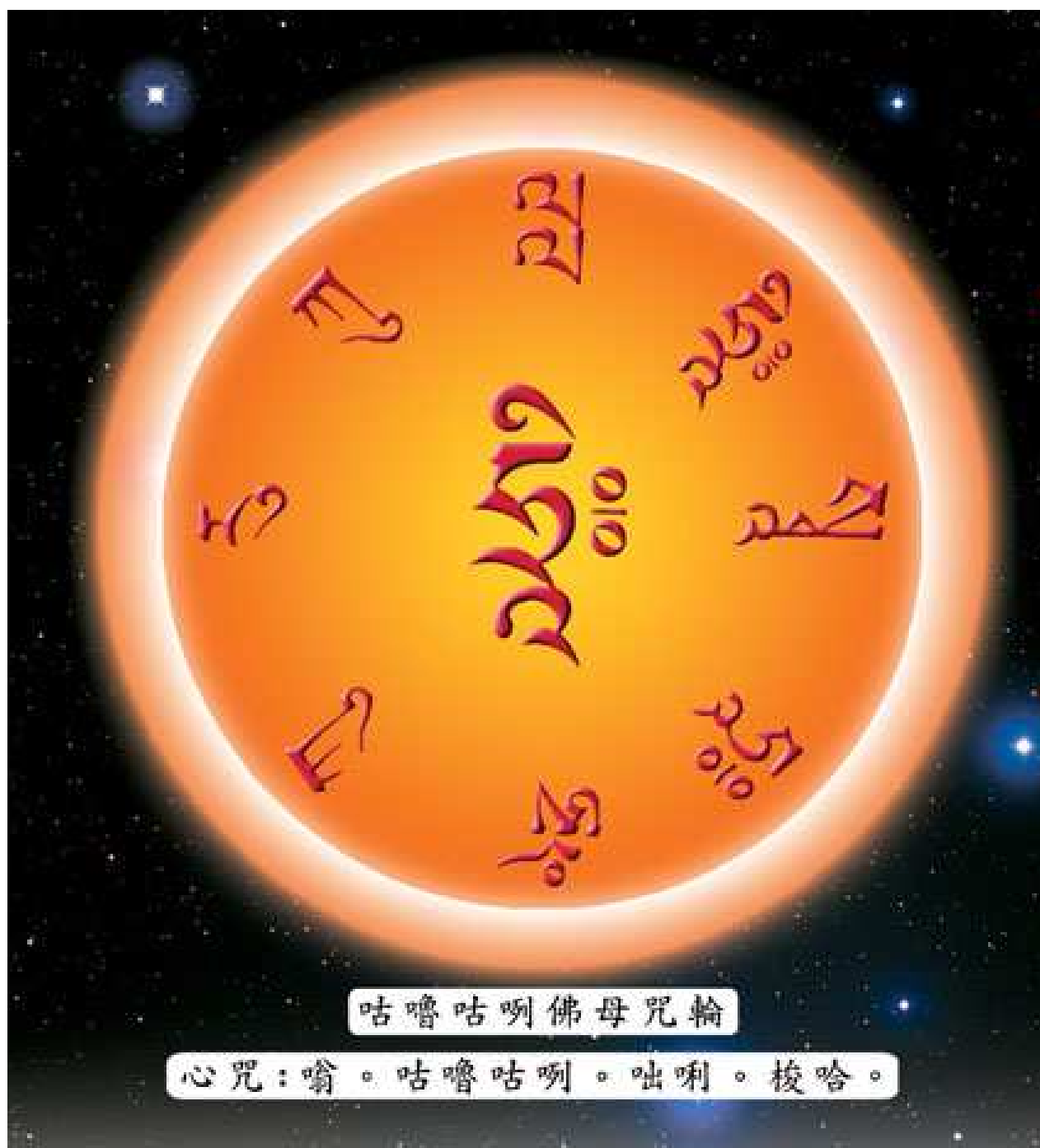
3. While doing the practice and transforming into the deity, one may form the deity mudra and, at the same time, invoke the Five Buddhas and their Retinues. The Five Buddhas and their Retinues will each hold a treasure vase filled with nectar, with which to empower the practitioner. When the practitioner feels a great sense of refreshment, one's entire body has been purified as well.
4. This practice is regarded as their distinctive practice by the Kagyu gurus, and many of them used it as their esoteric personal deity. This is a highly advanced practice. A statue of Kurukulla may be carved by a sculptor or the Dharma image may be painted by an artist. After it has been consecrated by the Master, one may revere it and enshrine it, to aid in the practice of this very special dharma.

lacquered red lips. His eyebrows are like the flame, with his moustache and beard being curled. Vajrapani's wrathfulness, snake ornament and his pose as a warrior all serve to convey the force and vitality of the enlightened energy as it combats ignorance, greed, fear and other delusions.

⁸ Thubten Ch'i Mo Master is another name of Grand Master Lu.



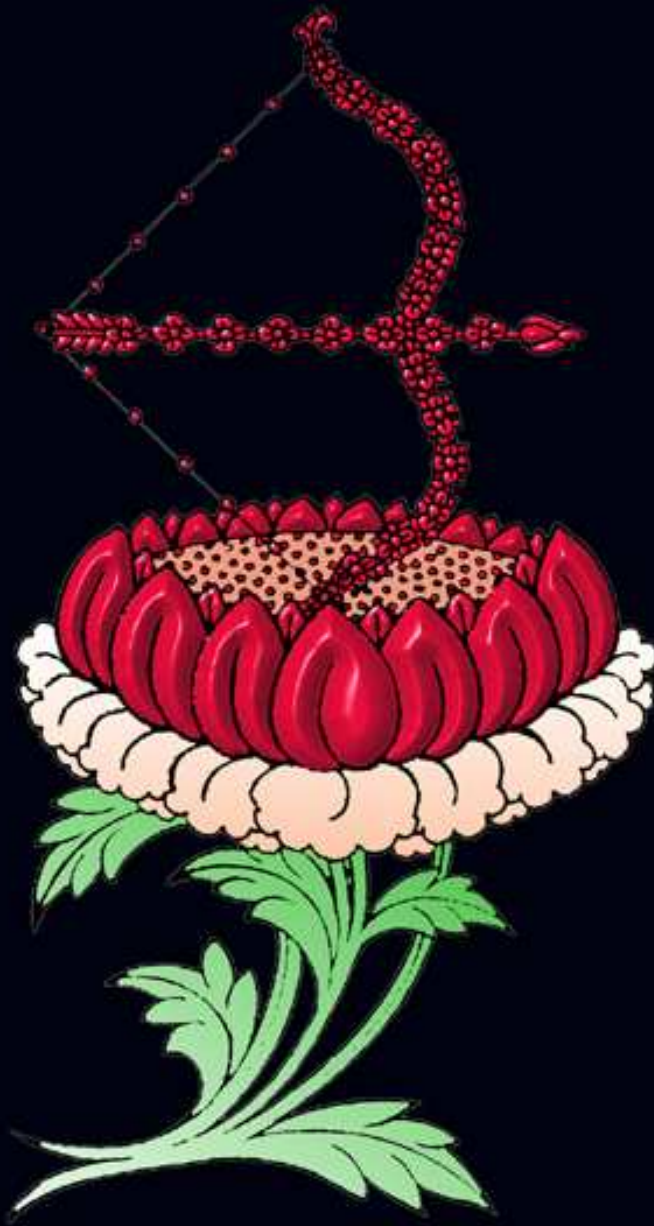
Kurukulla Dakini mantra wheel with the syllable seed “Hrih” at the center



Courtesy of www.yamantaka999.org

Kurukulla Tibetan Syllable Seed Hrih
 Kurukulla Dakini Mantra: om • ku • ru • ku • la • hrih • sva • ha

咕嚕咕列佛母烏巴拉花箭
Kurukulla's Utpala bow & arrow



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Courtesy of www.yamantaka999.org









How To Take Refuge in Living Buddha Lian-sheng, Sheng-yen Lu

There are two ways of taking refuge in Living Buddha Lian-sheng, Sheng-yen Lu:

1. In writing

At 7:00 a.m. (your local time) of either the first or fifteenth of a lunar month⁹, face the direction of the rising sun. With palms joined, reverently, you recite the Fourfold Refuge Mantra¹⁰ three times: “*Namo Guru bei, Namō Buddha ye, Namō Dharma ye, Namō Sangha ye*” and prostrate three times.

Send a letter to the True Buddha Tantric Quarter to request a refuge empowerment. State your name, address, age, and enclose a voluntary offering¹¹. Upon receiving your letter, the True Buddha Foundation will send a certificate, a picture of Living Buddha Lian-sheng, Sheng-yen Lu, and a note stating the level of practice you should start with. The address of the True Buddha Tantric Quarter is:

True Buddha Tantric Quarter
17102 NE 40th Ct.,
Redmond, WA 98052 USA

2. In person

You may receive refuge empowerment personally from Living Buddha Lian-sheng, Sheng-yen Lu by making an appointment to visit the True Buddha Tantric Quarter in Redmond, Washington, USA. Alternatively, you may obtain refuge empowerment personally from any authorized True Buddha Master by visiting a True Buddha temple or local chapter¹², or by attending a True Buddha ceremony.

⁹ To find out the dates of the first or fifteenth of a lunar month, please refer to the Western-Chinese calendar converter at <http://www.mandarintools.com/calendar.html>.

¹⁰ In Vajrayana, the Fourfold Mantra is as follows: “Namo Guru bei” means I invoke the Guru who is the embodiment of all refuges. “Namō Buddha ye” means I invoke the Enlightened One who is the source of refuge. “Namō Dharma ye” means I invoke the Teaching (Practice or Way) which is the actual refuge. “Namō Sangha ye” means I invoke the community which is the support of refuge.

¹¹ If you wish to practice a particular True Buddha Tantric Practice but have not received its empowerment, you may request for a remote empowerment as instructed above. Most Tantric Practices, except for the Dharma Protector Yoga Practices, can be obtained remotely. For any Dharma Protector Yoga Practice, you must personally receive its empowerment from the Root Guru.

¹² To locate your nearest True Buddha temple or local chapter, please refer to the True Buddha School Net's address directory at <http://www.tbsn.org>.



Living Buddha Lian-sheng, Sheng-yen Lu's English Books

If you enjoyed this book, and are interested in more of Living Buddha Lian-sheng, Sheng-yen Lu's work, a whole catalog of his work is posted on the Net!

Prints of his artwork and all of the Chinese books he has written, and an abundant and wonderful selection of in depth, enlightening and insightful selections of Buddhist Dharma teachings are available to order at

<http://www.e-daden.com/>

If you wish to obtain the 11 limited editions of the English translated books, you can purchase them online at

<http://www.padmakumara.org/bookstore/>

<http://www.amazon.com/>

Alternatively, you are invited to visit your nearest local chapter to obtain True Buddha School complimentary books and/or borrow items, including Living Buddha Lian-sheng, Sheng-yen Lu's Dharma talks and teachings recorded in the format of cds, dvds, audio cassettes, or VHS video cassettes. Find your nearest local temple or chapter at

<http://www.tbsn.org/>



Living This Moment in Purity

*By Grand Master Sheng-yen Lu
Translated by Janny Chow*

Nowadays, people are becoming greedier because of their insatiable lust for desires. Few would remain to live simply with scant desires. This book will be of great benefit to humans who wish to be spiritually awakened by self disciplining their lust. It consists of 13 fascinating true stories detailing the karmic consequences of sexual misconduct. It also explains how Vajrayana Buddhism practice "chi" as an antidote to suppress ones sexual lust.



An Overview of the Buddhadharma

*By Grand Master Sheng-yen Lu
Translated by Janny Chow*

Having penetrated the depth of the Buddhadharma, Grand Master Lu extracts the essences of the vast Buddhadharma and presents them to his readers in a very systematic and logical manner.



The Inner World of the Lake

*By Grand Master Sheng-yen Lu
Translated by Janny Chow*

In this book, the enlightened Buddhist Master, Grand Master Lu, describes how the Lake Sammamish in the State of Washington is transformed into the Lake of Self Nature (Buddha Nature) in his eyes in the summer of 1985. Readers can glimpse into mind of this enlightened master and share his joys and insights in the cultivation of the Buddhadharma.



The Mystical Experiences of the True Buddha Disciples

*By Grand Master Sheng-yen Lu
Translated by Siong Ho*

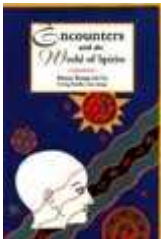
Miracles in this book include the curing of terminal and karmic illnesses, accurate spiritual predictions, warning of imminent disasters, and lottery winnings. The authentic cases recorded in this book represent some of the numerous cases of mystical experiences witnessed by Master Lu's students.



A Complete and Detailed Exposition on the True Buddha Tantric Dharma

*By Grand Master Sheng-yen Lu
Translated by Janny Chow*

Showing the various visualizations, and mantras, hand gestures, and breathing techniques necessary for a highly effective practice, Grand Master Lu enables the practitioner to quickly progress towards Buddhahood. The reader can learn the methods of deity invocations, paying homage to the deities, guarding against negative forces, merging consciousness with one's Personal Deity, and entering into samadhi.



Encounters with the World of Spirits

*By Grand Master Sheng-yen Lu
Translated by Janny Chow*

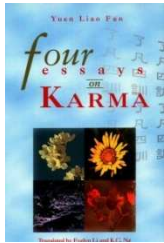
Grand Master Lu reveals his early spiritual contacts from the spirit realm including his spirit teacher, the spirits who contacted him for his aid, the spirits that he subjugated, and other supernatural phenomenal that happened during his feng-shui consultations.



Dharma Talks by a Living Buddha

*By Grand Master Sheng-yen Lu
Translated by Janny Chow*

Learn the methods of how to attain abundance. Vajrayana practice for wealth include the dragon king practice, the benefits of attending the fire ceremony, and the meaning of deliverance.



Four Essays on Karma

*By Grand Master Sheng-yen Lu
Translated by Evelyn Li and KC Ng*

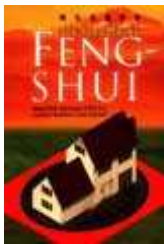
This book follows the lives of several individuals faced with difficult circumstances and tells how they were able to avert their crisis and live successful lives by understanding the concept of karma. The techniques mentioned in the book for transmuting karma are simple for anyone to apply to achieve a better life.



New Revelations from the Buddha King

*By Grand Master Sheng-yen Lu
Translated by Janny Chow*

The Living Buddha Lian-sheng reveals the true identities of the White Maha Padmakumara and the Living Buddha's invisible teacher, Mr. Three-Peaks-Nine-States. The Buddha King in the title refers to Amitabha



Household Feng Shui

*By Grand Master Sheng-yen Lu
Translated by Janny Chow*

Unlike any other feng-shui books on the market today, Living Buddha Lian-sheng, Sheng-yen Lu reveals the insights to the "worldly Dharma" to help one to secure success in the mundane world.



The Annotated True Buddha Sutra

*By Grand Master Sheng-yen Lu
Translated by Janny Chow*

The True Buddha Sutra is short for The Sutra of Authentic Dharma that Removes Hindrances and Bestows Good Fortune. This sutra contains the authentic Buddhadharma and holds the key to eradicating one's disasters and receiving good fortune. This is tantamount to transforming one's fate. Additionally, this sutra can help one attain rebirth to the Maha Twin Lotus Ponds, the highest realm within Amitabha's Pure Land.



TBS English Practice E-books

Available at www.padmakumara.org/forum under the "Practice" category

E-Book	Courtesy of	Date
Vajrasattva and Eight Personal Deity Practices 真佛宗金剛心菩薩及八大本尊法本	Janny Chow, Luljeta Subasic, and Alice Yang	2006
Root Guru (Padmakumara) Yoga Practice 蓮花童子相應法	Janny Chow, Luljeta Subasic, and Alice Yang	2006
Avalokitesvara Bodhisattva Personal Deity Yoga Practice 觀世音菩薩相應法	Janny Chow, Luljeta Subasic, and Alice Yang	2006
Vajrasattva Personal Deity Yoga Practice 金剛心菩薩相應法	Janny Chow, Luljeta Subasic, and Alice Yang	2006
Padmasambhava Personal Deity Yoga Practice 蓮華生大士相應法	Janny Chow, Luljeta Subasic, and Alice Yang	2006
Lapis Lazuli Light Medicine Buddha Personal Deity Yoga Practice 藥師佛相應法	Janny Chow, Luljeta Subasic, and Alice Yang	2006
Maha Cundi Bodhisattva Personal Deity Practice 準提佛母相應法	Janny Chow, Luljeta Subasic, and Alice Yang	2006
Amitabha Buddha Personal Deity Yoga Practice 阿彌陀佛相應法	Janny Chow, Luljeta Subasic, and Alice Yang	2006
Yellow Jambhala Personal Deity Yoga Practice 黃財神相應法	Janny Chow, Luljeta Subasic, and Alice Yang	2006
Ksitigarbha Bodhisattva Personal Deity Practice 地藏王菩薩相應法	Janny Chow, Luljeta Subasic, and Alice Yang	2006
Smoke Offering Practice 煙供法	Janny Chow, Alice Yang, Imelda Tan and Lian-hua Zhi-wei	2008
Golden Mother's Seven Longevity Health Practices * 瑤池金母七大法	Imelda Tan	2008
The Golden Mother Instant Wealth Dharma Practice 瑤池金母馬上有錢法	Padmakumara Forum Practice Translation Team	2008
The Dragon King Treasure Vase Practice ^ 龍王寶瓶法	Padmakumara Forum Practice Translation Team	2008
The Collection of Thousand-Armed Thousand-Eyed Kuan Yin Bodhisattva Practices ^ 千手千眼觀音菩薩法	Padmakumara Forum Practice Translation Team	2008

Kuan Yin (Avalokitesvara) Body Shrine Protection Practice That Averts Disasters [▲] 觀音身壇城避災法	Padmakumara Forum Practice Translation Team	2008
Thousand-Armed Thousand-Eyed Kuan Yin Bodhisattva Personal Deity Yoga Practice * 千手千眼觀音本尊相應法儀軌	Imelda Tan	2008
The Great Compassion Dharani Water Sadhana 大悲咒水的作法	Padmakumara Forum Practice Translation Team	2008
The Tantric Practice of Kurukulla Yoga [▲] 密宗咕嚕咕咧佛母法	Padmakumara Forum Practice Translation Team	2008
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May the merits of printing this e-book be dedicated to Living Buddha Lian-sheng, Sheng-yen Lu, for his well-being and that he may continue to teach and liberate us all.

May all who uphold the name of Amitabha Buddha be reborn together in the Pure Land of His Western Paradise.

Repaying the Fourfold Generosity from above and aiding those who suffer in the Three Paths below.

Upon seeing the Buddha, may I be liberated from the cycle of birth and death; and may I develop the qualities of Buddhahood and thus free all who suffer.

May the merits of printing this book be dedicated to everyone, that all may be healthy, free of hindrances, strong in cultivation, and that all wishes may come true.

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